

4-H FLASH



Cowley County 4-H News

January 2022

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What are your 2022 goals?

As we begin a New Year let's evaluate our goals for ourselves, club and our community. What can we do to make the best better? How does that look and what opportunities await for us this year? To get the most out of 4-H be sure to be diligent in reading your Flash and attending 4-H meetings! In each Flash are important dates, programs and fun opportunities to get involved in. This month you will find details about 4-H Day, being hosted by Butler and Cowley Counties. This will be a day to exercise your talents, meet new people, try new things and have a blast!

My New Year's resolution is "have courage and try new things" and I challenge each of you to do the same! That could look like venturing to a new project at the fair, starting a record book, going to camp, or volunteering. Challenge yourself! What will be your goals be this year? Email slag11@ksu.edu your 4-H goal!

Set your sights high for 2022, have fun and get ready for a great year! Happy New Year!

-Sarah LaGrone, 4-H Program Assistant

Upcoming Meetings

4-H Council and Junior Leaders will meet Monday, January 17th. 4-H Council will meet first at 7pm followed by Junior Leaders at 7:45. If you were selected to represent your club at 4-H Council and find you cannot attend, please let your leaders know and find another member to serve in your place. A Zoom link will be available for both meetings.

Extension Office Closed

The Cowley County Extension Office will be closed December 23rd - January 2nd, 2022.

We will re-open on January 3rd, 2022.

We will also be closed Monday, January 17th in observance of Martin Luther King, Jr. Day.

In this issue:

4-H Day

Horse Panorama

Beef Weigh In

Citizenship in Action

Project Leaders



Membership

In order to be a regular member of Cowley County 4-H, the member must be 7 before January 1st, 2022. New members and returning members will need to complete enrollment online (v2.4honline.com). There is a \$15 fee for every enrolled 4-Her. (Cloverbuds and adult volunteers are not charged). Enrollment is not accepted by the state until the fee is received. More information can be found in the [4-H Program Fee Guide](#).



County-Wide Committees

All 4-H families are needed to take an active committee role in 2022. **Due to financial cutbacks and limited staffing, our office must have your help or extra activities will not be offered.** Please sign up for a county committee and identify an area where you can assist at the Cowley County Fair. The first 20 youth/adults to sign up will receive a Sonic drink token.

To sign up for a committee:



Adults and Teens

Cowley County 4-H is in need of county-wide project leaders. If you are interested in sharing your expertise or coordinating learning experiences for a specific project, please contact Becky at 620-221-5450, 441-4565, or bkreid@ksu.edu

Project Materials

The Extension Office has a variety of 4-H souvenirs, project materials and curricula available for checkout or purchase at the Extension Office.

Southeast Area 4-H Project Records Screening

Adult volunteers are needed to screen 4-H Project Records for the Southeast Area Friday, January 21st in Eureka. This is a great opportunity to give back (especially if your member has ever sent a record nook to area or state screening) and to learn about what kids in other counties are doing with their projects. Please contact Becky by Tuesday, January 4th if you are willing to serve.

Citizenship In Action

What: Would you like to have more influence in laws and rules that affect your life? Then you'll want to go to Kansas 4-H Citizenship in Action! This two day event is sponsored by the State 4-H Youth Leadership Council. The purpose of the event is for Kansas youth to learn how the state legislative process works and how their voice and participation in decision-making can make a difference in their local communities. The legislative visit will not only familiarize youth with the capitol building, but will also show them how they can affect the legislative process.

When: February 20-21, 2022

Where: Topeka KS

Who: Youth 13-18 years old by January 1 of the current year

Registration: [Click Here to Register](#)

Registration Fee: \$200.00

Registration Deadline: February 1, 2022

Shooting Sports News

January Flash Practice

Sunday, Jan. 9th -
Fairgrounds, Air Practice BB
@ 200, 3:00; Air Rifle @
4:00, Air Pistol @ 5:00

Thursdays, Jan. 6 & 20th,
Fairgrounds, Archery, 6:30
p.m.

Sunday, Jan. 23rd -
Meadow, Shotgun @ 2:00

Sunday, Jan. 23rd - New
Hope Fellowship Church,
19195 61st Rd., Winfield,
Club Meeting @ 4:30.

Happy New Year!

Please check your email, and
the Shooting Sports
Facebook page for updates
to practice schedules in
January.

4-H Day - February 5, 2022

10 a.m. - El Dorado

Pre-entries due- January 14

Scheduling opens - January 18 (due by January 28)

Butler and Cowley County will co-host 4-H Day at Butler County Community College in El Dorado. This combined event will feature more options that are not available in a single county event. Any enrolled youth can participate.

Options will include:

- Favorite Foods Contest
- Judging Contests: Family and Consumer Sciences, Horticulture, Photography and Livestock Skill-a-thon
- Performance events: vocal, piano, instrumental, dance
- Presentations: readings, demonstrations, illustrated talks, impromptu speaking, public speaking, Pickle Power/Crunch Time
- Gavel Games (includes parliamentary quiz and presentation)

Not able to participate in El Dorado? Participate in the "Virtual Presentation and Interview" category. A member will have a maximum of 10 minutes for the presentation with an additional 5 minutes for questions from the judge. You can do any type of entry/presentation with documents, presentation software and/or pre-recorded or live video.

Why participate?

1. You can achieve numerous requirements for achievement pins such as:
 - a. Take part in a 4-H county quiz bowl or judging school or contest.
 - b. Take part in the county 4-H Day as a contestant.
 - c. Attend Regional 4-H Day or a similar event, to encourage your club or members and/or as a contestant.
2. **NEW UPDATES:**
 - a. Memorizing instrumental pieces is no longer required. KSHSAA doesn't require it at any level any more.
 - b. **NEW** Duo Demonstration/Illustrated Talk class - do a presentation with a friend!
 - c. **NEW** Virtual Presentation class allows you to participate even if you can't travel to El Dorado
3. No entry fee - this is FREE opportunity to practice and gain new skills.
4. Youth will have volunteer opportunities to serve as door/room monitors as community service!

For complete guidelines, please visit the Cowley County website, 4-H Youth Development, "[local events and registration.](#)"

Junior Producer Days

K-State COVID-19 policies in effect at the time of these events will be followed.

Junior Beef Producer Day



Date - Saturday, March 5

Registration Deadline - February 11

Cost - \$15/person by February 11 (\$20/person after February 11)

*Registration must be RECEIVED by February 11 to receive a t-shirt.

Online Registration - <https://commerce.cashnet.com/KSUASIND>

Junior Sheep Producer Day

Date - Saturday, March 19

Registration Deadline - February 25

Cost - \$15/person by February 25 (\$20/person after February 25)

*Registration must be RECEIVED by February 25 to receive a t-shirt.

Online Registration - <https://commerce.cashnet.com/KSUASIND>



Horse Panorama

When: January 28-30, 2022

Registration:

- [Registration Assistant Worksheet](#)
- Contest Registration
 - Adults will list any county teams in adult registration. Youth will still need to register their personal information separately. T-shirts can be purchased through the youth or adult registration. Youth should communicate with their Agents and/or chaperones to avoid duplicate t-shirt orders.
- Hybrid Entry Submission

Contest Rules:

- [Quiz Bowl/Hippology/Public Speaking Rules](#)
- [Hybrid Rules \(Logo, Photography, Ad Layout, etc.\)](#)

Where: Rock Springs Ranch

Who: 4-H Members ages 9-18 and adult volunteers. Horse Panorama is a compilation of various contests related to the Horse Project. Contests include: quiz bowl, hippology, public speaking presentations, photography and educational posters.

- [2022 Schedule](#)

State 4-H Scholarships

The 2022 Kansas 4-H Scholarship application is available online at <https://www.kansas4-h.org/resources/awards-and-recognition/scholarships.html>. Applications and supporting materials must be submitted no later than March 1, 2022.

Kansas Clover Classroom

The Kansas Clover Classroom features free, online lessons to explore Kansas 4-H projects. Some of the initial activities include getting to know your camera; learning about pollinators in the garden; and knowing the differences between quick bread and yeast bread.

The online activities are developed at different skill levels. So, even if you've never done photography before, the lesson will give you some things to get you started in photography.

More activities will be routinely added in the future. The early lessons are based on the most popular 4-H projects in past years.

The classroom is located on the Kansas 4-H website, [Kansas4-H.org](http://www.kansas4-h.org); select 4-H Clover Classroom under the Resources tab.

Club Volunteer Resources

As a resource for club leaders the North Central Region Volunteer Specialists have created a new online training resource: "[4-H EZ: Recipe for Community Club Success.](#)"

This training includes 6 videos, handouts, and resources that go with the videos. Volunteers can review the handouts and resources designed to help create a better club experience. We have also included a "4-H EZ Application Guide" that allows you to reflect on the videos and apply the information specifically to your 4-H Community Club.

This online training can be completed by an individual as volunteer development or with a group of youth and adult volunteers. The videos are set up so they could be completed all in one setting or divide them up, as needed, for a busy schedule.

The videos are available at: <http://bit.ly/4-HEZ>. Click on the heading of each section to go to the video. You'll first be asked to sign in, then you can click on the video link. At the end of each video, you'll be asked to reflect on something you have learned and offer suggestions for future training opportunities.

Thank you for your interest in strengthening your 4-H Community Club!

Cowley County Project Leaders

The following volunteers are currently serving as county-wide project leaders.

- Austin Waite- Shooting SportsCoordinator, Rifle, Shotgun
- Troy Archer, Shooting Sports, Archery
- Joe Rasico, Shooting Sports, Archery
- Justin Deal, Shooting Sports, Archery
- Greg Dixon, Shooting Sports, Hunting Skills
- Debbi Waite, Shooting Sports, Hunting Skills
- Joe Shook, Shooting Sports, Muzzleloader, Rifle
- Jade Alquest, Shooting Sports, Pistol
- Jason Kindt, Shooting Sports, Rifle
- Pete Nulik, Shooting Sports, Shotgun
- Heath Adams, Shooting Sports, BB
- Tim Evans, Shooting Sports, BB
- Darrin Green, Shooting Sports, BB
- Angie Krepps- Horse and Leathercraft
- Brayden Krepps- Horse and Leathercraft
- Dale Weishaar- Entomology
- Becky Henderson- Dairy Cattle
- Andy Murphy- Dairy Cattle
- Scott Murphy- Dairy Cattle
- Rachel Hanna- Dog
- Kerri McEntire- Dog



Youth Livestock Update

Youth for the Quality Care of Animals (YQCA) is a national, multi-species youth livestock quality assurance program that focuses on food safety, animal well-being, and character development, through age-appropriate educational curriculum for youth 8-21 years of age. This program is an annual certification that grows with a young person, so the learning modules are different every year. Curriculum materials were launched in October, and youth are welcome to begin completing the training at any time.

ALL exhibitors are required to be YQCA certified in order to participate in the 2022 Kansas State Fair Grand Drive and/or

Kansas Junior Livestock Show (KJLS). This includes youth who will be showing market animals and breeding females. The YQCA certification covers a variety of species, so youth only need to complete one certification session to fulfill the requirement. Youth who are age 7 may participate in an instructor-led course and a parent or guardian will need to attend the training with them. The parent/guardian will not officially register, as this is a youth-only program. The parent/guardian will attend to serve as a guide for

their child during the training, and because of the level of involvement first-year parents have in projects to help their child have a positive experience.

Youth ages 8-21 may obtain their YQCA certification using one of the following methods:

Online Course - \$12/child

Test-Out Option – only 12 & 15 year olds eligible; online only; cost varies

Families must pay for the online class through the site at the time of registration. It will require a credit card number or coupon code.

In person options are hosted by Butler County. Contact Sarah (slag11@ksu.edu) for more information.

Click on this link for directions on how to obtain certification:

<https://www.asi.k-state.edu/research-and-extension/youth-programs/GettingYourYQCAILTCertification20.pdf>



2022 Cowley County 4-H Livestock Dates

4-H members enrolling in livestock projects should be aware of the following dates/deadlines:

Sunday, March 6th: Market Beef Weigh-In/Tagging Day, Winfield Livestock Auction- 1:00 pm - 3:00 pm

Saturday, April 16th: Cowley County Classic Spring Beef Show

Sunday, April 24th: Tagging for Bucket Calves, Sheep, Swine and Meat Goats- 1:30pm - 4:00pm; weigh-in for Meat Goats and Sheep

Sunday, May 1st: KJLS/Kansas State Fair Market Beef Nominations due; Horse ID papers due; Dairy Goat Lease Papers Due

Sunday, May 1st: **Add/Drop Deadline**

Saturday, May 21st: Cowley County Sheep & Meat Goat Show; Celebrate Ag Day

Wednesday June 15th: KJLS/Kansas State Fair Commercial Heifer, Market/Commercial Sheep, Swine and Goat Nominations due; Dairy Cattle Lease Papers Due

All dates are subject to change.

**Requests to be on the agenda for 4-H Council and/or Junior Leaders must be submitted in writing at least one week prior to the scheduled meeting. 4-H Council and Junior Leaders meet the third Monday of the odd months unless otherwise noted.

OCTOBER

- October 1- New 4-H Year begins
- National 4-H Week (first full week in October)
- Volunteer Screening renewal
- 1st week in October- Kansas 4-H Project Records are judged
- Registration for KYLF/KVF Forum due October 15
- Officer Training- 3rd Sunday in October
- State Dog Conference
- Agents attend Annual Conference in Manhattan (3rd week of October)
- 4-H Council Budget Committee meeting to prepare budget
- Project Leader recruitment

NOVEMBER

- Club Organizational Reports due November 1
- Club Financial Review Reports due November 1
- Volunteer Screening Renewal due November 30
- Achievement Night- second Saturday
- Sign up for county-wide committees
- 4-H Council Budget Committee presentation to 4-H Council
- Officer Installation- 4-H Council
- Officer Installation- Jr. Leaders
- Extension Council Elections
- Kansas Youth Leadership Forum
- Kansas Volunteer Leader Forum
- Extension Council Annual Meeting, Extension Council Executive Board is elected
- Planning for District Horse Show
- Project Leader Recruitment
- Livestock Dates published
- Citizenship In Action information published
- Enrollment and Health info due online by November 30th

DECEMBER

- Livestock dates published
- Club Day information published
- State 4-H Scholarship Information published
- Begin goal setting for projects
- Citizenship In Action information published
- Club Day planning (Talks, Demos, Musical presentation, Talent, Model Meeting, etc.)

JANUARY

- 4-H Day committee meets (beginning of the month)
- Area Project Records screening 3rd week of January
- 4-H Day entries due (3rd week of January)
- Horse Panorama, Rock Springs
- Planning for spring livestock shows
- 4-H Day information published- schedule if possible
- State 4-H Scholarships
- Discovery Days info (if available)
- Livestock ownership requirements published

FEBRUARY

- Citizenship In Action Registration due February 1
- 4-H Day
- 4-H Supporters Week
- Citizenship In Action (President's Day Weekend)
- State 4-H Scholarships due
- Beef Weigh-In info published
- Livestock ownership requirements published
- Discovery Days info published

MARCH

- Beef Weigh-In and tagging- first Sunday
- State Project Records Screening
- PDC Meeting
- Camp information published
- Small livestock tagging/weigh-in dates published
- Discovery Days info published

APRIL

- Cowley County Classic Steer and Heifer Show
- Tag/Weigh-In Goats and Sheep; Tag Swine and Bucket Calves (April 24, 2022)

MAY

- Beef nominations due for Kansas State Fair and Kansas Junior Livestock Show (KJLS)- May 1st
- Last day to add or drop projects- May 1st, 4-H/FFA members must be enrolled by this date to be eligible to show at the Cowley County Fair
- Horse ID Forms due- May 1st, horses must be ID'ed to be eligible to show at the fair and district shows
- Cowley County Sheep and Meat Goat Show (May 21, 2022)
- Discovery Days Orientation

JUNE

- Discovery Days (first week of June)
- Emerald Circle Banquet for state award/ scholarship winners
- Southeast Area Livestock Judging
- Southeast Area FCS Judging
- Southeast Area Favorite Foods Show
- Southeast Area Horticulture Judging
- 4-H Camp Orientation
- 4-H Camp (dates vary)
- Campference
- District Horse Show entries due (June 15)
- Sheep, Swine and Goat nominations due for State Fair and KJLS- June 15th
- Ownership deadline for breeding livestock and Dairy
- 4-H PDC Meeting

JULY

- South Central District Horse Show
- Poultry pullorum-typhoid testing for fair
- Fair pre-entries due 2 weeks before Fashion Revue
- Fashion Revue, Tuesday before fair
- Foodstand clean up
- Horse Show, Saturday before fair
- Fair set-up
- State Fair Livestock entries due- July 15th
- Cowley County Fair

AUGUST



- Cowley County Fair
- State Fair non-livestock entries due (Friday after Cowley County Fair)
- KJLS entries due (August 1)
- State Livestock Sweepstakes (last weekend)
- Kansas All Breeds Dairy Show
- National 4-H Week Committee meets
- Awards Committee meets to plan project record book screening

SEPTEMBER



- National 4-H Week information in the 4-H Flash
- Project Records, Pin Applications, County Scholarships due Wednesday after the Kansas State Fair
- Club Seal Reports due
- County Fair Suggestions due
- Kansas State Fair- non-livestock exhibits due in the Extension Office Thursday before the State Fair.
- 4-H Clubs work the Foodstand at the Walnut Valley Festival, 3rd weekend
- 4-H Council Officer Elections
- Junior Leaders Officer Elections
- PDC Meeting to discuss fair changes
- Welcome incoming families to 4-H



January 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
26 Extension Office Closed Kwanzaa	27 	28	29	30	31 New Year's Eve	1 New Year's Day
2 6:30 PM Udall 4-H Mtg 7:00 PM Martha Washington 4-H Mtg	3 7:00 PM Floral 4-H Mtg 7:00 PM Dexter/Otto 4-H Mtg 7:00 PM Tisdale 4-H Mtg	4	5	6	7	8
9 2:00 PM Muddy Creek 4-H Mtg 3:00 PM Rock Creek 4-H Mtg 3:30 PM Burden 4-H Mtg	10 7:00 PM Cameron 4-H Mtg 7:00 PM Walnut Valley 4-H Mtg 7:00 PM New Horizon 7:00 PM Sunrise 4-H	11	12	13	14 9:00 AM 4-H Day Pre Entries Due	15 Flash info to Cindy
16 4:30 PM 4-H Shooting Sports Project Club Mtg	17 Extension Office Closed Martin Luther King, Jr. Day 7:00 PM 4-H Council 7:45 PM Jr Leaders	18	19	20	21	22
23	24	25	26	27	28 9:00 AM Horse Panorama	29 ... Horse Panorama Happy Kansas Day! 
30 ... Horse Panorama	31 7:00 PM 4-H Council Committee Night	1 Lunar New Year	2 Groundhog Day	3	4 	5 4-H Day

February 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
30 ... Horse Panorama	31 7:00 PM 4-H Council Committee Night	1 Lunar New Year	2 Groundhog Day 	3	4	5 4-H Day 
6 6:30 PM Udall 4-H Mtg 7:00 PM Martha Washington 4-H Mtg	7 7:00 PM Floral 4-H Mtg 7:00 PM Dexter/Otto 4-H Mtg 7:00 PM Tisdale 4-H Mtg	8	9	10	11 5:30 PM Livestock Judging Practice	12
13 2:00 PM Muddy Creek 4-H Mtg 3:00 PM Rock Creek 4-H Mtg 3:30 PM Burden 4-H Mtg	14 Valentine's Day 7:00 PM Cameron 4-H Mtg 7:00 PM Walnut Valley 4-H Mtg 7:00 PM New Horizon 7:00 PM Sunrise 4-H	15 Flash info to Cindy	16	17	18	19
20 9:00 AM Citizenship In Action 4:30 PM 4-H Shooting Sports Project Club Mtg	21 President's Day ... Citizenship In Action 7:00 PM Junior Leaders	22	23	24	25 5:30 PM Livestock Judging Practice	26
27	28	1 Ash Wednesday	2	3	4	5 KS Jr Beef Producer Day

I pledge...

My **head** to clearer thinking

My **heart** to greater loyalty

My **hands** to larger service and

My **health** to better living

for my club, my community,

my country and my world

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K-State, County Extension Councils, Extension Districts, and U.S. Department of Agriculture Cooperating. K-State Research and Extension is an equal opportunity provider and employer.

Congratulations to Floral 4-H Club!

Their club will receive a pizza party from Friends of Extension for selling the most raffle ticket for Fall For Extension!



Z Books - Create a ZBooks Account today!

The ZBooks 4-H record keeping software is available for the new 2021/2022 program year. Pilot units found that ZBooks is extremely easy to navigate and user friendly.

This online record keeping software is identical to the new Project Report Form pdfs- meaning 4-H'ers and families now have the option to choose which format they feel more comfortable using. Families can continue to fill out the form-fillable pdf version of Project Report Forms or they may opt to keep their records online with ZBooks. Both are evaluated using the same rubric and the same set of standards.

Some features of ZBooks include:

- Mobile friendly- jot down notes, weights, ear tags, expenses, etc on the spot!
- Internet based- you can work on them from any device that is connected to the internet
- Unlimited amount of entries until final report is submitted- youth select the allowed number of entries to print on final report, allowing them to prioritize, summarize, etc.
- Permanent Record is also included
- Extension staff have ability to view member's progress, send reminders, upload local forms, etc.
- Adult volunteers may receive viewing rights for members in their clubs and/or project areas so they too can track progress, coach and encourage record keeping
- Live online ZBooks Support Chat feature

Stay tuned for more information regarding available training resources, and check out the [ZBooks resource page](#).

Please note, there is not an App for a mobile device but it is online friendly!