



# 4-H FLASH

**Cowley County 4-H**

**July 2022**

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**K-STATE**  
Research and Extension

## **3...2...1...FAIR!!!**

The 2022 Cowley County Fair is almost here!! This is the time of year we get to display our blood, sweat and tears! Okay, hopefully there isn't too much blood, sweat and tears in your fair prep but hey you guys work hard with your projects, and we get it. What are your goals this year? Are you after that purple ribbon or shiny new buckle? Those are great goals but just remember they collect dust and end up in your parents' garage, in a box with your name on it, never to be looked at again. You know what sticks with you forever? Your memories!! You will never forget the times you spent making new friends! With 4-H there will be blood, sweat and tears (literally) but there will also be so many smiles, giggles and happy tears!

Here is my challenge to you Cowley County 4-H! Be DETERMINED, RESPECTFUL and HUMBLE! I challenge you to answer these questions at the end of the fair week:

- What is something your learned?
- What is something you did well at?
- What is something you can improve on?
- How did I help at least one person?
- Did I tell my parents and other volunteers thank you?

When the dust settles, I hope you can look back and say you worked hard, learned a lot and ultimately HAD FUN!

Have a great fair prep month! I cannot wait to see you all at the fair! Let's have some fun and know I am so proud of you all!

-Sarah

**Cowley County Extension Office  
will be closed on Monday July 4, 2022  
in observance of Independence Day  
and  
July 29-August 1, 2022 for the 4-H Fair.**

## **In this issue:**

Fair Information

Kansas State Fair  
Entry Information

Wheat Expo & Wheat Plot  
Enrollment



## Upcoming Meetings

### Board Meeting

The Cowley County Extension Executive Board meets monthly and conducts the business of the Extension Office. The July meeting will be held on July 5th at 5:30 p.m. in the Assembly Room at the Cowley County Courthouse.

### 4-H Council

4-H Council will meet on Thursday, July 21st at the Winfield Fairgrounds in the grandstands, at 6 p.m. Please make sure that your club is represented.

### Fair Superintendents

Will meet on Thursday, July 21st at the Winfield Fairgrounds in the grandstands at 7 p.m.

### 4-H Junior Leaders

If you are 12 and older, you can be part of 4-H Junior Leaders. Youth will learn about leadership through activities. Visit the "Cowley County 4-H Junior Leaders" Facebook page to see how we are demonstrating leadership.

## 2022 Cowley County Fair Events

### Modeling Workshop

Come practice and get prepared for 4-H modeling on Thursday, July 14 at 3:30 p.m. at the Cowley County Courthouse, Extension Assembly Room. Youth participants will learn what to expect, practice modeling and review the paperwork needed to submit for judges and script. Fashion Revue is on Tuesday, July 19!

### Cowley County 4-H Fair Dog Show

will be held Saturday, July 16 in Barn 1 at the fairgrounds. Check in starts at 9:00 a.m.

### NEW FOR 2022

4-H Decorated Foods will be judged on Tuesday, July 19 at Cowley College's Brown Center between 11 a.m. - 1 p.m. This change is to allow an air conditioned environment to help preserve the creations.

Youth can also have decorated foods judged on Friday, July 29 with other food entries (the same judge from the 19<sup>th</sup> will return). Thus, champion awards will not be awarded until July 29 for decorated foods.

Favorite Foods Contest will be offered on July 19 between 11 a.m. - 1 p.m. Youth should review expectations from the [website](#) and pre-enter [here](#) by July 18. Please note this is a separate entry process than the fair entries.

### 4-H Fashion Revue & Clothing Construction Judging

Tuesday, July 19th

Brown Center, Cowley College, Ark City; 8:30 a.m. Packets with modeling tips, schedules and script information will be sent to participants who have pre-entered in clothing and fashion revue categories. An information table will be available to provide details about schedules and room locations. Participants will need to choose one outfit to model for the evening performance and submit a script online via a link at [www.cowley.ksu.edu](http://www.cowley.ksu.edu) by 11 a.m. the day of the judging.

### Public Fashion Revue

The Public 4-H Fashion Revue will be held in the Wright Room, at the Brown Center on Tuesday July 19th at 7:00 p.m.

### 4-H Family and Consumer Science Judging Contest

Two options:

1. July 5-18 - Virtual contest option - complete at your own pace. Click [here](#) to get started.
2. July 19 - In person contest during 4-H Clothing and Fashion Revue Judging at Cowley College's Brown Center, 215 S 2nd Street, Arkansas City. 9 a.m. - 12 p.m.

Youth are encouraged to participate in two contests (either virtual or in person) to qualify for the State Fair contest team (to be held on September 17 in Hutchinson). The two events listed above count as two contests.

### Cowley County 4-H Fair Horse Show

will be held Saturday, June 23rd at the Burden Arena in Burden, KS. Check-In will begin at 8:00 a.m.

## 4-H Foods Sale and Auction

4-H food exhibits brought to the Cowley County Fair will be sold. Cakes, cookies, brownies, pies and more will be available either at the food sale or auction. The food sale will be 11:00 a.m. to 1:00 p.m. and the food auction will begin at 5:15 p.m. on Friday, July 29th. Please invite neighbors and businesses to these events in Barn 4. Proceeds will be used toward awards in Barn 4.

## 4-H Dance at the Cowley County Fair

Saturday, July 30 6:30 p.m. - 9 p.m.  
Sponsored by 4-H Junior Leaders. Exclusively for 4-H members. plus 1 guest.

## Barnyard Olympics & Ice Cream Social

We'll see you at 1:30 on Sunday, July 31st at the Livestock Show Arena for fun filled Barnyard Olympics and Ice Cream Social sponsored by Cowley County Farm Bureau.

## Agricultural Challenge of Champions

The Challenge of Champions will be held Monday, August 1st near the 4-H Fair trailer at 11:00 a.m. One individual will be selected to represent Cowley County at the Agricultural Challenge of Champions at the Kansas State Fair. Contestants will complete exams and equipment identification in the following areas: livestock, breeds of livestock, agronomic items, crops, weeds, ag mechanics, farm management and more.

## Animal Costume Contest

The 4-H Junior Leaders are sponsoring an Animal Costume Contest on Sunday, August 1st at the Show Arena. Check in beings at 12:00 p.m. Contest begins at 12:30 p.m. Winner will receive a \$15 gift card.



# 2022 Cowley County 4-H Fair

## Pre-Entry Process

- Find your official 4-H Fair Rule Book, pre-entry letter and list of the projects you are enrolled in. This was mailed to all households on June 17 in a 5X7 brown envelope with a pink sticker.
- ALL pre-entries must be entered online and are due by July 6, 2022:  
<https://cowley.fairwire.com>
- If you do not have internet access, please make an appointment to come to our office.

## What is Needed for the Fair?

1. ALL pre-entries are entered online and due by July 6, 2022. <https://cowley.fairwire.com>
2. Instructions for pre-entries were included in your fair packet. They are also listed online at [www.cowley@ksu.edu](http://www.cowley@ksu.edu)
3. The Extension Office will provide entry cards for each pre-entered exhibit. You will receive your entry card when you check in at the fair.
4. Additional tags are needed for some project areas.  
Clothing- rectangle tag that must be pinned or sewn in to all constructed garments.  
Entomology- adhesive, rectangle tag, must be attached to each display box.  
Food Preservation- Gummed, rounded rectangle tag must be attached to each entry.  
Foods, Posters, Notebooks, Geology- adhesive, tag must be attached to each entry. Must be inside and out on Geology exhibits. Each food entry also requires a copy of a recipe.  
All Livestock -Stall cards, 8 ½ X 11 in white card stock is used to identify an animal and owner. This is used for Beef, Bucket Calves, Dairy, Dairy Goats, Poultry, Pigeons, Rabbits, Sheep, and Swine. These are available at the fairgrounds on entry night.  
Space Tech- Manilla envelopes with white cover sheet must be with each project. The envelope includes plans or flight information. Form fillable project information sheets are available at [www.kansas4-h.org](http://www.kansas4-h.org). Go to "events-activities", "Fairs", "Kansas-State-Fair", "Space Tech". Failure to provide plans will result in reduction of one ribbon placing.  
Woodworking- a copy of the plan, summary of materials and a cost of materials list is required for each exhibit. Failure to provide plans will result in reduction of one ribbon placing.

## 2022 Fair Changes

1. Dairy Cattle will be released and must be taken off the grounds at 1:00 p.m. Monday.
2. The top 5 market livestock will be selected in each market specie. The top 5 livestock will sell at the beginning of the sale order for each specie in the market livestock sale.
3. Livestock judges will place the top 3 senior showmen for each specie. The preference order for showman who compete in multiple species will be Dairy Goat, Dairy Cattle, Swine, Sheep, Beef, Meat Goat, Horse. The order will rotate annually.
4. A bred and owned class will be added for Beef, Sheep, Swine and Meat Goat in both the market and breeding divisions. Animals entered in the Bred and Owned class must be the offspring of a dam owned by the 4-H'er prior to breeding, during gestation and after birth of the animal.
5. New General Livestock Rule #32: All male livestock (beef, sheep, swine, meat goats) must be castrated at least 30 days prior to the fair and must be healed completely.
6. Dairy Goats must be owned or leased by May 1 of the current 4-H year.
7. Change Dairy Goat Rule #8 to: Dairy goats may have hay in their pens. The hay must be in a hay bag and kept away from Meat Goat and Sheep pens. NO HAY NETS.

8. New Food and Nutrition Class #0415- Enhanced Baking Mix Product
9. Lego projects are removed from the Visual Arts division and will be in the 4-H STEM- Architectural Block Construction.
10. Ag Mechanics is under STEM- Ag Mechanics with additional classes

## Fair Set Up and Clean Up

All clubs will help set up and clean up the Cowley County Fair. In an effort to meet the schedules of parents, **set up will be Monday July 25th at 6:00 p.m.** Livestock Superintendents, Barn 4 Superintendents, Fair Board, and Extension Staff request a strong adult presence. Come prepared to work. Please bring appropriate supplies.

**Clean up will take place Tuesday, August 2nd at 7:00 a.m.** Exhibits will be released at 7:30 a.m. and should be picked up by 8:30 a.m. If you can't pick up your exhibit, have another representative available. The Extension Office and Fairboard will NOT be held responsible for any exhibits not picked up. 4-H'ers must help with clean up in order to receive livestock premium checks.

Sponsored by 4-H Junior Leaders!



Cowley County Fair, East of Rabbit Barn  
Saturday, July 30, 6:30-8:00 p.m.  
FREE - Each 4-H member may bring a guest

## **LIVESTOCK**

### **Fair Weigh-In/Check-In Schedule**

#### **Wednesday, July 27**

4-H/FFA Sheep and Goats 7:00 pm - 9:00 pm  
(Sheep & Goats must go through the vet check before entering the barns)

#### **Thursday, July 28**

4-H/FFA Swine 8:00 am - 12:00 pm  
4-H/FFA Beef: 9:00 am - 10:00 am  
4-H/FFA Breeding Heifer & Bucket Calf check in  
deadline: 12:00 pm  
Dairy Cattle: 2:00 pm - 3:00 pm

**\*\*\* ALL LIVESTOCK MUST BE ON THE  
FAIRGROUNDS AND CHECKED IN BY 5:30 P.M.  
on Thursday, July 28.\*\*\***

### **Livestock Superintendents**

Our Livestock Superintendents serve during the fair to make sure that animals get checked in, classes get posted, shows run smoothly, livestock are marked correctly for the sale, and SO.MUCH.MORE. Our superintendents are here to help. If you have specific questions about how things work in your department, please be sure to ask one of them.

**Beef Cattle- Kyle & Angie Ruyle**

**Dairy Cattle- Becky Henderson, Andy Murphy  
and Scott Murphy**

**Swine- Russ & Audree Gottlob, Bruce**

**Hafenstein, Scott Lowe**

**Sheep- Greg & Tami Norwood**

**Meat Goats- Lacey Colquhoun and Kelsey**

**Nordyke**

**Dairy Goats- Monica Rupp**

**Rabbits- Cristine Noland and Lindsay Noland**

**Poultry- Kari Garison**

### **The Fair: A Great Opportunity to Model Good Livestock, Poultry & Rabbit Stewardship**

The fair is fun, exciting and busy for our livestock exhibitors. We want to encourage everyone that caring for livestock at the fair is a little different than caring for them at home. Most of our livestock have free access to water at home. This is not the case at the fair, and, because the weather during the fair is typically hot, it is vital that exhibitors water their livestock multiple times during the day. Even if you give your birds or rabbits a water bottle, you need to

check their water often. Fair visitors notice when livestock (particularly poultry) are not watered and report it to the fair office. Please be sure to model good livestock stewardship by providing fresh, clean water to your animals **frequently** during the fair.

Exhibitors should also take extra care during the fair to keep their livestock, stalls/pens and the alleyways clean. One particular area that gets extremely messy is Bucket Calf. Bucket Calf exhibitors, please make sure your calves are clean, tied securely (we don't need any calves on the loose or tangled up) and that their stalls are cleaned. Those little calves can make a BIG mess.

If you have questions about how/when/what to do with your livestock during the fair, do not hesitate to contact the Cowley County Extension Office or your fair superintendent.

### **Livestock Showing Resources**

Are you trying out a new livestock project this year?

Looking for tips and tools for showing as you prepare for the fair? The Kansas State University Youth Livestock page has links for showmanship resources at <https://www.asi.k-state.edu/research-and-extension/youth-programs/educational-materials.html>

You may also contact [Sarah](#) at the Extension Office or one of our livestock project superintendents with specific questions.

### **Lost Tag Policy**

When an animal loses a tag, the exhibitor must contact the Cowley County Extension Office in writing as soon as said tag is noticed to be missing. Include the following information: Specie, previous tag number, breed, sex of animal and statement verifying that the animal is the same animal that was tagged at the official tagging day. Ear tags that are lost after the pre-entry deadline must still be submitted in writing to the Extension Office, but will be handled on a case by case basis.

## Round Robin Showmanship

Don't forget to check out your favorite showman in the Round Robin Contest. Champion and Reserve Champion winners from the senior divisions of beef, sheep, swine, dairy, dairy goat and horse will compete for Overall Champion and Reserve Champion Livestock Showman. The contest will take place Sunday, July 31st at 6:00 p.m. in the livestock show arena.

## Why do livestock judges place the classes the way they do???

The *Livestock Judging Contest* at the fair is a great place to learn why your animal was placed the way it was, and prepare you to select your livestock for the future.

Did you know you don't have to be enrolled in a livestock project to participate in Livestock Judging?

The Cowley County Fair Livestock Judging Contest is a great way for beginners to learn how to evaluate livestock.

To sign up, come to the show arena Monday, August 1st from 8:00-8:30am. Bring a notebook and pencil.

## Livestock Destination Cards

Each exhibitor must complete an "Destination" (aka: Intent to sell) card for all market animals. On this card, the exhibitor will indicate whether they intend to sell their animal through the premium auction, sell it for base bid, or take it home. These must be turned in to your superintendent within 30 minutes of showing your last specie.

## The In's and Out's of the 4-H Livestock Premium Sale

The 2022 Livestock Premium Sale will be held Monday, August 1 at 6:45 p.m. 4-H'ers who exhibit a market animal and meet weight requirements may sell one animal through the Premium Sale. The sale order is established by superintendents and Extension staff based on class placings. 4-H members must be present to sell their animal. After you sell, come to Sarah to take your buyer ribbon and ticket to your buyer. Buyers have the opportunity to bid and purchase an animal's premium. They may choose to have the animal processed for meat at a locker. If they choose to have it processed, they must secure a locker space to have the animal processed. We have confirmed that Cedar Vale Locker, Family Tree Meats, Walnut Valley Processing and Stroot's Locker have saved locker spaces for fair animals. **CALL ASAP TO MAKE ARRANGEMENTS.**

## Base Bid, Locker, Premium Sale, Take Home-What Does It All Mean?

**Base Bid**= the base amount paid for an animal from the packer/buyer. Any livestock going through the Premium Auction will also be sold to the base bid buyer. A 4-H member may sell additional animals not going through the premium auction for the base bid price. All livestock selling on the base or in the premium auction will remain at the fairgrounds after the show.

**Locker**= this is an animal sold to an individual to be harvested for meat at an area locker. For 2022, all locker animal sales must take place between the 4-H family and the buyer. Check with your locker for transportation. Family Tree Meat, Cedar Vale Locker, Walnut Valley Processing and Stroot's have spots available to harvest county fair livestock. If your family has an extra animal you'd like to sell for locker meat, or if you know of someone looking to purchase locker meat, please contact [Sarah](#), ASAP.

**Premium**= the premium auction is open to each 4-H member showing a market animal that meets minimum or maximum weight criteria. 4-H members may sell only one animal through the premium auction. All livestock selling on the base or in the premium auction will remain at the fairgrounds after the show.

**Take Home**= this is any livestock (entered as market or breeding) that you do not wish to sell following the 4-H show.

## Buyer's Barbecue

The Buyer's Barbecue is held each year to show our appreciation for the community support of our livestock sale. This year's event will be held Monday, August 1st from 5:00-6:30 p.m. in the picnic area. Each club must have one representative present at 3:30 to set up. Three representatives from each club (2 youth, 1 adult) must be present from 4:45-6:45 p.m. to assist with tickets, serving and clean-up. Be sure to thank your buyers after the sale and in the community!

## **BARN 4**

### **Barn 4 Exhibits**

4:00 PM - 7:00 PM, THURSDAY JULY 28

All exhibits except Foods, Dogs, Floriculture, Horticulture and Crops must be in place on the Fairgrounds by 7pm July 28. **NO LATE EXHIBITS WILL BE ACCEPTED**

### **Conference Judging**

Conference judging allows the youth to share information about his or her project with the judge. All exhibits in Barn 4 are judged in the conference judging format. Conference judging is a good way to get positive feedback and suggestions. 4-Her's must sign up for a conference judging time slot by 7pm on entry night, July 28th. **IF YOU DO NOT PARTICIPATE IN CONFERENCE JUDGING, YOU WILL BE DOCKED ONE RIBBON PLACING!** Sign up sheets will be posted by exhibit areas as exhibitors enter their projects from 4:00 - 7:00 p.m. in Barn 4.

Participants will sign up for a conference judging time (ie: 1) 9:00 - 9:45 2) 9:30-10:15 a.m., etc).

### **Use your Freezer to Preserve your Sanity!**

To help save time and stress at county fairs, prepare food entries early and freeze them. Most baked goods freeze well and can still be top ribbon quality. Here are some tips:

- Bake and cool completely! This helps prevent condensation inside the wrapping and development of ice crystals.
- Use moisture-vapor resistant packaging such as freezer-safe plastic containers or bags, and rigid containers.
- Separate layers of cookies with wax paper or parchment paper.
- Freeze cakes or breads un-frosted and frost after thawed.
- Make pie crusts ahead of time and freeze.
- Thaw all baked goods in the freezer packaging. They can be thawed at room temperature. Remove from the freezer the night before the fair. Once thawed, repackage according to fair rules.

## **2022 Barn 4 Supervisor Schedule**

Supervisors are vital to the success of our county fair. It is how we keep our exhibit areas looking nice and provide assistance to our many patrons.

Clubs are assigned times to have a committee of at least one adult (1) and two youth present (2) in Barn 4 display area.

Clubs must turn in names by Thursday, July 21st.

Please note that shift times have been shortened. For 2022- we'll have stickers and 4-H items that you can share to promote 4-H to youth/families.

### **Friday, July 29**

6:00-7:30 Walnut Valley

7:30-9:00 Muddy Creek

9:00-10:45 Udall

### **Saturday, July 30**

6:00-7:30 Shooting Sports

7:30-9:00 Tisdale

9:00-10:45 Dexter-Otto

### **Sunday, July 31**

6:00-7:30 Martha Washington

7:30-9:00 Sunrise

9:00-10:45 Burden

### **Monday, August 1**

6:00-7:30 New Horizon

7:30-9:00 Cameron

9:00-10:45 Floral



July 28- August 1, 2022

## **FOODSTAND**

The money raised in the Food Stand is used to support our 4-H programs through scholarships to state 4-H events, transportation to Discovery Days, volunteer development awards and recognition at Achievement Night, officer training and much more. Here is the schedule of workers for the Food Stand at the Cowley County Fair.

The Thursday evening shift always needs workers. 4-H alumni generously give of their time to help raise money for 4-H during this shift. However, current 4-H families are welcome and encouraged to work during this time.

Please assign at least 5 adults to each shift. They are needed to run the cash register, operate the grill and appliances, and help with food preparation.

Each club is REQUIRED to have a shift manager. The shift manager must be a responsible adult or teen. Shift managers should recruit workers, view the shift manager orientation video and turn a list of volunteers in to the Extension Office by Thursday, July 21st.

### **Training**

New for 2022 - 4-H Families working in the 4-H Food Stand should view this online training between July 15-27. All families who complete the training will be placed in a prize drawing and the club with the highest completion percentage will receive a prize. We want to practice the H of "health" as our families work in the food stand!

[https://kstate.qualtrics.com/jfe/form/SV\\_ctKp2VMJre7j5li](https://kstate.qualtrics.com/jfe/form/SV_ctKp2VMJre7j5li)

## **Food Stand Clean Up Needs:**

Volunteers are needed to remove and clean tables, chairs and light items on **Thursday, July 21 from 6-9 p.m.** (The floor will be professionally cleaned that evening at 7 p.m.)

Additional volunteers are need for final food stand clean-up on Friday, July 22 beginning at 8:30 a.m.

## **2022 4-H Foodstand Schedule**

### **Thursday, July 28**

5:00-9:00 4-H Friends & Alumni

### **Friday, July 29**

7:30 - 12:45 Dexter-Otto

12:30 - 5:45 New Horizon

5:30- 11:00 Burden

### **Saturday, July 30**

7:30 - 12:45 Martha Washington

12:30 - 5:45 Walnut Valley

5:30 - 11:00 Floral

### **Sunday, July 31**

11:00 -5:45 Cameron & Sunrise

5:30-11 p.m. Udall

### **Monday, August 1**

8:00 - 1:00 Shooting Sports

12:45 - 5:45 Muddy Creek

5:30 - 11:00 Tisdale

**HELP  
WANTED**

Volunteers and 4-H Alumni requested to work at the  
Cowley County 4-H Food Stand  
Thursday, July 28, 5-9 p.m.

Sign up here: <https://forms.gle/ZWUPqCfWUWUBnnuc9>



## Fair Camping

The Cowley County Fair Board requests that 4-H families who camp during the fair camp in the campground area (west of the barns) at the fairgrounds, not the Pecan Grove. This better insures the safety of our participants, eliminating the need to cross 14th Avenue. The fairboard will not provide security or trash pick up to the Pecan Grove. A complete listing of camping rules can be found at [www.cowleycountyfair.com](http://www.cowleycountyfair.com). UTV's may only be driven by licensed drivers, have working lights and must be fully insured.

## Help Us Improve the Fair

What can we do to improve the Cowley County Fair? This is the procedure you should follow:

1. Fair suggestions must be submitted to the attention of the 4-H PDC in writing. Electronic versions (email/fax) will also be accepted. Verbal recommendations will not be considered.
2. Your suggestions must be signed and dated. Suggestions will not be considered without a dated signature.
3. All suggestions are due by September 9, 2022 at 5:00 p.m. Suggestions will not be considered after the deadline.
4. Suggestions should be turned in or mailed to:  
Cowley County Extension Office, 311 E 9<sup>th</sup>, PO Box 538, Winfield KS 67156.

The 4-H Program Development Committee reviews all department evaluations and acts on written recommendations which are then made to the Fair Board. Verbal recommendations CANNOT be considered.

K-State Athletics will host Celebrate Agriculture Day with K-State Football on Saturday, October 1, against Texas Tech.



We are proud to once again celebrate our history as Kansas State Agriculture College and excited to honor one Willie's Farm Family from each county again this season!

Interested Cowley County families can enter for the prize drawing to be selected as the family who will represent Cowley County. Enter here by July 13: <https://forms.gle/k7trAP1KzkmBgrT48>

The selected farm family will receive two complimentary tickets to the game with the opportunity to purchase additional discounted tickets and be recognized with all county representatives during the game. The nominated family will receive more information on this program in a follow-up email the week of July 18.

**Join us** Saturday of the Cowley County Fair, **July 30th** in the afternoon at the Shooting Sports Booth under the southend of the grandstands for this year's fun activities and to learn more about how to be involved in this project in the upcoming year.

Congratulations to all members who qualified to attend a Fall State Level Match! State qualifier practices will be in August and September and those members will be emailed with dates and times.

Congratulations to Cowley member Jake Jewers, who will be representing Cowley County and the State of Kansas on the State Small Bore Pistol team at the 2022 National 4-H Shooting Sports Championship in Grand Island, NE.

## **Upcoming Fall Schedule**

### **Club Meeting (None during summer vacation)**

Sunday, Sept. 18 @ 4:30 pm, 4:30, New Hope Fellowship Church

### **Air Discipline Practice (None during summer vacation)**

Sunday, Nov.6 @ 2:00 p.m. BB, 4:00 pm Air Rifle, 5:30 Air Pistol at the Winfield Fairgrounds. *(First Air Practice of the Year)*

### **Archery Practice (None during summer vacation)**

Thursday, Oct. 13, 20, 27th @ 6:30 p.m. at the Meadow. *(First Air Practice of the Year)*

### **Shotgun Discipline (None during summer vacation)**

Sunday, September 18th at 2:00 p.m. at the Meadow. *(First Air Practice of the Year)*



## Kansas State Fair Info

### KSF Grand Drive and KJLS Entry Information



September 9-18

**SHOW ENTRY!** If you have a complete nomination, the next step is to get entered! Nomination does NOT constitute entry; it only makes your livestock projects eligible to be entered and shown at the state fair or KJLS. Each state show manages their own entry process, so please contact them directly with questions regarding your entries. Watch their websites and social media platforms for entry information. Entry for each show must be made independently for each exhibitor. You will use the same exhibitor account and credentials you created for each child to submit their nominations to login and enter each show. Families are also encouraged to download the ShoWorks passport app to manage the entries for their family. Entries must be completed online and will open soon. We will pass along the links when they are live and available.

### **State Show Entry Information:**

#### **Kansas State Fair Grand Drive – Entries due July 15**

Information & Rules - <https://www.kansasstatefair.com/p/competitions/2020-special-edition-4-h-ffa-grand-drive>  
Contact: Jenn Galloway (620)669-3623

#### **Kansas Junior Livestock Show (KJLS) – Entries due August 15**

Information & Rules - <http://www.kjls.net/>  
Contact: Betsy Anderson (316)706-9750

### What Can I Exhibit at the Kansas State Fair??

If your 4-H Age is 9 and older, you are eligible to enter a purple-ribbon exhibit from the Cowley County Fair for judging at the Kansas State Fair in the 4-H Division: photos, food items, gift baskets, educational displays, some notebooks, entomology educational display, entomology collection, clothing construction, horticulture, field crops, floriculture, fiber arts, rabbits, energy management, robotics, rocketry, astronomy, geology collection, geology educational display, woodworking, Shooting Sports educational display, wildlife educational display, poultry, demonstration/illustrated talk and forestry notebook.

Two Senior Division Champions may be selected in Fashion Revue Buymanship and Constructed categories to compete at the Kansas State Fair.

Judges will choose five Visual Arts exhibits; one from

each of the new State Fair categories: Fine Arts, Clay & Ceramics, Leather & Jewelry, Three Dimensional, General Craft.

It is the member's responsibility to complete **pre-entry by August 10th** in order to exhibit at the Kansas State Fair. Pre-entries may be made in the 4-H office at the Cowley County Fair or in the Extension Office following the fair.

**No phone entries will be accepted.**

### Ribbon Premium/ Gate Passes

As in the past, in lieu of receiving ribbon premium, each 4-Her with KSF exhibits will receive 2 gate passes.

### Kansas State Fair Volunteers

The highlight of the Kansas 4-H program is the Kansas State Fair. This year's State Fair is September 10th-19th. It takes many volunteers to make the State Fair a success.

We are currently looking for volunteers to help. If you are interested in assisting at the State Fair, please email [Sarah](mailto:Sarah) by Wednesday, Aug. 10th. Gate tickets are provided for the days that you volunteer. Job descriptions and details of the opportunities available can be obtained at the Extension Office.

### Contests, Events and Activities at the Kansas State Fair

Did you know that the state fair has so much more for 4-H members to participate in beyond sending an exhibit? Here are a few contests 4-H'ers who are 9 and older can participate in:

Demonstration/Illustrated Talk Contest (must have received a Top Blue at County 4-H Day)

Rabbit Judging

Crops Identification Contest

Photography Judging Contest

Poultry Judging Contest

Family & Consumer Sciences Judging (must qualify for a team)

The Kansas State Fair 4-H Department is always looking for youth and adult volunteers to assist with check-in, judging and check-out of 4-H exhibits. This is a great opportunity to meet others from across the state who share a similar interest, learn more about a project area, or just add to your leadership skills!

To get involved in a contest, or to volunteer at the State Fair, registration is as simple as entering a State Fair exhibit by August 12th in the Extension Office or in the 4-H Fair trailer at the Cowley County Fair.

Purchase Your Kansas State Fair Admission  
Tickets and Parking Passes

Kansas State Fair gate admission tickets and (some) parking passes can be purchased at a discounted rate through the Cowley County Extension Office prior to the Kansas State Fair. Orders must be placed by Monday, August 12th and payment must be received at the time the order is placed. Tickets will not be ordered unless payment is received prior to ordering.

\*\*2022 information has not been released, subject to change.

Sponsored by  
Cowley County  
4-H Junior Leaders

**ANIMAL COSTUME CONTEST!!**

Dress your  
animal  
"All American"



**WINNER GETS A \$15 GIFT CARD!  
CHECK-IN STARTS AT NOON, AUGUST 1  
CONTEST AT 12:30 P.M.  
ARENA@ WINFIELD FAIR GROUNDS**



## Using the Danish System to cultivate youth who THRIVE!

### Empower Youth to THRIVE!

“To Make the Best Better,” our well-known 4-H motto, implies that we need to know what our best is before we can make it better. Our motto asks how well we’re doing now, and encourages us to consider how and where we can improve.

A 4-H project is not an end in itself and does not illustrate all the learning that takes place before and after the project is complete; it displays a portion of what the 4-H member is capable of doing and shows what they have accomplished and created.

The TOTAL development of the 4-H member is the most important. Creating, sharing, exhibiting and judging can help 4-H’ers develop various life skills in positive and healthy ways. These 4-H projects help young people gain technical and soft skills as they move through each project, contributing to academic and vocational success.

### What is the Danish System?

In 4-H, we target the learning process as a way to help young people build essential life skills to thrive. The Danish system is a method to evaluate a participant’s project relative to the standards developed for that class or contest. This system is not used to evaluate participants against other participants or other items. The Danish system highlights areas of success and topics that may need improvement to encourage youth to challenge themselves, set goals and receive constructive criticism. The participant’s hard work is recognized as each participant learns to improve their skills “to make the best better.” While no evaluation system is perfect, the Danish system helps 4-H develop top quality youth instead of focusing on blue ribbon projects.

### 4-H is Positive Youth Development

Research shows that participation in high quality 4-H programs increases thriving in youth, and thriving youth achieve important developmental outcomes, such as academic motivation and important skills needed to enter the workforce.



**BLUE – Excellent.** The exhibitor meets the standard developed. This does not indicate perfection; rather, it rewards average or above average work. Minor faults are corrected immediately when possible.

#### Potential THRIVE message:

- Challenge your 4-H’er by asking what steps they might change to build on this project to foster the growth mindset.
- Empower youth voice. Identify their unique gifts and talents and help them identify how they could help someone else with the skills they used or this project.



**RED – Good.** The exhibitor didn’t meet all of the standards developed but is making great progress. Major and minor faults occurred.

#### Potential THRIVE message:

- Teach the importance of growth mindset. Through effort and hard work, help your 4-H’er set goals to get better. What can they try differently?
- Self-Regulation, or the ability to make choices with a goal in mind, is a key skill for goal setting and ultimately perseverance or “grit.”



**WHITE – Fair.** Participant did their best, but many improvements are needed to meet the pre-established standards. Several major, minor and severe faults occurred. This includes disqualification.

#### Potential THRIVE message:

- Teach youth to manage emotions effectively and positively. Express the great learning opportunities that come with receiving a white ribbon.
- When youth reach roadblocks to their goals, encourage them to reflect on what didn’t work and help them develop new strategies for achieving the goal.
- Reward your 4-H’er for taking a healthy risk simply in participating.
- Help 4-H’ers develop reappraisal skills by pointing out other sides to the situation and encourage perspective talking.

## 2022 Kansas 4-H Wheat Expo- August 4, St. John, KS

Join us for the 2022 Kansas 4-H Wheat Expo on Thursday, August 4 at the Stafford County Annex Building in St. John. The wheat expo is a fun, educational and hands-on program in person for all Kansas 4-H members, siblings, parents, grandparents, and KSRE Extension staff. You do not have to be enrolled in crops/plant science projects to participate. For full information, visit: <https://www.kansas4-h.org/events-activities/conferences-events/wheat/index.html>. Lunch and refreshments are sponsored, and tours will be available. Everyone will participate in the same tour with the group splitting into two equal groups, with each group then flipping to the other tour after about one hour.

1. Stafford County Flour Mill, 108 S. Church St., Hudson, KS 67545; 620-458-4121. See where they make the famous Hudson Cream flour and mixes marketed all over the USA; <https://www.hudsoncream.com/>.
2. Osborne Fruits &Vegetable, 309 East 4th Ave., St. John, KS 67576, 620-5467-3932; with Mike Osborne and Jill Stimatze. Osborne Fruit & Vegetables is a small town, family-owned business that has a wide range of fruits and vegetables to offer from our beautiful, big garden. "From our field to your table!"

There will be eight contests open to youth members with cash prizes and ribbons awarded. Classes include: (1) 1 lb. bin run for crops members; or (2) 1 lb. bin run for "adopt a producer"; (All wheat samples must be postmarked to KSU by July 20 so testing can be completed). Youth may bring multiple exhibits in Divisions 3-9. A maximum of two placings per individual in each division, 1-8 will be awarded. (3) 1 quart jar sample of cleaned wheat; (4) three standard yeast rolls; (5) three standard sized cookies; (6) three standard muffins; (7) wheat photography contest; (8) wheat educational posters and (9) Cloverbuds, (5-6-year-olds) with participation ribbons.

Cost will be \$6.00 per person collected at the door the day of the Wheat Expo. **Registration is now open here.** Pre-registration will be required by July 25, 11:59 p.m. to ensure an accurate meal count and for tour divisions. For additional questions or to get involved with the wheat expo planning committee, contact Kelsey Nordyke 620-222-1311 or [klordyke@ksu.edu](mailto:klordyke@ksu.edu).

## 2022-23 Kansas 4-H and FFA Wheat Variety Plot Enrollment

As wheat harvest begins, it is time to remind members to re-enroll or ask new members to enroll for the 2023 Kansas 4-H and FFA Wheat Variety Plot program. The program begins fall of 2022 and goes through September 2023. The enrollment form and program details have been updated. Visit: <https://www.kansas4-h.org/events-activities/conferences-events/wheat/wheat-variety-plots/index.html> Members are asked to contact their local Extension Office by July 15th for information with enrollments due to Kelsey Nordyke, [klordyke@ksu.edu](mailto:klordyke@ksu.edu) by July 22, 2022. **There will be no cost for the program in 2022-23 since the five varieties are again being sponsored by commercial companies.** It is very important that we know the number of participants early, so we can have enough seed and metal signs available for Extension agents and leaders to pick up at designated places. Location and date details are to be worked out. New participants will receive a free large plot sign, and five free individual variety signs. These are scheduled to be distributed in early September.

Don't forget to pull your wheat samples for the Kansas State 4-H Wheat Show in early August in St. John, and also for wheat samples at your county fair, that may be eligible for the Kansas State Fair 4-H Crops Division. Resource information for the wheat variety project includes: (1) Wheat Variety Plot Brochure, 4-H 565 Revised 2010,) (2) Wheat Variety Plot-Youth Participant Handbook, 4-H 566, Revised 2010, and (3) 4-H Wheat Variety Plot Record, P1099, Revised 2010. To download these files, visit: <https://www.kansas4-h.org/events-activities/conferences-events/wheat/wheat-variety-plots/index.html>. This year's participants who are getting ready to harvest their plots should be planning their county fair display for possible qualifying for the Kansas State Fair entry in the Showcase Building. For more information, contact Kelsey Nordyke, 620-222-1311, [klordyke@ksu.edu](mailto:klordyke@ksu.edu).

## State Horse Judging competition!

Senior Overall Division

-7th place Katherine Kindt

Intermediate Overall Division

-4th place Gracie Bishop

-9th place Marcella Sneath

Gracie and Marcella also participated in the Kansas State Horse judging camp the prior day!



We had a fun day at SE Area Livestock Contest! It was a long day with meats, skillathon and livestock judging but we learned a lot! Corbin Gottlob received 10th in Meats Judging and 11th in intermediate livestock judging! Corbin Gottlob, Matik Tatum & Brooke Haunschild

The SE 4-H Youth Challenge Day has multiple contest options for youth. Participants can test their knowledge with horticulture, photography, crops and family and consumer judging contests. The 2022 event was held in Emporia.

Cowley County had three participants: Anthony Jelinek (5th Crop judging); Abigail Reid (2nd FCS & 5th Photography) and Andrew Preston (7th Photography).



# July 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
26	27	28	29	30	31	1
		6:30 PM Dog Practice				
3	4	5	6	7	8	9
6:30 PM Udall 4-H Mtg 7:00 PM Martha Washington 4-H Mtg	Extension Office Closed Independence Day 7:00 PM Floral 4-H 7:00 PM Dexter/Otto 7:00 PM Tisdale 4-H	5:30 PM Extension Council Executive Board Mtg	9:00 AM FAIR PRE-ENTRY DEADLINE			
10	11	12	13	14	15	16
Eid al-Adha 2:00 PM Muddy Creek 4-H Mtg 3:00 PM Rock Creek 4-H Mtg 3:30 PM Burden 4-H	7:00 PM Cameron 4-H Mtg 7:00 PM Walnut Valley 4-H Mtg 7:00 PM New Horizon 7:00 PM Sunrise 4-H	6:30 PM Dog Practice		3:30 PM 4-H Modeling Workshop	Flash info to Cindy	9:00 AM 4-H Fair Dog Show
17	18	19	20	21	22	23
4:30 PM 4-H Shooting Sports Project Club Mtg		Fashion Revue...oodjudging 7:00 PM Public Fashion Revue		6:00 PM 4-H Council 7:00 PM Fair Superintendents Mtg		8:00 AM 4-H Horse Show
24	25	26	27	28	29	30
	6:00 PM Fair Set Up				Extension Office Closed 11:00 AM 4-H Food Bake Sale 5:15 PM 4-H Food Auction	6:30 PM 4-H Dance at the Fair
31	1	2	3	4	5	6
	Extension Office Closed 6:45 PM Livestock Premium Sale	7:30 AM Fair Clean Up				

# August 2022

Page 1/1

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
31	1	2	3	4	5	6
	Extension Office Closed 6:45 PM Livestock Premium Sale	7:30 AM Fair Clean Up				
7	8	9	10	11	12	13
6:30 PM Udall 4-H Mtg 7:00 PM Martha Washington 4-H Mtg	Ashura 7:00 PM Cameron 4-H Mtg 7:00 PM Walnut Valley 4-H Mtg 7:00 PM New Horizon 7:00 PM Sunrise 4-H		5:00 PM KSF Premium Entries Due			
14	15	16	17	18	19	20
2:00 PM Muddy Creek 4-H Mtg 3:00 PM Rock Creek 4-H Mtg 3:30 PM Burden 4-H Mtg	Flash info to Cindy					
21	22	23	24	25	26	27
4:30 PM 4-H Shooting Sports Project Club Mtg						
28	29	30	31	1	2	3

Page 1/1

## Sitter Solutions

The class for beginning babysitters, ages 11-15.

- Friday, July 15 at the Ark City - Cowley County Health Department - 9:30 a.m. - 2:30 p.m.



OR

- Friday, August 12 At the Water Treatment Facility Meeting Room, 400 W. Madison Ave, Arkansas City - 9:30 a.m. - 2:30 p.m.

\$10 class fee includes:

- Lunch & Snacks
- Babysitting Manual
- How to entertain children with a sitter's magic bag
- Tips on starting your own business

**Have you completed  
your online fair  
pre-entry???**  
**Due July 6th**

I pledge...

My **head** to clearer thinking

My **heart** to greater loyalty

My **hands** to larger service and

My **health** to better living  
for my club, my community,  
my country and my world



## POP Club

Youth are invited to local farmers markets to try new foods and experiences. At POP Club, youth learn about the Power of Produce and can earn POP bucks to spend with local vendors. The program is coordinated by K- State Research and Extension in partnership with Cowley County Farm Bureau Association.

Upcoming dates:

Winfield - July 9, 19, August 13 & 20  
Ark City - July 5, 26; August 16 & 30

