

4-H FLASH

Cowley County 4-H News

May 2022

Cowley County
Extension
311 E 9th Ave
P.O. Box 538
Winfield, KS 67156
620-221-5450
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Staff:

Becky Reid, Family and Consumer Sciences Agent; bkreid@ksu.edu

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K-STATE
Research and Extension

You get out what you put in

Hello Cowley County 4-H!! I am so excited to serve you in my newest role as the 4-H Youth Development Agent!

We have all heard our parents tell us “You get out what you put in” but what does that mean to you? I heard this a lot growing up, whether it was in reference to my schooling or working with animals. If you don’t study for the test you can’t expect to show up and get 100%. This applies to everything in life, it starts with making habits as a young child to then your home and work life as an adult. If we set a goal to do well in showmanship, we will need to work really hard at home creating a strong bond with our animal and practice showing that animal, for it to show well in the ring. If we have a goal of getting a purple on our woodworking project, we need to start early so we can take our time and focus on the fine details. Sometimes with life moving fast this is hard to remember. Never forget you get what you put in, so set your goals, work hard to succeed, and remember what you get out may not always be a ribbon or banner but life lessons that will mean more in the end.

As I begin my journey, I ask you what is Your vision for Cowley County 4-H? How can we put our all in to Make the Best Better?

Sarah

**Cowley County Extension
Office will be closed on
Monday - May 30, 2022
in observance of Memorial Day**

In this issue:

MAY 1st DEADLINE!!!

Discovery Days

Livestock Information

Photography Events



***** ATTENTION - URGENT *****

May 1st, 2022 is the last day to be enrolled (active - not pending), pay enrollment fees, and add or drop projects to be eligible for the 2022 Cowley County Fair. If you are not enrolled in a project by May 1st, you will not be allowed to exhibit in that project area at the fair.

Don't remember what projects you enrolled in?

Log in to your family account on 4-H Online and click on the projects tab.

All project add/drops must be completed online at v2.4honline.com.

Upcoming Meetings

The Cowley County Extension Council Executive Board meets monthly and conducts the business of the Extension Office. The May meeting will be held on Tuesday, May 3rd at 5:30 p.m. in the Assembly Room at the Cowley County Courthouse.

4-H Council and Junior Leaders will meet in person, (with a zoom link available) on Monday, May 16th. 4-H Council will meet from 7:00 p.m.- 7:45 p.m. Junior Leaders will begin at 7:45 p.m. If you were selected to represent your club at 4-H Council and you cannot participate, please let your leaders know and find another member to serve in your place.



Cowley County Fair

The Cowley County Fair is scheduled for July 28 - August 1. **Pre-Entries will be online and due Wednesday, July 6.** The 2022 official fair rule book will be mailed out in June (online access earlier), with instructions on how to pre-enter.

4-H Development Fund

The Cowley County 4-H Development Fund is a local non-profit 4-H foundation that was created in 1995 to assist Cowley County 4-H'ers as they take part in educational events and activities. 4-H members have benefited from college scholarships awarded annually at 4-H Achievement Night, Leadership Development Grants and camp transportation. Funding comes from gifts and donations of supporters. If a family or other supporter is interested in contributing, information is available in the Extension Office. Increased funding will result in increased opportunities for 4-H members.

Leadership Development Grants

Twenty Leadership Development Grants from the 4-H Development Fund are available to Cowley County 4-H members who are attending a multi-county, state or national 4-H leadership event. \$50 Grants are awarded to applicants who complete the application with essay, write a thank-you to a 4-H Development Fund donor, and provide a leadership program to a Cowley County 4-H club or group. To apply, visit the 4-H page on the Cowley County Extension website www.cowley.k-state.edu.

Development Fund Scholarship

Are you interested in an Academic Scholarship? This year the 4-H Youth Development Fund will be awarding three \$500 Scholarships. Go to cowley.k-state.edu, find forms under the 4-H Youth Development tab. There you will have access to the scholarship application as well as other opportunities for scholarships. Application packets are due in the Extension Office by 5:00 p.m. Friday, September 16, 2022.

Photography Events

Shutterbug events are photography workshops put on across the state by the Kansas State 4-H Photography Action Team. Workshops are typically scheduled as a morning session and concentrate on a variety aspects of composition. Examples of sessions include: Portfolio, I have a camera-now what?, Panning, Close-ups, Aperture Settings & Kaleidoscopes/Reflections.

2022 Shutterbug Events:

- 1. Shutterbugs at the Zoo**
2. Please note: \$5 registration fee for each of the first five members of a family. Children 5 and under are free.
 1. Where: Lee Richardson Zoo, Garden City, KS
 2. When: May 7, 2022
 3. Registration begins 8:30 AM
- 2. Shutterbugs at Big Creek**
 1. Where: Agricultural Research Center, Hays, KS
 2. When: Saturday, October 29, 2022
 3. Registration begins at 8:30 AM
- 3. Shutterbugs at Old Jefferson Town**
 1. Where: Oskaloosa, KS
 2. When: Saturday, November 5th, 2022
 3. Registration beings at 8:30 AM

4-H Food Stand - Club input needed!

We have two tasks for 4-H clubs and request feedback by May 12.

1. **Do you have any menu suggestions for the food stand?** (Consider if you've visited an event or concession stand and you tried something new!)
2. It is time to replace the donor recognition board for the food stand renovation. This is hanging on the east interior wall of the food stand. **What idea(s) should 4-H Council consider for decorating the food stand east wall at their May 16 meeting?** This is a great space to promote 4-H to community members who visit the space during the fair (and other fairground events).

Buy Your Groceries and Support Cowley County 4-H

Cowley County 4-H has been accepted as a Dillons Community Rewards Member. 4-H supporters can enroll their Plus Shoppers Card into the program and Cowley County 4-H will get credit for every purchase its member makes using their registered Plus card. The more we shop with Dillons, the more opportunity Cowley County 4-H has to earn even bigger rewards. To enroll, go to the secure website <https://www.dillons.com/account/enrollCommunityRewardsNow>. The NPO number you will need to enroll is 72632.

Support 4-H and Cowley County 4-H Junior Leaders

If you missed getting a 4-H yard sign, the Cowley County 4-H Junior Leaders have a few left. Signs are approximately 2'X3' and are \$10 each including stakes. Contact the Extension Office, 620-221-5450 to purchase your sign.



4-H Discovery Days

Kansas 4-H Discovery Days will be in-person on KSU campus

When: June 1st-3rd, 2022

Who: Youth ages 13-18 before January 1, 2022 are invited to register

Cost: \$195

Registration: Register [here!](#) Registration will close May 1st.

Discovery Days participants will be included in a special recognition event honoring the State Project Award Winners. This event will be held in the K-State Student Union on the evening of Thursday, June 2nd and will include an evening social and entertainment.

Discovery Days objectives:

- Help youth learn new ideas, techniques, and skills they can use personally and in their 4-H clubs or groups and communities
- Give youth in-depth training through hands-on educational sessions from content and youth development experts
- Prepare youth to make informed decisions about their careers and college path
- Enhance personal growth by giving opportunities to develop responsibility, confidence, independence, accountability, problem-solving, decision-making, and time management skills
- Help youth meet new people and make new friends from different places and with different backgrounds from across the state
- Provide an opportunity for youth to experience the K-State campus and its wealth of resources
- Develop college and career readiness skills which prepare participants academically and socially for a successful transition to college and life as an adult

Insect Spectacular

The 2022 Kansas 4-H Insect Spectacular will be held Friday, June 17 and Saturday, June 18. This event is open to all youth and adult volunteers interested in the 4-H entomology project. More information coming soon!

<https://www.kansas4-h.org/events-activities/conferences-events/insect-spectacular/index.html>

Friends of Extension Corner

Did you know the Friends of Cowley County Extension benefits 4-H families? That's right! The Friends of Cowley County Extension is the group of Extension supporters who organize the annual Fall for Extension fundraiser event. Fall for Extension helps to supplement the annual Cowley County Extension budget, which allows our Extension Agents to continue to provide programming and educational opportunities to local citizens. The Cowley County 4-H program is under the guidance and direction of the Cowley County Extension Council.

To learn more, visit <https://www.cowley.k-state.edu/about/>



2022 Fair Changes

1. Dairy Cattle will be released and must be taken off the grounds at 1:00 p.m. Monday.
2. The top 5 market livestock will be selected in each market specie. The top 5 livestock will sell at the beginning of the sale order for each specie in the market livestock sale.
3. Livestock judges will place the top 3 senior showmen for each specie. The preference order for showman who compete in multiple species will be Dairy Goat, Dairy Cattle, Swine, Sheep, Beef, Meat Goat, Horse. The order will rotate annually.
4. A bred and owned class will be added for Beef, Sheep, Swine and Meat Goat in both the market and breeding divisions. Animals entered in the Bred and Owned class must be the offspring of a dam owned by the 4-H'er prior to breeding, during gestation and after birth of the animal.
5. New General Livestock Rule #32: All male livestock (beef, sheep, swine, meat goats) must be castrated at least 30 days prior to the fair and must be healed completely.
6. Dairy Goats must be owned or leased by May 1 of the current 4-H year.
7. Change Dairy Goat Rule #8 to: Dairy goats may have hay in their pens. The hay must be in a hay bag and kept away from Meat Goat and Sheep pens. NO HAY NETS.
8. New Food and Nutrition Class #0415- Enhanced Baking Mix Product
9. Lego projects are removed from the Visual Arts division and will be in the 4-H STEM- Architectural Block Construction.
10. Ag Mechanics is under STEM- Ag Mechanics with additional classes

Favorite Foods Contest & Decorated Foods Judging

July 19, 2022 11 a.m. - 1 p.m. Brown Center @ Cowley College, Arkansas City

NEW for 2022. In an effort to protect and preserve decorated food entries, judging for 4-H decorated foods has been moved to Tuesday, July 19 at Cowley College's Brown Center. This will also be an opportunity for youth to enter exhibits for the Favorite Foods Contest. Learn more about this contest on the Cowley [website](#). This is the same day as 4-H Clothing and Fashion Revue judging.

Project Leaders

Project Leaders are vital to the success of the 4-H program. Project Leaders provide educational experiences for members of a particular project and serve as a resource. Knowledge in a particular subject matter is not a requirement in order to serve as a project leader, although it is sometimes helpful.

Cowley County 4-H has a great need for project leaders at the club and county level. We are especially interested in recruiting adults or teens who are willing to coordinate at least six project experiences per year in the following areas:

Sheep
Meat Goats
Beef

Clothing Buymanship &
Construction
Foods & Nutrition

Leadership
Horticulture
Arts and Crafts

Curriculum is available to help beginning leaders get started.

In order to serve as a project leader, one must complete the Volunteer Screening Process which includes: Volunteer Service Application, background check, enroll yearly as a volunteer in ks.4honline.com and appointment by the local unit board.

If you or someone you know is interested in providing great learning opportunities for our 4-H'ers, please contact Sarah. (slag11@ksu.edu)



ARE YOU ARE THE NEXT

4-H FAIR ASSISTANT?

SEASONAL, PART TIME

JULY 6- AUGUST 5, 2022

VISIT COWLEY.K-STATE.EDU

FOR MORE INFORMATION

Nominating Livestock for the Kansas State Fair and Kansas Junior Livestock Show

In order to be eligible to exhibit livestock (Beef, Sheep, Meat Goats, Swine) in the Grand Drive of the Kansas State Fair and/or the Kansas Junior Livestock Show, exhibitors must complete the state nomination process:

The state livestock nomination process is transitioning to an online system this year! This will require families to plan ahead in order to successfully complete their nominations. Moving to an online system will streamline the process from nomination, to show entry, through participating in the state shows. The deadlines have not changed.

The new process includes four (4) primary steps:

- 1.) Purchasing Official DNA Envelopes in Advance through ShoWorks
- 2.) Submitting Animal & Exhibitor Information Online
- 3.) Mailing DNA Envelopes with Submission Receipt
- 4.) Extension Agents & FFA Advisors Approving Nominations Online

Families will need to purchase an official DNA envelope for each animal by the order deadline, which is one (1) week prior to the nomination deadline. This will be **April 24** for market beef and **June 8** for small livestock and commercial heifers. Old envelopes will not be accepted. Exhibitors will be prompted to upload their family's 2022 Declaration Form and current YQCA certificate during the online submission process. A child's certificate needs to be good through 10/2/2022 to be valid.

Families are encouraged to send their nominations via certified mail. The deadlines have not changed. Market Beef nominations are due May 1. The Small Livestock and Commercial Heifer Deadline is June 15. These dates include submitting the information online through ShoWorks and postmarking the appropriate DNA sample(s). Late nominations will not be accepted. Information and resources regarding the state livestock nominations process maybe found here: <https://www.asi.k-state.edu/research-and-extension/youth-programs/nominated-livestock/>. All families, regardless of experience level, are encouraged to read through the Rookie Guide and use the other resources available in 2022!



Any youth exhibiting at the Kansas State Fair or Kansas Junior Livestock Show must also complete **Youth for the Quality Care of Animals** (YQCA) training. Online YQCA training is available at <https://yqcaprogram.org/>.

Small Livestock Project Health Tips:

De-worm on a monthly basis March 1, April 1, May 1, June 1, July 1. Be sure to rotate wormers and check the label for withdrawal information.

Use a feed specially formulated for your livestock specie and NOT an "all-stock" feed.

Weigh on a regular basis and hand feed according to your animal's needs. Each specie has a minimum weight they must meet in order to sell in the premium sale.

Steer/Heifer: 1,050 pound minimum

Swine: 230-290 pounds

Sheep: 90 pound minimum

Meat Goat: 50 pound minimum

Rabbit Meat pen: 3-5 pounds each

Water is the most important nutrient you provide your livestock. Make sure that plenty of fresh, clean water is always available. Clean water buckets/troughs regularly.

Start an exercise program. Practice leading/driving, tying, setting up your livestock regularly.

For additional help with your livestock project, contact one of your superintendents or email Sarah (slag11@ksu.edu).

2022 4-H Livestock Events, Deadlines and Schedule

Date	Event	
March 5	Junior Beef Producer Day, Weber Arena, Kansas State University	Educational opportunity for all Beef exhibitors
March 6	Market Beef Weigh-In/Tagging Day, Commercial Heifer Tagging; Winfield Livestock Auction 1pm - 3pm	Mandatory for all who wish to exhibit Market Steers/Market Heifers at the Cowley County Fair.
March 19	Junior Sheep Producer Day, Weber Hall. Kansas State University	Educational opportunity for all Sheep exhibitors
April 16	Cowley County Classic Spring Beef Show, Winfield Fairgrounds	Educational show opportunity for beef exhibitors
April 18	YQCA- Youth for the Quality Care of Animals training, Extension Office Assembly Room	Mandatory for any youth exhibiting at the Kansas State Fair or Kansas Junior Livestock Show (online options are also available)
April 24	Tagging for sheep, swine and meat goats (weigh-in), Winfield Fairgrounds 1:30pm - 4pm	Mandatory for all members who wish to exhibit Sheep, Swine, Meat Goats at the Cowley County Fair.
April 24	DNA envelope order deadline for Market Beef	Mandatory for all Beef exhibitors for the Kansas State Fair and/or Kansas Junior Livestock Show
April 26	2nd tagging day for sheep, swine and meat goats (weigh in) Winfield Fairgrounds 5pm-7pm	Mandatory for all members who wish to exhibit Sheep, Swine, Meat Goats at the Cowley County Fair.
May 1	Market Beef nominations due (Kansas State Fair/Kansas Junior Livestock Show) online through ShoWorks/ send DNA certified mail	Mandatory for all members who wish to exhibit Market Beef at the Kansas State Fair and/or Kansas Junior Livestock Show.
May 1	Add/Drop Deadline for all 4-H projects. Must be completed online.	Mandatory for all local 4-H members.
May 1	Horse ID's due. Requires Agent signature.	Mandatory for all 4-H'ers who wish to exhibit Horses at the County Fair, any District Horse Show and/or State Horse Show.
May 1	Ownership/leasing deadline for all breeding livestock and Dairy Goats . Commercial females must be tagged with a county-issued EID tag, registered females must have registration in exhibitor's	Mandatory for all youth who wish to exhibit a breeding female or Dairy Doe at the Cowley County Fair.
May 21	Cowley Co. Sheep and Meat Goat Show, Winfield Fairgrounds	Educational show opportunity for youth livestock exhibitors.
May 21	Celebrate Ag Day, Winfield Fairgrounds, 8am-3pm	Educational opportunity for all 4-Hers
June 8	DNA envelope order deadline for Small Livestock and Commercial Heifers	Mandatory for all Small Livestock and Commercial Heifer exhibitors for the Kansas State Fair and/or Kansas Junior Livestock Show.
June 15	4-H Grade and Dairy Cattle Leasing Identification Form due.	Mandatory for all 4-H Dairy exhibitors.
June 15	Commercial heifer, market swine, sheep and meat goat nominations due (State Fair/KJLS) online through ShoWorks/ send DNA certified mail	Mandatory for all members who wish to exhibit commercial heifers, market swine, sheep or meat goats at the Kansas State Fair/KLJS.
June 27	Horse Clinic, Hosted by South Central District Horse Show, Kingman	Open to all 4-Hers of all ages
July, TBA	Poultry Testing	Mandatory for all members who wish to exhibit poultry at the County Fair.
July 6	Cowley County Fair Entries Due	Mandatory for all Cowley County 4-H/FFA members.
July 25	Kansas State Fair Livestock Entries Due	
July 23	Cowley County Horse Show, Burden	
August 1	State Fair Horse Entries Due, KJLS Entries Due	
July 28-Aug 1	Cowley County Fair	



SOUTH CENTRAL KANSAS

4-H HORSE CLINIC

PRESENTED BY KERRY KUHN HORSEMANSHIP

JUNE

14-15, 2022

9A.M. - 5P.M.

2 HOUR LUNCH BREAK EACH DAY

Registration is \$200/Day

Youth only pay \$100

An anonymous donor will pay the remainder!

TOPICS

- FUNDAMENTALS
- BODY CONTROL
- CONFIDENCE
- TECHNIQUE
- LEADERSHIP

KINGMAN EXPO

CENTER

121 S. MAIN, KINGMAN

REGISTER AT

[HTTPS://BIT.LY/3OWCKWR](https://bit.ly/3owckwr)
REGISTRATION IS DUE MAY 27TH



K-State Research and Extension is committed to providing equal opportunity for participation in all programs, services and activities. Accommodations for persons with disabilities may be requested by contacting the event contact Kallie Turner two weeks prior to the start of the event at 620-532-5131. Requests received after this date will be honored when it is feasible to do so.

K-STATE
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Sitter Solutions

The class for beginning babysitters,
ages 11-15

Class dates/locations:

WINFIELD

Thursday, May 26

9:30 a.m. - 2:30 p.m.

Cowley County Courthouse
Extension Assembly Room, 311 E 9th
Winfield, KS 67156

or

ARKANSAS CITY

Tuesday, June 7

9:30 a.m. - 2:30 p.m.

Water Treatment Facility
Meeting Room, 400 W Madison
Arkansas City KS 67005

Instructor:

Becky Reid, Family and
Consumer Sciences Agent



**K-State Research and Extension
Cowley County**
311 E 9th
Winfield KS 67156

Kansas State University is committed to making its services, activities and programs accessible to all participants. If you have special requirements due to a physical, vision, or hearing disability, contact Becky Reid, (620)221-5450 or Office of Affirmative Action, Kansas State University, (TTY) (785) 532-4807.

\$10 class fee includes:

- Lunch and snacks
- Babysitting Manual
- How to entertain children with a sitter's magic bag
- Tips on starting your babysitting business

**Pre-register using QR code,
cowley.k-state.edu,
or call (620) 221-5450**



Each course requires at least 5 participants to offer the class.

May 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
1 Eid al-Fitr 5:00 PM ENROLLMENT DEADLINE 6:30 PM Udall 4-H Mtg 7:00 PM Martha Washington 4-H Mtg	2 Eid al-Fitr 7:00 PM Floral 4-H Mtg 7:00 PM Dexter/Otto 4-H Mtg 7:00 PM Tisdale 4-H Mtg	3 5:30 PM Extension Council Executive Board Mtg	4	5 Cinco de Mayo	6	7	
8 Mother's Day 2:00 PM Muddy Creek 4-H Mtg 3:00 PM Rock Creek 4-H Mtg 3:30 PM Burden 4-H Mtg	9 7:00 PM Cameron 4-H Mtg 7:00 PM Walnut Valley 4-H Mtg 7:00 PM New Horizon 4-H Mtg 7:00 PM Sunrise 4-H Mtg	10	11	12	13 4:00 PM Livestock Judging Practice	14	
15 Flash info to Cindy 4:30 PM 4-H Shooting Sports Project Club Mtg	16 7:00 PM 4-H Council 7:35 PM Jr Leaders	17	18	19	20	21 12:00 PM Friends of Extension Gun Raffle	
22	23	24	25	26 9:30 AM Sitter Solutions _ Winfield	27 4:00 PM Livestock Judging Practice	28	
29	30 Extension Office Closed Memorial Day	31	1 2 3 Discovery Days				4

June 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
29	30 Extension Office Closed Memorial Day	31	1 2 3 Discovery Days				4
5 6:30 PM Udall 4-H Mtg 7:00 PM Martha Washington 4-H Mtg	6 7:00 PM Floral 4-H Mtg 7:00 PM Dexter/Otto 4-H Mtg 7:00 PM Tisdale 4-H Mtg	7 9:30 AM Sitter Solutions - Ark City 5:30 PM Extension Council Executive Board Mtg	8	9	10 4:00 PM Livestock Judging Practice	11	
12 2:00 PM Muddy Creek 4-H Mtg 3:00 PM Rock Creek 4-H Mtg 3:30 PM Burden 4-H Mtg	13 7:00 PM New Horizon 4-H Mtg 7:00 PM Sunrise 4-H Mtg 7:00 PM Walnut Valley 4-H Mtg 7:00 PM Cameron 4-H Mtg	14 Flag Day	15 Flash info to Cindy	16	17 Insect Spectacular	18	
19 Father's Day Juneteenth 4:30 PM 4-H Shooting Sports Project Club Mtg	20 7:00 PM Junior Leaders	21	22	23	24 4:00 PM Livestock Judging Practice	25	
26	27	28	29	30	1	2	

K-State Research and Extension
Cowley County
311 E. 9th / P.O. Box 538
Winfield, KS 67156
620-221-5450, fax 620-221-5451

I pledge...

My **head** to clearer thinking
My **heart** to greater loyalty
My **hands** to larger service and
My **health** to better living
for my club, my community,
my country and my world

K-State, County Extension Councils, Extension Districts, and U.S. Department of Agriculture Cooperating. K-State Research and Extension is an equal opportunity provider and employer.

K-STATE
Research and Extension

 Cowley
County

PLEASE WELCOME:



Sarah LaGrone
Cowley County's newest
4-H Youth Development
Extension Agent.

OPEN HOUSE RECEPTION

WEDNESDAY, MAY 4, 2022
9 A.M. - 4 P.M.
Cowley County Courthouse,
Extension Assembly Room
311 E 9th, Winfield



GUN RAFFLE!
sponsored by
**Cowley County Friends of Extension
and Grouse Valley Equipment**

Stop by 115 Main St. Dexter, visit with our friends at Grouse Valley Equipment (or at the Extension Office) and purchase a ticket!

Grouse Valley Equipment
EXECUTIVE DIAMOND DEALER
Dexter, Kansas
#1 Single HUSTLER Kansas Dealer

Franchi Affinity 3 Max 5 28" Shotgun #002
Name: _____
Address: _____
City: _____ State: _____
Drawing: 5/11/2022
\$10 per ticket
Only 250 tickets will be sold
Sponsored by Grouse Valley Equipment
Donated by Friends of Extension
Need not be present to see, purchase, borrow, or use.
Individuals eligible to receive prizes are those who have purchased a ticket for the raffle.
For a complete list of prizes, contact Cowley County Extension at 620-221-5450 ext 545022.