


THE 4-H NEWSLETTER

October 2022

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A note from Sarah....

 It's a new 4-H YEAR!!! That means it is time to re-enroll in 4-H!

We know that 4-H empowers young people to be true leaders. True leaders are young people who have confidence; know how to work well with others; can endure through challenges; and will stick with a job until it gets done. In 4-H, we believe true leaders aren't born – they're grown.

4-H programs hands-on approach gives young people guidance, tools and encouragement, and then puts them in the driver's seat to make great things happen. Independent research proves the unparalleled impact of the 4-H experience.

But what is 4-H to you? How has 4-H impacted you and your family's life? We encourage you to share your testimonies through out 4-H week.  Don't forget October 4th is Kansas 4-H Spirit day!

Contact us:

cl@listserv.ksu.edu (620) 221-5450 or (620) 441-4565
Sarah LaGrone, 4-H Youth Development, slag11@ksu.edu
Becky Reid, Family & Consumer Sciences, bkreid@ksu.edu
Cindy Stephens, Office Professional, cstephens@ksu.edu
Jewell Ceballos, Office Assistant

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Community Leaders

October Check-Up

- ✿ Hold Officer Installation activity
- ✿ Continue recruiting new members

Review

- ✿ Read the *4-H Newsletter* and mark important dates on the calendar.
- ✿ Review highlights from the *4-H Newsletter* at your club meeting.

To-Do

- ✿ Attend Community Leader Training (Oct 12 OR Nov 15- 5:30pm- Assembly Room)
- ✿ Encourage Club Officers to attend Officer Training (Oct 16, 2022)
- ✿ Turn in Organizational Report-by November 1, 2022.
- ✿ Turn in Club Financial Review-by November 1, 2022.
- ✿ Update club bank account to new signers (2 board-approved adult volunteers, 2nd could be the Extension Council Treasurer/ Kent Miller)

Mark your calendars

Community Leader Training

October 12, 2022
or
November 15, 2022

620-221-5450 | Cowley County Extension
slag1@ksu.edu

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Community Leaders are an absolute vital part of Cowley County 4-H. We strongly encourage all community leaders to attend one training session. Please click the link below to sign up for which date works best for you!

<https://forms.gle/hnTTmKtt9xvPQbLt8>

4-H Council

4-H Council 101

4-H Council is an organization that represents the views of each club. As a representative, you represent your club’s viewpoints during 4-H Council. The representatives are responsible for taking information back to the 4-H Club. If a representative must be absent, it is recommended that a replacement be found for that meeting.

Facts about 4-H Council:

- Meetings last about 45 minutes.
- All meetings begin at 7:00 p.m.
- Meetings are held at the Extension Assembly Room located in the Cowley County Courthouse.
- 4-H Council has a President, Vice President, Secretary/Reporter and Treasurer.
- Officers are elected at the September meeting.
- There are 6 meetings held in a year.
- Meetings are generally held on the third Monday of every other month; exceptions January and July.
- Meetings for the 2022/2023 4-H Program year are:
- November 21st, January 16th, March 20th, May 15th, July 27th and September 18th.

*Congratulations to the
2022/2023
4-H Council Officers!*

- President:
Adison Henderson
- Vice President:
Brooke Haunschild
- Secretary:
Ty Henderson
- Treasurer:
Rachel Jirak
- Reporter:
Isebella Brodbeck

What to Expect:

- Council meetings are called to order by the President. A person is selected by the President to lead the group in the flag salute and 4-H pledge.
- Officer reports are given, followed by an agent report.
- Committee reports are given.
- New business is discussed and votes are taken.
- Announcements are offered, followed by adjournment.

4-H Junior Leaders

The purpose of the 4-H Junior Leaders club is to help members:

- 1) build self-confidence
 - 2) relate to others
 - 3) develop concern for the community and others in it
 - 4) use knowledge, skills and values in making decisions
- These aims are to be implemented by encouraging members' participation in planning and involvement in meetings, individual or group projects, tours or field trips, camps and other community or county activities.

Our meetings will be at the Cowley County Courthouse Extension Assembly Room and via zoom. Any youth 12 and older are invited to participate.

*Congratulations to the
2022/2023
4-H Junior Leaders*

- Officers!*
- President:
Brooke Haunschild
- Vice President:
Abigail Reid
- Secretary:
Matthew Norton
- Treasurer:
Caydence Billiter

Important Dates and Deadlines

October

- October 1st: 2022-2023 4-H year begins
- Sept 30th-Oct 2nd: Kansas Junior Livestock Show
- Oct. 2nd - 8th National 4-H Week
- Oct 4th: Extension Council Executive Board Meeting 5:30 p.m.
- Oct. 8th - 9th: [48 Hours of 4-H](#)
- Oct. 12th: Community Leader Training, 5:30pm
- October 16th: Club Officer Training, 2-4pm. Winfield Middle School
- October 23rd: Catch-a-Calf event

November

- November 1st: Club Financial Report due
- November 1st: Club Organizational Report due
- November 12th: 4-H Achievement Night Celebration, 6pm
- November 15th: Community Leader Training, 5:30pm
- November 19th: Fall For Extension event
- November 19-20th: [KYLE](#) (Kansas Youth Leadership Forum) AND [KVLV](#) (Kansas Volunteer Leader Forum)

ALOHA! LET'S PARTY!

Dress in your Hawaiian Best!

4-H OFFICER TRAINING WORKSHOP

**October 16, 2022 from 2pm-4pm
Winfield Middle School
130 N Viking Blvd, Winfield, KS 67156**

**"Ohana means family. Family means nobody gets left behind or forgotten."
-Lilo & Stitch**

Important Dates and Deadlines

Save the Date

We invite you to join us for a fun evening learning about beef nutrition, House Foundation appreciation/program overview and cheering our winning applicants on as they catch their 2023 Cowley County Fair beef projects!

We encourage 4-H members and Livestock Producers to join us!

RSVP by October 17th <https://forms.gle/jNkEMuuqVxTzu3mE7>

4- H GROWING TOMORROW'S PRODUCERS:



October 23, 2022 5:00 PM

Join Us For:

- Meal
• Guest Speaker
• House Foundation appreciation and program overview
• Catch a Calf presentation
• Winning applicants will catch their 2023 Beef Project

RSVP TODAY

Inaugural Livestock Programming Showcasing



Guest Speaker: Dan Suderman

Suther Feeds management consultant of nutrition, genetic selection, direct marketing and procurement of cattle

"Practical nutrition for todays cattleman"

Special thank you to meal sponsors The House Foundation and Cowley County Livestock Association

620-221-5450

slag11@ksu.edu

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RESPONSIBILITY GROWS HERE

K-STATE Research and Extension 4-H GROWS HERE

Important Dates and Deadlines

4-H Achievement Night

Saturday, November 12, 2022

6:00 p.m.

Udall Community Building

102 E. First St. Udall, KS 67146

Please bring a covered dish to share

Meats, table ware, and drinks provided

Dress; Sunday Best

Hosted by Udall 4-H Club

4-H Foodstand News

Special thanks to 4-H families and clubs who worked at the 4-H Food Stand. This year a virtual food safety training was available.

Udall 4-H had the most families that viewed the training and will receive a \$25 gift certificate for a club celebration. In addition, the Lackey family name was drawn as a winner of a \$10 Dillons gift card.

All profits from the 4-H Food Stand at the Cowley County Fair fund 4-H Council activities to benefit Cowley County 4-H Families. All profits from the 4-H Food Stand at the Walnut Valley Festival (aka Bluegrass) are split between the clubs who work shifts.

Cowley County 4-H Enrollment

✿ [4-H Online Enrollment Link](#)

✿ [Cowley County KSRE Website with 4-H Enrollment Information](#)

🔊 New 4-H year begins Oct. 1st. **ALL YOUTH and ADULT VOLUNTEERS** participating in the 2022-2023 4-H year (including Shooting Sports and FFA) need to enroll.

🔊 In order to be a regular member of Cowley County 4-H, the member must be 7 years old before January 1, 2023.

🔊 Cloverbuds is for children ages 5-6 before January 1, 2023.

🔊 [Project Selection Guide](#)

🔊 [Setting 4-H Project Goals](#)

🔊 [ZBooks](#)

State Volunteer Policy Information

While volunteerism is crucial to the success of 4-H, it is a privilege, not a right to be a 4-H volunteer. Volunteers are expected to adhere to the Kansas 4-H Volunteer Code of Conduct. Volunteers may be dismissed from service at any time.

Volunteer Enrollment

All 4-H volunteers must [enroll](#) annually in the unit in which they serve and complete the following initial steps: 4-H Online profile, References, Criminal History, Interview, Orientation, and Approval.

Required Volunteer Screening All individuals who work directly with youth are required to complete the Kansas 4-H volunteer screening process, which includes a criminal background check. Volunteer screening is done in order to ensure a safe, positive, and nurturing environment for all youth involved with the Kansas 4-H program and provide protection for the child, the volunteer, the K-State Research and Extension professional, the extension board, and K-State Research and Extension.

Kansas 4-H Volunteer The following guidelines should serve to ensure adequate screening of volunteers: Adults providing direct supervision to youth at a 4-H program; make decisions on behalf of the 4-H program; have access to private data of 4-H youths or volunteers; and/or handle funds as part of 4-H must complete the volunteer screening process, be accepted, and enrolled as a Kansas 4-H volunteer.

Process steps include: 4-H Online profile, References, Criminal History, Interview, Orientation, and Approval

These roles will include, though may not be limited to:

✿ Organizational (project) club leaders

✿ Chaperones for any overnight events

✿ Volunteers who will have access to funds raised on behalf of 4-H

✿ Volunteers who will have access to confidential records or information

Kansas 4-H Policy

Club Financial Info

Kansas 4-H Policy, Section 7.4.2: Approved Volunteers as Signatories on 4-H Club Accounts "Clubs/ Groups and other Extension affiliated groups need to have at least two screened, nonrelated, and board-approved adult volunteers as signatories on 4-H Club accounts." The Cowley County Extension Council Executive Board requires that two volunteer-screened, board appointed volunteers serve as the adult signatories on all 4-H club accounts. If a club does not have two screened and appointed community leaders, the second signature shall be the Extension Council Treasurer(Kent Miller). Clubs MUST update their signature cards *annually*. TIP: Make sure that your meeting notes document who was elected to the various offices. Your minutes should also state the names of the two adult volunteers that should be added to the signature card.

Parliamentary Procedure

Did you know that Parliamentary procedure is an orderly way to conduct a meeting, a fair way to make a group discussion, respects everyone, gives everyone a chance to speak, used in groups everywhere, and majority rules while minorities are protected.... The proper way to make a motion is to say "I move..". The proper way to second a motion is to say "I second the motion." If you want to amend (change) a motion you should say "I move to amend the motion by...." A motion to adjourn the meeting is done so by stating "I move to adjourn this meeting." A motion to adjourn needs a second, no discussion needed, and must be voted on right away! Did you know there are over 30 different types of motions! These are some simple ones and the majority of the ones that you will utilize in your 4-H Club meeting. Remember, STAND UP when you are speaking and only one person speaks at a time!

MEDIA TEAM

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OPPORTUNITIES INCLUDE:

- PHOTOGRAPHING 4-H EVENTS
- MARKETING
- WORKSHOPS AND TRAININGS

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JOIN NOW

For 4-H youth and adult leaders that are interested in photography and media marketing.



Are you a 4-H youth member or adult volunteer that is interested in photography and media marketing? This is an opportunity for you! Click the link below to sign up!

<https://forms.gle/F81DWCSCGMk3kkpx9>

Kansas State Fair Results

Clothing & Textiles

Morgan Lee, Constructed, Walnut Valley 4-H, Blue

Crops

Anthony Jelinek, HR Winter Wheat, Udall 4-H, Blue
Thomas Lee, SR Winter Wheat, Walnut Valley 4-H, Blue
Thomas Lee, HR Winter Wheat, Walnut Valley 4-H, Blue
Thomas Lee, Corn, Walnut Valley 4-H, Purple
Braden Mugler, HR Winter Wheat, Dexter-Otto 4-H, Red

Demonstration/ Talk

Caydence Billiter, Walnut Valley 4-H, Red

Energy Management

Anthony Jelinek, Udall 4-H, Blue

Entomology

Caydence Billiter, Collection, Walnut Valley 4-H, Purple
Caydence Billiter, Ed Display, Walnut Valley 4-H, Purple
Trey Noland, Collection, Cameron 4-H, Purple
Katie Rankin, Collection, Walnut Valley 4-H, Blue

Fashion Revue

Kaitlynn Buxton, Dexter-Otto 4-H, Red
Grace Henderson, Dexter-Otto 4-H, Blue
Rachel Jirak, Udall 4-H, Constructed, Purple

Fiber Arts

Crochet

Katie Rankin, Walnut Valley 4-H, Red
Kylie Rankin, Walnut Valley 4-H, Blue
Abigail Reid, Sunrise 4-H, Blue

Knitting

Abigail Reid, Knitting, Sunrise 4-H, Purple

Needle Arts

Morgan Lee, Walnut Valley 4-H, Purple

Patchwork/Quilted Article

Caydence Billiter, Walnut Valley 4-H, Blue
Amelia Erb, Udall 4-H, Blue
Evangeline Erb, Udall 4-H, Purple
Kylie Rankin, Walnut Valley 4-H, Purple
Anson Tovar, Walnut Valley 4-H, Blue

Macrame'

Addison Garison, Cameron 4-H, Red
Georgia Winslow, Floral 4-H, Blue

Foods & Nutrition

Caydence Billiter, Walnut Valley 4-H, White
Zoe Davidson, Martha Washington 4-H, Red
Elizabeth Jirak, Udall 4-H, Purple
Cole Knapp, Udall 4-H, White
Grace Minson, Dexter-Otto 4-H, Purple
Brilee Pellegrini, Udall 4-H, Blue
Andrew Preston, Udall 4-H, Purple
Hailey Wilson, Udall 4-H, White

Food Gift Package

Anabell Mugler, Dexter-Otto 4-H, Blue

Food Preservation

Georgia Winslow, Floral 4-H, Red

Forestry

Caydence Billiter, Walnut Valley 4-H, Red

Geology

Caydence Billiter, Walnut Valley 4-H, Purple
Olivia Brodbeck, Sunrise 4-H, White
Justin Darbro, Udall 4-H, Red
Charles Hensley, Sunrise 4-H, Purple
Anson Tovar, Walnut Valley 4-H, Purple

Home Environment

Bryse VenJohn, Floral 4-H, Blue

Horticulture

Rachel Jirak, Annual, Udall 4-H, Purple
Rachel Jirak, Perennial, Udall 4-H, Red

S.T.E.M.

Ag Mechanics

Wade Hervey, Burden 4-H, Blue

Architectural Block Construction

Jake Jelinek, Udall 4-H, Blue

Robotics

Marshall Groom, Floral 4-H, Red

Rocketry

Anthony Jelinek, Udall 4-H, Purple
Jake Jelinek, Udall 4-H, Blue
Trey Noland, Cameron 4-H, Purple
Anson Tovar, Walnut Valley 4-H, Purple

Educational Exhibits

Anthony Jelinek, Udall 4-H, Blue
Jake Jelinek, Udall 4-H, Blue

Kansas State Fair Results Continued

Visual Arts

Fine Arts

Caydence Billiter, Walnut Valley 4-H, Red

Ceramics

Grace Minson, Dexter-Otto 4-H, Blue

Leather

Caleb Krepps, Tisdale 4-H, Purple

Three-Dimensional

Anson Tovar, Walnut Valley 4-H, Blue

Woodwork

Kaitlynn Buxton, Dexter-Otto 4-H, Purple

Hadley Lackey, Udall 4-H, White

Colby Minson, Dexter-Otto 4-H, Red

David Romero, Walnut Valley 4-H, Red

Photography

3 Years or Less - Color Photo

Kaitlynn Buxton, Dexter-Otto 4-H, Blue

Henry Erb, Udall 4-H, Blue

Bradley Grant, Martha Washington 4-H, Purple & chosen for "**Rock Springs Display**"

Jake Jelinek, Udall 4-H, Blue

Mackenzie Knott, Muddy Creek 4-H, Blue

Grace Minson, Dexter-Otto 4-H, Blue, & chosen for "**Kansas 4-H Foundation**"

Kooper Rasico, Muddy Creek 4-H, Purple

Addison Robinson, Udall 4-H, Blue

Paisley Samms, Floral 4-H, Purple

Alexis Smith, Floral 4-H, Blue

Anson Tovar, Walnut Valley 4-H, Blue

Hailey Wilson, Udall 4-H, Blue

4-7 Years- Color Photo

Zoe Davidson, Martha Washington 4-H, Red

Marshall Groom, Floral 4-H, White

Claire Norton, Floral 4-H, Blue

Matthew Norton, Floral 4-H, Red

Brilee Pellegrini, Udall 4-H, Blue

Katie Rankin, Walnut Valley 4-H, Blue

Kylie Rankin, Walnut Valley 4-H, Blue

Georgia Winslow, Floral 4-H, Blue

8+ Years - Color Photo

Coryn Badley, Sunrise 4-H, Red

Grace Henderson, Dexter-Otto 4-H, Purple & chosen for "**Kansas Research & Extension Main Office**".

3 Years or Less - Black & White Photo

Cole Knapp, Udall 4-H, Red

4-7 Years - Black & White Photo

Jasmine Bohaty, Muddy Creek 4-H, Red

Anabell Mugler, Dexter-Otto 4-H, Red

Andrew Preston, Udall 4-H, Blue

8+ Years - Black & White Photo

Grace Henderson, Dexter-Otto 4-H, Purple & chosen for "**Rock Springs Display**"

Poultry

Caydence Billiter, Walnut Valley 4-H, Red/Red

Jasmine Bohaty, Muddy Creek 4-H, Purple/**Reserve Champion** and Purple/**Champion**

Benjamin McJunkin, Cameron 4-H, Blue

Rabbit

Caydence Billiter, Walnut Valley 4-H, Senior Buck/Red, Senior Buck/White, Fur/Blue, Fur/Blue, Showmanship/Blue

Katie Cook, Burden 4-H, Senior Doe/White, Fur/White, Showmanship/Blue

Rabbit Judging

Caydence Billiter, Walnut Valley 4-H, Blue

Katie Cook, Burden 4-H, Purple

Demonstration/ Illustrated Talk

Caydence Billiter, Walnut Valley 4-H, Red

FCS Judging Contest

Senior Team (Caydence Billiter, Charles Hensley, Andrew Preston, Abigail Reid) - 6th Place

Intermediate Team (Anthony Jelinek & Anson Tovar) - 5th Place

Shooting Sports

"Congratulations to the following county members who will be attending state matches in September/October!! Look for state results in the November FLASH.

Shotgun Qualifiers - Trap, Jacob Arnett, Kyle Bannon, Everett Green, and Robyn Shaw.

Congratulations to Jacob Arnett for placing 3rd Senior High Individual Trap and qualifying in Skeet as well at the Reno County Shotgun Qualifier!

Archery Qualifiers - Congratulations to Kyle Bannon and Robyn Shaw who qualified at the Crawford County Archery qualifier and will be attending the state archery match.

Upcoming Fall Schedule

Club Meetings - TBD

Air Discipline Practice

Sunday, Nov.6 @ 2:00 p.m. BB, 4:00 pm Air Rifle, 5:30 Air Pistol at the Winfield Fairgrounds for the annual safety meeting.

Archery Practice

Thursday, Oct. 13, 20, 27th @ 6:30 p.m. at the Meadow for annual safety meeting.

Shotgun/Hunting Skills Discipline

Sunday, October 23rd at 2:00 p.m. at the Meadow for annual safety meeting. *(Note change of date to 4th Sunday)*



Legal Stuff

K-State Research and Extension is committed to providing equal opportunity for participation in all programs, services and activities. Program information may be available in languages other than English. Reasonable accommodations for persons with disabilities, including alternative means of communication (e.g., Braille, large print, audio tape, and American Sign Language) may be requested by contacting the event contact (insert name) two weeks prior to the start of the event (insert deadline date) at (insert phone number and email). Requests received after this date will be honored when it is feasible to do so. Language access services, such as interpretation or translation of vital information, will be provided free of charge to limited English proficient individuals upon request. Kansas State University Agricultural Experiment Station and Cooperative Extension Service K-State Research and Extension is an equal opportunity provider and employer.

Fall For Extension

K-State Research & Extension Cowley County delivers educational programs related to Agriculture and Natural Resources, Family and Consumer Sciences, 4-H/Youth Development and Community Development. Local programs are implemented by Extension Agents with volunteer assistance for Cowley County residents and communities.

We are funded by allocations from Kansas State University and Cowley County Commissioners. To help with the impact of budget cuts, our supporters formed a "Friends of Cowley County Extension" group to raise awareness and financial support.

The Friends of Cowley County Extension will be hosting our 7th annual "Fall for Extension" charity dinner with raffle drawings and live/silent auctions on Saturday, November 19 in Winfield, Kansas. This event is open to the public and dinner tickets go on sale October 3 (\$30/seat or \$225 for a table for 8). Based on past attendance, we expect 250+ people at our event.

We are collecting donations for the live and silent auctions. Auction items are featured in our printed auction catalog and promoted on social media. You can view past catalogs on our website at cowley.k-state.edu/friends/untitled.html. We also accept financial contributions and donations are requested by October 31, 2022 so they can be included in marketing and our printed catalog.

We appreciate your consideration to partner with our planning committee. Please contact the Extension Office with additional questions.

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Fall For Extension

Who: Open to anyone

What: Dinner with Live and Silent Auctions

Why: Sponsored by Friends of Cowley County Extension, this event raises awareness and funds for Cowley County Extension's educational programs.

When & Where: Saturday, November 19, 2022, 6 p.m. Baden Square, Winfield

How: Dinner tickets go on sale Oct. 3 \$30 seat or \$225 for table for 8 Call 620-221-5450 to reserve!

K-State Research and Extension is committed to providing equal opportunity for participation in all programs, services and activities. Accommodations for persons with disabilities may be requested by contacting Becky Reid two weeks prior to the start of the event (November 5, 2022) at 620-221-5450 or bkreid@ksu.edu. Requests received after this date will be honored when it is feasible to do so.