

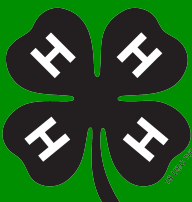
# THE 4-H FLASH NEWSLETTER

*A letter from Sarah,*

**June 2023**

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Summer is here and we are so excited!! Be sure to see all the scheduled events throughout the summer and have 4-H part of your summer! The fair will be here before you know it and we want you to get the most out of 4-H!

Mark your calendars for JUNE 28, 2023! There will be a **Family Fair Training** night you will not want to miss. Information booths will open at 5:00 PM. During this time will be project booths. These will be set to answer questions you may have or review your projects if you bring them, giving you tips/tricks or ideas. There will also be a booth available for youth in ANY project to get the opportunity to practice speaking with a "judge". Please only bring static projects to be evaluated, no animals. Starting at 6PM we will start a fair entry walk through, fair expectations as well as hearing from a Fairboard representative of fair and camping rules.



Please note: The Cowley County Fair is a week later than normal. August 3-7, 2023

Contact us:

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Harper Haynes, Summer Intern

## Community Leaders

### June Check-Up

- \* Are you running a new roster (in 4honline) for each club meeting's roll call? IS EVERYONE ENROLLED??
- \* Are you reviewing project lists, **to be sure 4-Hers are enrolled in the project they intend to participate in at the Fair?**

### Review

- \* Read the *4-H Newsletter* and mark important dates on the calendar. (Have you noticed all the links provided?)
- \* Review highlights from the *4-H Newsletter* at your club meeting.
- \* Have you checked out the [4-H Club Corner?](#)

### To-Do

- \* Check in with project leaders to ensure they are on task and holding meetings.
- \* Make sure 4-H Council report is given to the club

- \* Check club mailbox at Extension Office
- \* Share this KSF [update](#) with 4-Hers in the Foods project

### Promote/Recruit

- \* Southeast Area Research Center Tour
- \* Family Fair Training
- \* RCB Tour
- \* [Two families needed](#) for Exchange Program
- \* [4-H Media Team](#)
- \* [Entrepreneur Club](#)
- \* Sign-up for County Committees

### Remember

- \* Club t-shirts REQUIRE approval, the form to do so is on our [website](#) under 4-H Youth Development, forms, Cowley County 4-H Apparel Approval Form

## Important Dates and Deadlines \*underlined text is a link

### June

- 6/3 Winfield 150 Years Grand Parade
- 6/6 Cowley Co. Extension Board Mtg; 5:30pm
- 6/6 Southeast Research & Extension Center Tour
- 6/7-9 [Discovery Days](#)
- 6/13 Fair Superintendents Training
- **6/15 KSF/KJLS Sheep, Swine & Goat Nominations Due**
- 6/16 Yates Center, SE Area Livestock Contest
- 6/16-17 [Insect Spectacular](#)
- Starting in June, [Rock Spring Camp](#) ([scholarships available](#))
- [Geology Field Trip](#)
- 6/27 Emporia, SE Area Challenge Day
- **6/28 Family Fair Training**

### July

- **7/5 ENROLLMENT ENTRY DEADLINE** to show at the Cowley Co. Fair (must have an approved enrollment status by 7/5)

- 7/5 ADD/DROP Projects deadline
- **7/15 KSF Livestock Entries Due**
- 7/27 Watermelon Feed! At the 4-H Council mtg
- 7/27 Fair Superintendent Meeting

### August

- **8/1 KJLS entries due**
- 8/3-7 Cowley County Fair
- 8/8 [Wheat Expo](#)
- 8/11 Kansas State Fair non-livestock pre-entries due
- 8/12 4-H [Horticulture Judging Contest](#)

### September

- 9/8-17 [Kansas State Fair](#)

[Cowley County Annual 4-H Calendar](#)

[Kansas 4-H Events & Activities Calendar](#)

## 4-H Council & Junior Leaders

**July 27, 2023 - 6:00 p.m.**

### Meeting Location:

Fairgrounds, Winfield

If you were selected to represent your club at 4-H Council and find you cannot attend, please let your leader(s) know in advance and find another member to serve in your place.

### Next Meeting Details TBA

If you are 12 and older, you can be part of 4-H Junior Leaders. Youth will learn about leadership through activities. Visit the "Cowley County 4-H Junior Leaders" Facebook page to see how we demonstrating leadership.

## Upcoming Events

Please join us in representing Cowley County 4-H in the parade celebrating 150 years of Winfield!

All 4-H Council members are strongly encouraged to participate. Along with all club members.

Please wear 4-H gear. Project banners will be available to carry. If you'd like to pass out candy, you or your club will need to provide it. 4-H Council will not be supplying candy.

### Official Parade Schedule:

8:30 – 9:00 – floats line-up

9:00 – 9:45 – cars, tractors, all other vehicles line-up

10:00 am – Community Photograph at 9<sup>th</sup> and Main – we would love for all people participating in the parade to be in the picture!

By 10:30 – people and animals in line for the parade

11:00 – The Grand Parade begins!

## Represent Cowley County 4-H!

### Be a part of the Grand Parade

Join us on Saturday, June 3rd as we celebrate Winfield KS!

**ALL** Cowley County 4-Her's are encouraged to participate.

Line-up starts at 9am, parade starts at 11am.

Final details will be decided at the May 4-H Council meeting.



**K-STATE** |  Cowley County  
Research and Extension

Cowley County 4-H is #17 in the parade. We will line-up in the alley by "The Wet Pet" on 7th Ave.

## Upcoming Events

### Southeast Area Research Center Tour

June 6, 2023

Meet [Dr. Jaymeylynn Farney](#) and tour the Southeast Area Research Facility

The Southeast Research-Extension Center is located in Parsons, Kansas. The center is a unit within the [Eastern Kansas Research-Extension Centers](#), and is a part of the Kansas [Agricultural Experiment Station and Cooperative Extension Service](#).

Research at the Southeast Research and Extension area has focused primarily on practical cattle management practices for tame grasses. Types of research include:

- Supplementation effects on cattle gains while grazing different varieties of fescue
- Supplementation effects on cattle gains while grazing bromegrass
- Effects of legumes interseeded in fescues and bermudagrass pastures
- Effects of cattle gains while grazing crabgrass and bermudagrass that has been interseeded with winter wheat
- Whole systems research that evaluates how stocker cattle management may impact finishing cattle performance and carcass composition
- Evaluation of selectivity of cover crops for grazing cattle
- Re-evaluation of nitrate toxicity with cover crops
- Chelated minerals for spring calving operations on fescue
- Spices in minerals for cattle gains, fly control, and tick management
- Use of virtual fencing

This opportunity is open to all 4-H youth, families and local producers!

[Sign up today](#)



**SOUTHEAST RESEARCH AND EXTENSION CENTER**

DR JAYMELYNN FARNEY  
JUNE 6, 2023

**SIGN UP TODAY**

TRANSPORTATION PROVIDED  
PARSONS KANSAS

LEAVING EXTENSION OFFICE AT  
**8:00 AM**

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Research and Extension  
Kansas State University Agricultural Experiment Station and Cooperative Extension Service  
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Upcoming Events

**4-H BANK Tour**

**Content for all 4-H Ages!**  
Learn about money management, banking operations, Careers in banking and **MORE!**

**JUNE 15, 2023  
2:30 PM**

**SIGN UP TODAY**

900 MAIN ST  
WINFIELD, KS 67156

**RCB BANK**

*That's my bank!*  
MEMBER FDIC

**K-STATE** | Cowley County  
Research and Extension

**RCB Bank Tour**

June 8, 2023  
2:30 PM  
Winfield RCB Bank

[Sign up today](https://forms.gle/koURgSksp1sVKUEKA) to RSVP for the 4-H Bank Tour

This is a GREAT opportunity with content for all 4-H Ages! Learn about money management, banking operations, careers in banking and MORE!

<https://forms.gle/koURgSksp1sVKUEKA>

2023 GRAND HOUSE DRAWINGS

Each time a 4-Her participates in these events/programs, their name will be added to the drawing!

- YQCA Training
- Spring Shows
- Celebrate Ag
- Judging Contest and practices
- Livestock Programs
- Livestock Training Clinics
- Trips
- Livestock Record Book Submission

**DRAWING INCLUDES CHOICES OF:**

- LIVESTOCK SHOW BOX
- CLIPPERS
- CLIPPER BAG
- LIVESTOCK BLOWER
- AND MORE!**

Drawing will be held at the 2023 Open House dinner October 21st



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Upcoming Events

SE AREA LIVESTOCK CONTESTS

Friday, June 16th at Yates Center

Meats Judging

- Registration 7:30-8:00 a.m.
- Starts at 8:00 a.m.

Livestock Skillathon

- 8:00 a.m. - 10:30 a.m.

Livestock Judging

- Registration 9:15-9:45 a.m.
- Starts at 10:30 a.m.

Open to all 4-H members.

Cost is \$10. Lunch is included.

See full flyer for more details

<https://www.southeast.k-state.edu/program>

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SE AREA CHALLENGE DAY

Tuesday, June 27th at Emporia

Horticulture – Crops – FCS & Photography Judging Favorite Food Show Contest

- Registration from 9:30 – 10:00 a.m.
- Start at 10:00 a.m. with instruction.
- Contests begin at 10:15 & 10:30 a.m.

See flyer for more details - [SE Area Challenge Day](#)

These judging contests are open to all ages 9-18 before January 1, 2023. Cost is \$10. Winners from the local Favorite Food Show contest are eligible to compete at the area contest.

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Upcoming Events

LIVESTOCK SUMMER CLINICS

JUNE 2023

JULY 2023

FRIDAY 2 6 PM: Cattle Showmanship Clinician: Miller Family

FRIDAY 7 6 PM: Sheep and Goat Fitting Clinician:

FRIDAY 9 6 PM: Sheep and Goat Showmanship Clinician: Fidel Suarez

WEDNESDAY 19 5 PM: Bucket Calf Clinic Clinician: 4-H youth Led

MONDAY 12 6 PM: Swine Showmanship Clinician: Caleb & Sarah LaGrone

FRIDAY 23 6 PM: Cattle Fitting Clinic Clinician: Travis Scott

FRIDAY 30 6 PM: Swine Fitting and Practice Clinician: Brycen Johnston, Keena Hawkins and Sara Marlow

Scales will be available at each clinic to weigh animals.

Winfield Fairgrounds Camping area

Kansas State University Agricultural Experiment Station and Cooperative Extension Service K-State Research and Extension is an equal opportunity provider and employer.



SAVE THE DATE!

Fair Superintendent Training

We strongly encourage ALL Fair Superintendents to a training on Tuesday, June 13 at 7:00 p.m. in the Assembly Room at the Cowley Co. Extension Office. Please consider attending, even if you've been around 100 years. 😊

Cowley County 4-H

K-State Research and Extension - Cowley County



Cowley County Classic Beef Show

Cowley County Sheep and Meat Goat Show

Cowley County Goat Project

Cowley County Sheep Project

Cowley County Swine Project

Cowley County Horse Project

Cowley County Dog Project

Cowley County 4-H Sweepstakes Team

## Cowley County Fair

4-H Official Fair Rule Books will be mailed to families by the week of June 12th.

Pre-Entries will be online and accepted from mid-June through July 5th.

**LAST DAY TO SUBMIT PRE-ENTRIES IS JULY 5th.**

Fair Entries can **NOT** be added at fair, but can be deleted. Late entries are accepted within 72 hours after July 5 with a \$30 fee per participant.

All 4-H pre-entries will be due **Wednesday, July 5** using the online system we've used in the past. All families will be mailed a letter with pre-entry reminders, and the link for the online entries along with the official fair rule book that will be mailed out the week of June 12th.

### **Fair Superintendents**

Will meet at the fairgrounds on July 27 at 7:00 p.m.

### **Help Us Improve the Fair**

What can we do to improve the Cowley County Fair? This is the procedure you should follow:

1. Fair suggestions must be submitted to the attention of the 4-H PDC in writing. Electronic versions (email/ fax) will also be accepted. Verbal recommendations will not be considered.
2. Your suggestions must be signed and dated. Suggestions will not be considered without a dated signature.
3. All suggestions are due by September 8, 2023 at 5:00 p.m. Suggestions will not be considered after the deadline.
4. Suggestions should be turned in or mailed to: Cowley County Extension Office, 311 E 9th, PO Box 538, Winfield KS 67156. The 4-H Program Development Committee reviews all department evaluations and acts on written recommendations which are then made to the Fair Board. Verbal recommendations CANNOT be considered.

**Fair Camping:** The Cowley County Fair Board requests that 4-H families who camp during the fair camp in the campground area (west of the barns) at the fairgrounds, not the Pecan Grove. This better insures the safety of our participants, eliminating the need to cross 14th Avenue. The fairboard will not provide security or trash pick up to the Pecan Grove. A complete listing of camping rules can be found at [www.cowleycountyfair.com](http://www.cowleycountyfair.com). UTV's may only be driven by licensed drivers, have working lights and must be fully insured.

### **Favorite Foods Contest & Decorated Foods**

**Judging** July 25, 2023 11 a.m. - 1 p.m. Brown Center @ Cowley College, Arkansas City. In an effort to protect and preserve decorated food entries, judging for 4-H decorated foods will again be at Cowley College's Brown Center. This will also be an opportunity for youth to enter exhibits for the Favorite Foods Contest. Learn more about this contest on the Cowley website. This is the same day as 4-H Clothing and Fashion Revue judging. (this date is optional, you may choose to show at the fair.)





## FAIR - 4-H Foodstand

The money raised in the Food Stand is used to support our 4-H programs through scholarships to state 4-H events, transportation to Discovery Days, volunteer development awards and recognition at Achievement Night, officer training and much more. Here is the schedule of workers for the Food Stand at the Cowley County Fair. An additional Thursday evening shift has been added. 4-H alumni generously give of their time to help raise money for 4-H during this shift. However, current 4-H families are welcome and encouraged to work during this time.

Please assign at least 5 adults to each shift. They are needed to run the cash register, operate the grill and appliances, and help with food preparation.

Each club is **REQUIRED** to have a shift manager. The shift manager must be a responsible adult or teen. Shift managers should recruit workers, view the shift manager orientation video and turn a list of volunteers in to the Extension Office by Thursday, July 27th.

### 2023 4-H Foodstand Schedule

#### **Friday, Aug 4**

7:30 - 12:45 Tisdale

12:30 - 5:45 Dexter-Otto

5:30- 11:00 Sunrise

#### **Saturday, Aug 5**

7:30 - 12:45 Burden

12:30 - 5:45 Martha Washington

5:30 - 11:00 Walnut Valley

#### **Sunday, Aug 6**

11:00 -5:45 Floral

5:30-11 p.m. Cameron

#### **Monday, August 7**

8:00 - 1:00 Udall

12:45 - 5:45 Shooting Sports

5:30 - 11:00 Muddy Creek & Country View

## FAIR - 4-H - Barn 4

### 2023 Barn 4 Supervisor Schedule

Supervisors are vital to the success of our county fair. It is how we keep our exhibit areas looking nice and provide assistance to our many patrons. Clubs are assigned times to have a committee of at least one adult (1) and two youth present (2) in Barn 4 display area.

Clubs must turn in names by Thursday, July 27th.

#### **Friday, Aug 4**

6:00-7:30 Country View

7:30-9:00 Walnut Valley

9:00-10:45 Muddy Creek

#### **Saturday, Aug 5**

6:00-7:30 Udall

7:30-9:00 Shooting Sports

9:00-10:45 Tisdale

#### **Sunday, Aug 6**

6:00-7:30 Dexter-Otto

7:30-9:00 Martha Washington

9:00-10:45 Sunrise

#### **Monday, August 7**

6:00-7:30 Burden

7:30-9:00 Floral

9:00-10:45 Cameron

## Round Robin Updates - Cowley County Fair

### GRAND CHAMPION SHOWMAN/ROUND ROBIN CONTEST

Superintendents: Tina Bailey and Carol Mackey

1. The Champion and Reserve Champion Showman from the SENIOR divisions in Beef Cattle, Dairy Cattle, Horse, Sheep, Meat Goats, Dairy Goats and Swine are eligible to compete for Grand Champion Livestock Showman and Reserve Grand Champion Livestock Showman. To be eligible for the Round Robin a participant must place 1<sup>st</sup>, 2<sup>nd</sup>, 3<sup>rd</sup>, or 4<sup>th</sup> in a Division. Each Senior Division is required to place a 4<sup>th</sup> Place Finisher.
2. Participants must show the same animal which qualified them for this event. Participants who qualify in multiple species will be allowed to choose which one of their Champion or Reserve Champion showman animals they want to show in the Round Robin. Example: If a showman won Champion Meat Goat Showman and Reserve Champion Beef Showman. They qualified in the first specie shown (Meat Goat) but they may choose to show their own beef calf in Round Robin and draw for a Meat Goat to walk in the Meat Goat round. Participants who have multiple species are not allowed to use their 3<sup>rd</sup> or 4<sup>th</sup> place species.
3. After an exhibitor is named Champion Senior Showman or Reserve Champion Senior Showman within a division (dairy cattle, dairy goats, beef, sheep, meat goats, horse or swine), they are deemed as the automatic qualifiers in that division. They may not qualify in any other species for Grand Champion Showman. Exhibitors may show in subsequent showmanship classes, but the automatic qualifiers will be based on the first species they qualify in. The remaining open spots in the Round Robin will be filled from eligible 3<sup>rd</sup> Place Showman at the conclusion of the last show of the fair. If there are still openings after all eligible 3<sup>rd</sup> Place finishers, then 4<sup>th</sup> place finishers will be inserted using the same procedure and preference order. The order used will be based on the Preference Order. The 2023 Preference Order for 3<sup>rd</sup> and 4<sup>th</sup> place showman will be Dairy Cattle, Swine, Sheep, Beef, Meat Goat, Horse, Dairy Goat. The Preference Order will rotate annually.
4. For species with limited Senior exhibitors: Should a Senior contestant elect not to participate in the Round Robin, it will be their responsibility to permit the use of their animal for the purpose of the Round Robin contest. In the event that there is not a contestant from each specie, every effort will be made by species' superintendents to locate animals for use by the exhibitors in the Round Robin.
5. Participants will draw for the animal they will show in each species except as noted in Rule 2 above and for 3<sup>rd</sup> or 4<sup>th</sup> Place Qualifiers based on Rule 3. 3<sup>rd</sup> and 4<sup>th</sup> place species qualifiers from Rule 3 will be allowed to use their animal from the species shown when they qualified for Round Robin competition.
6. Previous winners of the Grand Champion Showman award at the fair are eligible to compete.

## 4-H Junior Rodeo - Cowley County Fair

July 29, 2023

Check in 4:00 PM

Rodeo begins 5:00 PM

Burden Rodeo Arena

Age Groups as of (January 1 2023)

7 to 9 years - Junior

10 to 13 - Intermediate

14 to 18 - Senior

### Event Registration:

\*Rodeo will BEGIN at 5:00 PM. Be ready to start the events by this time!

Please arrive early enough to complete check-in/confirming entries. Please have this completed 30 minutes prior to the start time listed above.

\*Pre- Entry is required with normal fair pre-entries.

### General Rules:

\*NOT RESPONSIBLE FOR ACCIDENTS\*

Rodeo is limited to Cowley County 4-Hers only

1. 4-Hers must pre-enter at the Extension Office by July 5, 2023
2. All participants must wear their contestant's number to enter the arena. Contestants must check in with Rodeo Secretary upon arrival.
3. A 2023 **Horse ID will be required** of each horse participating in the Rodeo. Horse ID's will be checked prior to the start of the Rodeo. Any horse that doesn't have an ID will not be allowed to participate.
4. No contestant will be awarded a prize until official entry blank has been approved and double-checked.
5. Good conduct and sportsmanship will be expected of all contestants, parents/guardians, and spectators. Failure to comply with the Rules and Regulations will be cause for immediate disqualification.
6. Dress Code: Long sleeve collared shirt, long pants, boots, western hat (optional) – Absolutely NO caps.
7. All horseback participants should participate in the grand entrance.  
**DRESS CODE WILL BE STRICTLY ENFORCED**
8. No running of horses outside of arena
9. No double riding allowed, No leading by another rider, no saddle restraints or seatbelts, unless proven to be medically necessary.
10. Participants must be ready at the gate when their name is called. Their name will be called 3 times- if they are not at the gate then they will not be allowed to compete and will receive no points in that event.
11. Volunteers/ assistance throughout the events are welcome. If you are interested in being responsible for setting up the event, running the gate during the event, etc. Please let the event coordinator know you are interested in helping.
12. We intend for these rodeos to be fun learning experiences for the youth. Please be respectful of the youth and their families in your actions. Please also keep the grounds clean.
13. All Timed events will be flagged and not ran by a timer.

## 4-H Junior Rodeo con't.

### Events

- 1 Dummy Roping, Senior 14-18
- 2 Dummy Roping, Intermediate 10-13
- 3 Dummy Roping, Junior 7-9
- 4 Barrel Racing, Senior 14-18
- 5 Barrel Racing, Intermediate 10-13
- 6 Barrel Racing, Junior 7-9
- 7 Flag Race, Senior 14-18
- 8 Flag Race, Intermediate 10-13
- 9 Flag Race, Junior 7-9
- 10 Pole Bending, Senior 14-18
- 11 Pole Bending, Intermediate 10-13
- 12 Pole Bending, Junior 7-9
- 13 Goat Tying, Senior 14-18 girls
- 14 Goat Tying, Senior 14-18 boys
- 15 Goat Tying, Intermediate 10-13 girls
- 16 Goat Tying, Intermediate 10-13 boys
- 13 Goat Tying, Junior 7-9 girls
- 14 Goat Tying, Junior 7-9 boys
- 15 Dummy sled breakaway roping, Senior 14-18
- 16 Dummy sled breakaway roping, Intermediate 10-13
- 17 Dummy sled breakaway roping, Junior 7-9
- (Live cattle roping events pending cattle availability)
- 18 Breakaway Roping, Senior 14-18
- 19 Breakaway Roping, Intermediate 10-13
- 20 Junior Breakaway Roping, Junior 7-9
- 21 Steer Breakaway Roping, Senior 14-18
- 22 Steer Breakaway Roping, Intermediate 10-13
- 23 Steer Breakaway Roping, Junior 7-9

## Breeding Bulls Division - Cowley County Fair

### Cowley County Fair Division-Breeding Bulls

1. Bulls must arrive the day of the show (Friday, August 4, 2023) and will be released directly following the show.
2. Upon arrival, there will be a beef superintendent and a fair board member present for unloading. It will be at their discretion to determine that the animal is safe to continue stalling and show.
3. Bulls will be allowed to stall at the participant's designated area.
4. Bulls may only be shown in the bull division
5. Bulls over 24 months of age will be ineligible to show
6. All bulls 12 months or older must have nose control or nose clip.
7. Bulls are to only be allowed to stall in the East and West outside portions of the beef barn, and are at no time allowed in the middle, inside portion of the beef barn.
8. There must be an adult present with the participant at all times that the bull is not stalled, with the exception of entering the show ring, and exiting the show ring. An adult will escort from stalling to the show arena and again back to stalling.

## **Cowley County Fair King & Queen**

The Cowley County Fair King & Queen Contest is designed to bring to the attention of the general public the outstanding youth of our county, to promote youth development organizations involved with the fair and to promote the Cowley County Fair. Entry Deadline - July 1, 2023. All applications will be reviewed by the judging committee prior to the Cowley County Fair. Late applications will not be accepted.

### **RULES:**

1. Each Cowley County Fair Group, FFA Chapter or 4-H Club may nominate King and Queen candidates from their eligible membership.
2. All contestants must be nominees of one Cowley County organization named above.
3. All contestants must be exhibitors in the Cowley County Fair in the year nominated.
4. All contestants must be between 14 and 18 years of age before January 1 of the current year.
5. Contestants who have previously served as King or Queen will not be considered.
6. Contestants who have not served as King or Queen may re-enter the contest.
7. Final selection of King and Queen will be made by a combination of judges' scores and balloting by Cowley County Fair board members.
8. Candidates may not bring additional items, such as scrap books, photo albums, etc. into the interviews. Judges' selections will be based solely on the written application and personal interview.
9. All nominees must complete the King and Queen Entry Form and return to Cowley County Extension, 311 E 9th St. (P.O. Box 538), Winfield, 67156 by 5:00 p.m. on or before July 1.
10. Interviews will be the week of July 11th-17th.
11. Winners will be announced on July 19 and notified via (phone/email/mail).

**INTERVIEWS:** Face to face interviews will be conducted by three or more judges selected by the Cowley Fair Board King and Queen Committee. Date and location of the interview TBD. Face to face is defined as physically in the room with the judges. No additional materials may be brought to the interviews.

**SCORING:** Scoring will be done as follows:

1. Cowley County Fair Activities 30%
2. Club or Chapter Activities 15%
3. School, Church, Community Activities 10%
4. Poise and Personality 20%
5. Personal Appearance 10%

### **RESPONSIBILITY OF COWLEY FAIR QUEEN AND KING COURT:**

1. Attend all Cowley County Fair shows and sales during the current fair. May be excused to attend functions to represent Cowley with approval of Cowley Fair King and Queen Committee or committee advisors.
2. Must be available to present awards to all Cowley Fair Shows, responsibilities being divided if one or the other is showing.
3. A schedule of time and places where attendance is required will be provided by the Cowley Fair King and Queen Committee. The King and Queen will be responsible for assigning all court members to Cowley County Fair shows and events. Court members will meet immediately following the coronation to review responsibilities.
4. The King and Queen shall represent Cowley County Fair.

Click [HERE](#) for an application.

## Kansas State Fair

### **What Can I Exhibit at the Kansas State Fair??**

If your 4-H Age is 9 and older, you are eligible to enter a purple-ribbon exhibit from the Cowley County Fair for judging at the Kansas State Fair in the 4-H Division: photos, food items, gift baskets, educational displays, some notebooks, entomology educational display, entomology collection, clothing construction, horticulture, field crops, floriculture, fiber arts, rabbits, energy management, robotics, rocketry, astronomy, geology collection, geology educational display, woodworking, Shooting Sports educational display, wildlife educational display, poultry, demonstration/illustrated talk and forestry notebook.

Two Senior Division Champions may be selected in Fashion Revue Buymanship and Constructed categories to compete at the Kansas State Fair.

Judges will choose six Visual Arts exhibits to be displayed at the Kansas State Fair.

**It is the member's responsibility to complete pre-entry by August 11** in order to exhibit at the Kansas State Fair. Pre-entries may be made in the 4-H office at the Cowley County Fair, at checkout Tuesday morning in Barn 4, or in the Extension Office following the fair.

**No phone entries will be accepted.**

### **Ribbon Premium/ Gate Passes**

As in the past, in lieu of receiving ribbon premium, each 4-Her with KSF exhibits will receive 2 gate passes.

### **Kansas State Fair Volunteers**

The highlight of the Kansas 4-H program is the Kansas State Fair. This year's State Fair is September 8th-17th. It takes many volunteers to make the State Fair a success. We are currently looking for volunteers to help. If you are interested in assisting at the State Fair, please email Sarah by Wednesday, Aug. 9th. Gate tickets are provided for the days that you volunteer. Job descriptions and details of the opportunities available can be obtained at the Extension Office.

### **Contests, Events and Activities at the Kansas State Fair**

Did you know that the state fair has so much more for 4-H members to participate in beyond sending an exhibit? Here are a few contests 4-H'ers who are 9 and older can participate in:

Demonstration/Illustrated Talk Contest (must have received a Top Blue at County 4-H Day)

Rabbit Judging

Crops Identification Contest

Photography Judging Contest

Poultry Judging

Contest Family & Consumer Sciences Judging (must qualify for a team)

The Kansas State Fair 4-H Department is always looking for youth and adult volunteers to assist with check-in, judging and check-out of 4-H exhibits. This is a great opportunity to meet others from across the state who share a similar interest, learn more about a project area, or just add to your leadership skills!

To get involved in a contest, or to volunteer at the State Fair, registration is as simple as entering a State Fair exhibit by August 11th in the Extension Office or in the 4-H Fair trailer at the Cowley County Fair.

## Shooting Sports

Check out the club tiktok video announcements on Facebook or tiktok pages.  
#CowleySS, #PROVENIT

**Club Meeting** - Sunday, June 4th @ 5:30 at the Tisdale Gymnasium

**Fair Booth Set Up** - Wednesday, Aug. 2nd - 6:30 p.m. Southend of the Grandstands

**Shotgun Discipline** - Last Practice of Season  
Sunday, May 21st at 2:00 p.m. at the Meadow.

*Watch emails for practice to begin after July 4th*

**Muzzle/Small Bore** - Alternate Tuesdays - June 13th-Oct. 3rd- Times TBA through emails

**2023 Wildlife Habitat Education Program** - State Contest Day, Friday, May 5th - Congratulations to Kyle Bannon for placing 1st Place Senior Individual in the state of Kansas and Ariyel Smithson for placing 1st Place Junior Individual in the state of Kansas!! Way to go Cowley!

**SAVE THE DATE** - 9.23.23 - Hunting Skills State Field Day, look for more information in July FLASH.

**2023 Cowley Archery State Qualifiers** - Cowley County 4-H Shooting Sports Regional Qualifier was held on Saturday, May 13th.

Congratulations to Cowley Members qualifying to attend the state archery event on September 30, 2023.  
Juniors - Price Kindt, Anna Wolfe, Tryston Smysor, Trace Thomson, and Kaden Webster  
Seniors - McKenzie Deal, Andrew Hoover, Sophia Mill, Cody Deal, Titus Mill, Madilyn Webster and Adah Wolfe.

**Air Discipline Practice** - Closed for Season

Sunday, Nov. 5th @ 2:00 p.m. BB, 4:00 pm Air Rifle, 5:30 Air Pistol  
at the Winfield Fairgrounds.

**Archery Practice**

State qualifiers - watch emails for summer practice schedule.  
Beginning of fall season, Thursday, Oct.12th.

**Austin Waite**

**Cowley County 4-H Shooting Sports Coordinator**

620-222-1982

P.O. Box 422  
Winfield, KS 67156

[www.4hshootingssportscowleyks.com](http://www.4hshootingssportscowleyks.com)

<https://www.facebook.com/cowleycounty4hshootingssports>



## New! 2023 Livestock Production Essay

**Who can participate:** 4-H Members exhibiting livestock at the 2023 Cowley County Fair AND submitting a 4-H Project Report.

Participants exhibiting these species will be eligible:

- \* Beef
- \* Bucket Calf
- \* Dairy Cattle
- \* Swine
- \* Sheep
- \* Meat Goat
- \* Dairy Goat
- \* Meat Rabbits
- \* Production Poultry



**Due**  
**September 22, 2023**  
 Both 4-H Project Report and Essay

Potential topics to build on:

- \* **Production-** Breeding animals, what are your future goals? What specific details do you need to consider if you plan to keep this animal and breed them?
- \* **Finances-** pasture stocking rate, available pasture/rental rates, price to feed, maintain, breed, house this animal?
- \* **Marketing-** Marketing to sell this animal or their progeny for a return on investment.
  - Break down your plan
- \* **Industry Expectations-** interview Bankers, FSA Loan Officers, Extension Agents, Local Farm/Ranchers, study and cite University publications.
- \* **Goal Setting-** does your animal have products to sell? (milk/eggs/offspring) What does your business plan look like for that and how are you going to make that work and grow to be a profitable business owner?

-Do you have a market animal? How are you feeding that animal to be the most profitable on the rail? Are you marketing that animal before the fair to get the best price? Do you know how much meat that animal provided after the fair? What is your goal as you feed this animal and how did you do? Hanging weight, back fat, pounds of product.

If you need help with this project, please schedule an appointment with Sarah to help you explore ideas.

The intent of this essay is to dig deeper into the production side of the industry, learning from publications and professionals in our area. You will want to plan to have it proofed by multiple people.



Fair Resources

2023 Official Fair Rule Book - Paper books and entry instructions will be mailed the week of June 12th.

Consultative Judging of a 4-H Project Exhibit

KSRE Cowley County Fair webpage

Kansas State Fair 4-H Exhibitor Handbook

Kansas Clover Classroom

Dynamic Displays

Pollinators

Take A Hike!

Many more resources available on the Clover Classroom page.

4-H AMBASSADORS

PURPOSE:

WORK TOGETHER WITH A TEAM OF APPROXIMATELY 3-8 AMBASSADORS AND AN ADULT ADVISOR TO DEVELOP A PUBLIC INFORMATION PROGRAM FOR THE COWLEY COUNTY 4-H PROGRAM.

RESPONSIBILITIES:

PROMOTE 4-H TO ALL AUDIENCES
ORGANIZE 4-H PROMOTIONAL EVENTS AND ACTIVITIES
DEVELOP COMMUNICATION SKILLS

QUALIFICATIONS:

HIGH SCHOOL FRESHMAN TO AGE 18
ENTHUSIASM FOR 4-H
INTEREST IN PROMOTING THE 4-H PROGRAM

TIME REQUIRED:

1 OR 2 YEAR TERM
4-8 HOURS PER MONTH

THROUGH THIS EXPERIENCE, 4-H AMBASSADORS WILL HAVE OPPORTUNITIES TO LEARN, PRACTICE AND IMPROVE COMMUNICATION, MARKETING, EMPLOYABILITY AND JOB SKILLS.

APPLY NOW!

CLICK HERE!
to apply for
4-H
Ambassadors

## Misc.

**CLUB SHIRTS**

4-H Council has voted to pay all royalty fees for Get Branded until Sept 30, 2023.

If your club is thinking about getting shirts made, PLEASE use our local merchant. They are licensed and approved for all KSRE/4-H printing.

Apparel approval forms can be found on our website.

Get Branded is located at 915 Main St. Winfield, KS 67156  
ph. 620-402-6111

Friends of Extension Corner  
The Friends of Cowley County Extension are excited about the 2023 Fall for Extension Fundraiser. The dinner and auction is scheduled for Saturday, November 11th at Baden Square in Winfield. Raffle items will be will be announced soon!

Your club can win a pizza party! Contact Sarah to find out how!

## Cowley County 4-H Enrollment

✿ [4-H Online Enrollment Link](#)

✿ [Cowley County KSRE Website with 4-H Enrollment Information](#)

The 4-H year runs Oct. 1st. to Sept 30. **ALL YOUTH and ADULT VOLUNTEERS** participating in the 2022-2023 4-H year should enroll.

In order to be a regular member of Cowley County 4-H, the member must be 7 years old before January 1, 2023.

[Cloverbuds](#) is for children ages 5-6 before January 1, 2023.

[Project Selection Guide](#) (includes descriptions of all projects)

[Setting 4-H Project Goals](#)

[4-H Project Record Books](#)

[ZBooks](#) (online record keeping option)

Click [here](#) to sign up for a County Committee

### DID YOU KNOW??

The [Kansas Clover Classroom](#) is packed with helpful project information

## 4-H Scholarships

### Get Financial Help Attending Events

The Cowley County 4-H Development Fund is our local 4-H foundation created in 1995 to assist Cowley County 4-H'ers take part in educational events and activities. Funding is provided by gifts from supporters. Each year, the 4-H Development Fund awards college/trade school scholarships to high school seniors and college/trade school freshmen. Beginning in 2015, the Development Fund introduced "Leadership Development Grants".

**Leadership Development Grants** are available by application to local 4-H members who are registered for a state or national leadership event such as Discovery Days, National 4-H Congress, Kansas Youth Leadership Forum, Citizenship Washington Focus and more. Applications are available from the Cowley County Extension Office, or online at [cowley.k-state.edu](http://cowley.k-state.edu). Applicants must submit an essay, write a thank you note to a Development Fund donor and present a program about their experience to a 4-H club or county-wide group following attendance at the event. For more information, contact Sarah at [slag11@ksu.edu](mailto:slag11@ksu.edu) or 620-221-5450.

[Challenge of Champions Scholarship Opportunity](#) information about the Challenge of Champions can be found on the Kansas State Fair [webpage](#).

Scholarship Applications found at [cowley.k-state.edu/4-Hyouthdevelopment/forms](http://cowley.k-state.edu/4-Hyouthdevelopment/forms):

[4-H Council Scholarship](#)

[Junior Leaders Scholarship](#)

[4-H Development Fund Scholarship](#)

[Robert Austin Memorial Horse Scholarship](#)

[Cowley County 4-H Development Fund Leadership Development Grant](#)

[Rock Springs 4-H Camp Scholarship](#)

## **Cowley County Extension Office**

Contact us:

[cl@listserv.ksu.edu](mailto:cl@listserv.ksu.edu) (620) 221-5450 or (620) 441-4565

Sarah LaGrone, 4-H Youth Development, [slag11@ksu.edu](mailto:slag11@ksu.edu)

Becky Reid, Family & Consumer Sciences, [bkreid@ksu.edu](mailto:bkreid@ksu.edu)

Cindy Stephens, Office Professional, [cstephens@ksu.edu](mailto:cstephens@ksu.edu)

Diane Mettling, Program & Media Coordinator, [dianem62@ksu.edu](mailto:dianem62@ksu.edu)

Harper Haynes, Summer Intern

Audrie Bailey, Fair Assistant

**K-STATE**  
Research and Extension



Office Hours  
Monday through Friday  
8-11:30 a.m.  
and  
12:30 - 5 p.m.

## **Cowley County Extension Council Executive Board**

The Cowley County Extension Council Executive Board meets monthly and conducts the business of the Extension Office. The Extension Council monthly meeting will be held on Tuesday, May 2, 2023 at 5:30 p.m. in the Assembly Room at the Cowley County Courthouse.

## **Friends of Extension**

As someone who contributes time, talent and/or treasure to the benefit of Cowley County Extension, you are invited to be part of the Friends of Cowley County Extension organization. The group will alternate between morning and evening meetings to plan fundraising and advocacy events to support K-State Research and Extension Cowley County.

## **4-H Development Fund**

Did you know? Tax deductible contributions can be made to the 4-H Development Fund (c/o PO Box 538, Winfield KS 67156) or to the Friends of Cowley County Extension Endowment (c/o Legacy Regional Community Foundation, 1216 Main Street, Winfield KS 67156)

## **Legal Stuff**

K-State Research and Extension is committed to providing equal opportunity for participation in all programs, services and activities. Program information may be available in languages other than English. Reasonable accommodations for persons with disabilities, including alternative means of communication (e.g., Braille, large print, audio tape, and American Sign Language) may be requested by contacting the event contact Sarah LaGrone two weeks prior to the start of the event at 620-221-5450. Requests received after this date will be honored when it is feasible to do so. Language access services, such as interpretation or translation of vital information, will be provided free of charge to limited English proficient individuals upon request. Kansas State University Agricultural Experiment Station and Cooperative Extension Service K-State Research and Extension is an equal opportunity provider and employer.