

THE 4-H FLASH NEWSLETTER

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March 2024

March is the time of year when things start to really pick up! We have finished Club Days and the 4-H year is quickly on its way! There are a ton of opportunities in the future so make sure to read your newsletters, mark your calendars and follow us on Facebook, so you do not miss any.

—Sarah



August 1-5, 2024

September 6-15, 2024



Contact us:

cl@listserv.ksu.edu (620) 221-5450 or (620) 441-4565
 Sarah LaGrone, 4-H Youth Development, slag11@ksu.edu
 Becky Reid, Family & Consumer Sciences, bkreid@ksu.edu
 Cindy Stephens, Office Professional, cstephens@ksu.edu



Sunday, March 10, 2024

K-STATE
 Research and Extension



Office Hours
 Monday through Friday
 8-11:30 a.m.
 and
 12:30 - 5 p.m.

Community Leaders

March Check-Up

- * Encourage 4-Hers to bring a non 4-H friend to your next meeting.
- * Ask your 4-H parents to encourage others to get involved.

Review

- * Read the 4-H Newsletter and mark important dates on the calendar.
- * Review highlights from the 4-H Newsletter at your club meeting.
- * Have you checked out the [4-H Club Corner?](#)

To-Do

- * Review 4-Hers enrollment and selected projects
- * Check in with project leaders to ensure they are on task and holding meetings.
- * Make sure 4-H Council report is given to the club
- * Check club mailbox at Extension Office

Promote/Recruit

- * YQCA for all 4-Hers in animal projects
- * Celebrate Ag (see below)
- * [4-H Media Team](#)
- * Sign-up for County Committees

Remember

- * Spring Beef Weigh-In - March 3
- * Small Specie Weigh In - April 28 & 30
- * Horse ID papers due May 1st
- * Dairy (Cattle & Goat) Lease papers due May 1st

CELEBRATE AG

We are looking for 4-Hers to participate at Celebrate Ag. 4-H will have a booth set up inside the beef barn. We encourage any 4-Hers to come and bring their animals or other 4-H projects and talk to the public about your project. If you cannot bring your animal or other project, you can set a project display up as well!

May 18, 2024 at the Beef Barn (Winfield Fairgrounds) 1-5 p.m.



DON'T MISS TAGGING DAY

.....
 MARKET BEEF, 2ND YEAR BUCKET CALVES AND COMMERCIAL HEIFERS TAG AND WEIGH IN

SUNDAY
 MARCH 3, 2024
 1:00 PM - 4:00PM
 WINFIELD LIVESTOCK AUCTION

You MUST be enrolled in 4-H prior to this date to tag cattle

4-H Council & Junior Leaders



March 18, 2024

7:00 p.m.

Meeting Location:
Assembly Room
@ the Extension Office

If you were selected to represent your club at 4-H Council and find you cannot attend, please let your leader(s) know in advance and find another member to serve in your place.

March 18, 2024

6:30 p.m.

Junior Leaders will meet before 4-H Council in the Assembly Room at the Extension Office.



If you are enrolled in an animal project, we highly suggest attending the in-person course! Youth for the Quality Care of Animals (YQCA) is a national, multi-species youth livestock quality assurance program that focuses on food safety, animal well-being, and character development, through age-appropriate educational curriculum for youth 8-21 years of age. This program is an annual certification that grows with a young person, so the learning modules are different every year. Curriculum materials were launched in October, and youth are welcome to begin completing the training at any time. **ALL exhibitors are required to be YQCA certified in order to participate in the 2024 Kansas State Fair Grand Drive and/or Kansas Junior Livestock Show (KJLS).** This includes youth who will be showing market animals and breeding females. The YQCA certification covers a variety of species, so youth only need to complete one certification session to fulfill the requirement. Youth who are age 7 may participate in an instructor-led course and a parent or guardian will need to attend the training with them. The parent/guardian will not officially register, as this is a youth-only program. The parent/guardian will attend to serve as a guide for their child during the training, and because of the level of involvement first-year parents have in projects to help their child have a positive experience.

Youth ages 8-21 may obtain their YQCA certification using one of the following methods:

Online Course - \$12/child - Test-Out Option – only 12 & 15 year olds eligible; online only; cost varies Families must pay for the online class through the site at the time of registration. It will require a credit card number or coupon code. Contact Sarah (slag11@ksu.edu) for a coupon code.

The in-person option fee will be sponsored by the House Foundation. This will be hosted in the Winfield Chamber of Commerce on March 21, 2024 at 5:30 pm. Contact Sarah (slag11@ksu.edu) for more information, and the required coupon code.

Click on this link to sign up today

<https://yqcaprogram.org/login/index.php>

Important Dates and Deadlines *underlined text is a link

March

- 3/1 KS 4-H Scholarship Application Deadline
- 3/2 KSU Junior Beef Producer Day
- 3/3 Beef Tagging / Weigh-In Day, 1-4pm
- 3/18 4-H Council Mtg- 7pm
- 3/ 18 Junior Leaders Mtg- 6:30pm
- 3/21 YQCA

April

- 4/13 Regional 4-H Day
- 4/21 Cowley Classic Beef Show
- 4/21-27 National Volunteer Week
- 4/27 Cowley Co. Sheep & Meat Goat Show
- 4/28 Small Livestock Tagging Day, 2-5pm
- 4/30 Small Livestock Tagging Day, 5:30-7:30pm

May

- 5/1 Enrollment Priority Deadline (must be enrolled by this date to receive a fair book)
- 5/1 Horse ID papers due
- 5/1 Dairy Cattle & Dairy Goat lease papers due
- KSF/KJLS Beef Nominations due
- 5/18 Celebrate Ag 1-5pm

June

- 6/7-9 Discovery Days
- KSF/KJLS Sheep, Swine & Goat nominations due
- 6/16-17 Insect Spectacular

July

- 7/3 ENROLLMENT DEADLINE to show at the Cowley Co. Fair (must have an approved enrollment status by 7/3)
- 7/3 ADD/DROP Projects deadline
- 7/15 KSF Livestock entries due

August

- 8/1 KJLS entries due
- 8/1-5 Cowley County Fair
- 8/9 Kansas State Fair non-livestock pre-entries due

[Cowley County Annual 4-H Calendar](#)

[Kansas 4-H Events & Activities Calendar](#)

4-H Day Results

Cowley County 4-H Day was held on February 10, 2024 at the Winfield Middle School, 130 Viking Blvd.

County 4-H Day is one of the first big events of the year. It's an opportunity for all 4-H members to share their speaking skills, knowledge, talents, and creativity before a larger audience. The event is also counted on achievement pin applications.

Any approved/enrolled 4-H member can participate in as many categories as they choose. There is no pre-requisite or qualifying competition required.

Vocal Solo:

Junior

Emerson Miller, Tisdale, Blue

Intermediate

Claire Heilig, Dexter-Otto, Blue

Senior

Adison Henderson, Burden, Top Blue

Piano Solo:

Junior

Jaylee McIntire, Dexter-Otto, Blue

Intermediate

Olivia Clapp, Dexter-Otto, Blue

Senior

Abigail Reid, Sunrise, Blue

Instrumental Solo:

Junior

Presley Pearman, Cameron, Blue

Intermediate

Matthew Henderson, Burden, Blue

Samantha Henderson, Burden, Blue

Dance:

Intermediate

Claire Heilig, Dexter-Otto, Blue

Demonstration/ Illustrated Talks

Junior

Max Champlin, Dexter-Otto, Top Blue

Ensley Groom Tisdale, Top Blue

Presley Pearman, Cameron, Blue

Clara Thompson, Udall, Top Blue

Intermediate

Jake Jelinek, Udall, Blue

Hadley Lackey, Udall, Blue

Lee Preston, Udall, Top Blue

Landry Robinson, Udall, Blue

Ali Thompson, Udall, Blue

Maddox Wilson, Udall, Blue

Asher Wolfe, Burden, Blue

Senior

Caydence Billiter, Walnut Valley, Blue

Brooke Haunschild, Tisdale, Blue

Kennedy Holcomb, Floral, Blue

Anthony Jelinek, Udall, Blue

Rachel Jirak, Udall, Blue

Brilee Pellegrini, Udall, Top Blue

Wyatt Thompson, Udall, Red

Anna Wolfe, Burden, Blue

Project Talks:

Junior

Taylor Ahlerich, Udall, Blue

Gentry Dick, Udall, Blue

Mark Dick, Udall, Blue

Kendal Higdon, Tisdale, Blue

Intermediate

Luke Ahlerich, Udall, Blue

Koy Holcomb, Floral, Blue

Ella Jelinek, Udall, Blue

Readings:

Junior

Kendyl Higdon, Tisdale, Blue

Intermediate

Olivia Brodbeck, Sunrise, Blue

Ella Jelinek, Udall, Blue

Senior

Isebella Brodbeck, Sunrise, Blue

Public Speaking:

Senior

Brooke Haunschild, Tisdale, Top Blue

Impromptu:

Adison Henderson, Burden, Blue

Andrew Preston, Udall, Top Blue

Model Meeting:

Walnut Valley, Top Blue

4-H Day Results cont'.

Gavel Games: (all from the Dexter-Otto 4-H Club)

Team 1: Intermediate; Ellie McFarland, Jill Voegele, June Walker, John Walker- Blue

Team 2: Intermediate; Noah Kahrs, Preslee Brown, Olivia Clapp, Oakley Kahrs - Purple

Team 3: Junior; Max Champlin, June McFarland, Reagan Kahrs, Gracie Walker - Purple

Skit, Creative Drama: (all from the Walnut Valley 4-H Club- Purple)

Kylie Rankin, Katie Rankin, Caydence Billiter, Anson Tovar, Morgan Clark, Morgan Lee, Nathaniel Smith, Bryce Valentine, Charlie Valentine, Chase Valentine

Show & Share Participants:

Ensley Groom
Oakley Groom
Harper Higdon
Landry Lackey
Kalem Miller
Seraine Miller

Pickle Power Participants:

William Abernathy
Olivia Clapp
Ensley Groom
Oakley Groom
Harper Higdon
Ella Jelinek

Emerson Miller
Kalem Miller
Seraine Miller
Presley Pearman
Clara Thompson
Briggs Vernia
BryseLynn Vernia
Parker Vernia

Favorite Family Foods:

Junior

Kendyl Higdon, Tisdale, Blue
Katherine Middleton, Udall, Purple
Matthew Middleton, Udall, Purple

Intermediate

Lee Preston, Udall, Blue
Mary Tyler, Walnut Valley, Top Blue

Family and Consumer Sciences Judging:

Seniors (age 14+), 10 participants

1. Adison Robinson
2. Anthony Jelinek
3. Wyatt Thompson
4. Brilee Pellegrini
5. Tie: Abigail Reid, Adah Wolfe, Anna Wolfe
Other participants: Isebella Brodbeck, Andrew Preston and Rachel Jirak.

Intermediates (ages 9-13) - 14 participants

1. tie Olivia Brodbeck, Ali Thompson, Kendyl Higdon, Lee Preston
2. tie - Olivia Clapp, Asher Wolfe
3. Matthew Middleton
4. Jake Jelinek
5. tie- Maddux Wilson, Luke Ahlerich, Gentry, Dick Katherine Middleton
Other participants: Ensley Groom Landry Robinson

Beginners: 2 participants + 1 Cloverbud

Mark Dick, Oakley Groom, Taylor Ahlerich

Reminder - youth who participate in at least 2 contests will be eligible for consideration for the Kansas State Fair judging teams. Watch for an online contest option in June and an in-person contest at Fashion Revue in July.

Project Changes



2023/2024 KANSAS 4-H PROJECTS

Beef
 Dairy Cattle
 Dairy Goats
 Dog
 Horse
 Meat Goats
 Pets
 Poultry
 Rabbits
 Sheep
 Swine
 Veterinary Science

Sewing & Textile Design
 Shopping in Style
 Family Studies
 Fiber Arts
 Foods & Nutrition
 Health & Wellness
 Interior Design & Architecture

Entomology
 Agronomy
 Forestry
 Horticulture & Landscape Design

Communications
 Performing Arts
 Photography
 Visual Arts

Environmental Science
 Geology
 Shooting Sports
 Wildlife

Ag Mechanics Welding
 Building Block Engineering
 Astronomy
 Computer Science
 Electric & Renewable Energy
 Robotics
 Aerospace/Rocketry
 Small Engines
 Uncrewed Aircraft Systems
 Woodworking

PREVIOUS PROJECT LISTING

Beef
 Dairy, Cattle
 Dairy, Goats
 Dog Care & Training
 Horse
 Meat Goats
 Pets (including Cats)
 Poultry
 Rabbits
 Sheep
 Swine
 Veterinary Science

Clothing & Textiles- Construction
 Clothing & Textiles- Buymanship
 Family Studies
 Fiber Arts
 Foods & Nutrition
 Health & Wellness
 Home Environment

Entomology
 Plant Science
 Plant Science- Field Crops
 Plant Science- Forestry
 Plant Science- Horticulture

Communications
 Performing Arts
 Photography
 Visual Arts

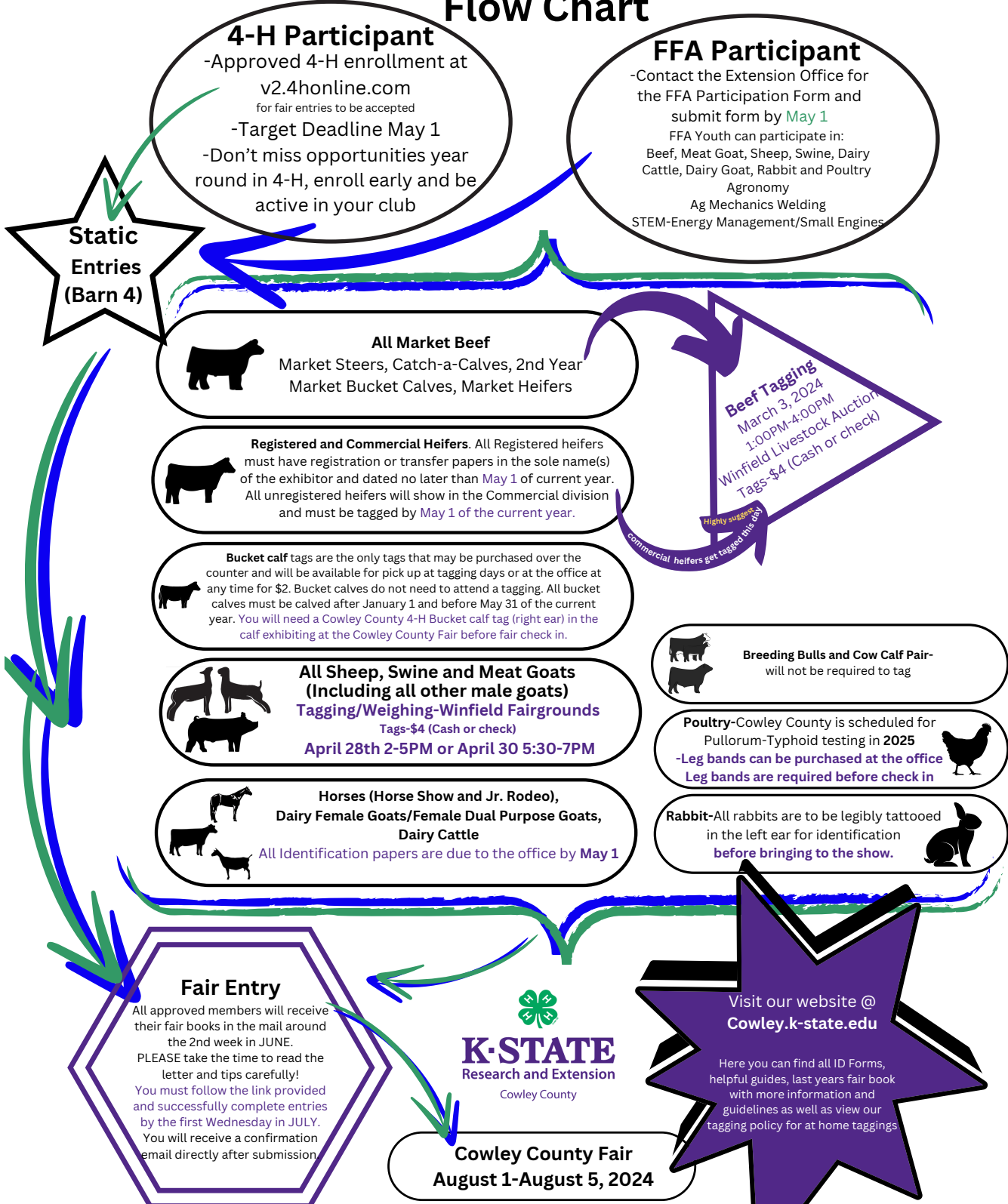
Environment Science
 Geology
 Shooting Sports
 Wildlife

STEM - Ag Mechanics
 STEM - Architectural Block Construction
 STEM - Astronomy
 STEM - Computer Science
 STEM - Energy Management
 STEM - Robotics
 STEM- Aerospace/Rocketry
 STEM - Small Engines
 STEM - UAS
 Woodworking

Citizenship (Civic Engagement)
 Leadership
 Reading
 Self-Determined



Cowley County Fair Youth Participation Flow Chart



Livestock Production Essay

Who can participate: 4-H Members exhibiting livestock at the 2024 Cowley County Fair AND submitting a 4-H Project Report.

Participants exhibiting these species will be eligible:

- * Beef
- * Bucket Calf
- * Dairy Cattle
- * Swine
- * Sheep
- * Meat Goat
- * Dairy Goat
- * Meat Rabbits
- * Production Poultry



Due
September 20, 2024
 Both 4-H Project Report and Essay

Potential topics to build on:

- * **Production-** Breeding animals, what are your future goals? What specific details do you need to consider if you plan to keep this animal and breed them?
- * **Finances-** pasture stocking rate, available pasture/rental rates, price to feed, maintain, breed, house this animal?
- * **Marketing-** Marketing to sell this animal or their progeny for a return on investment.
 - Break down your plan
- * **Industry Expectations-** interview Bankers, FSA Loan Officers, Extension Agents, Local Farm/Ranchers, study and cite University publications.
- * **Goal Setting-** does your animal have products to sell? (milk/eggs/offspring) What does your business plan look like for that and how are you going to make that work and grow to be a profitable business owner?

-Do you have a market animal? How are you feeding that animal to be the most profitable on the rail? Are you marketing that animal before the fair to get the best price? Do you know how much meat that animal provided after the fair? What is your goal as you feed this animal and how did you do? Hanging weight, back fat, pounds of product.

If you need help with this project, please schedule an appointment with Sarah to help you explore ideas

The intent of this essay is to dig deeper into the production side of the industry, learning from publications and professionals in our area. You will want to plan to have it proofed by multiple people.

Cowley County Beef Classic

39TH ANNUAL

COWLEY COUNTY CLASSIC BEEF SHOW

Sunday, April 21, 2024

Winfield Fairgrounds, Winfield, KS

10:00 AM-12:00 PM Check-In and Weigh

12:00 PM Weight cards due

1:00 PM Show begins

Bucket Calves

~1:30 PM- Breeding Heifers

Cowley County Heifers

Market Cattle

Cowley County Market Cattle

Showmanship

CASH AWARDS WILL BE GIVEN TO THE TOP FIVE MARKET AND TOP FIVE BREEDING ANIMALS

\$750, \$500, \$350, \$200, \$100

PLUS MORE FUN PRIZES YOU

WON'T WANT TO MISS!!

Winfield KANSAS



Beef Classic Entry Form

General Rules

Entry is open to any bonafide 4-H or FFA member. Exhibitors must be at least 7 years old and not have passed their 19th birthday before January 1, 2024.

The entry fee is \$30/head by April 17, 2024. After April 17, entry will be \$35/head. Entry fee may be mailed with official entry or presented at check-in. Pre-entries are preferred. **All pre-entered exhibitors will receive a show t-shirt. You are NOT required to show in your t-shirt**

Cash awards will be given to the top five Market and top five Breeding animals (\$750, \$500, \$300, \$200, \$100). Prizes will be awarded for Showmanship and Class winners.

There will be no limit on the number of entries per exhibitor.

Heifer and steer check in begins at 10:00 a.m. All entries must be checked in and weight cards are due by 12:00 p.m. on Sunday, April 21, 2024.

Exhibitors are responsible for turning in their weight cards by the 12:00PM deadline, show management will not be responsible for hunting weights/entries down.

No stalling, no bedding available. Must show off the trailer. Generators are encouraged. Exhibitors are to clean up their area before leaving the grounds.

A minimum of 3 head is required to show as a breed. There will be an AOB class if needed. The show management reserves the right to alter and/or combine classes.

Heifers must be accompanied by registration papers or a copy of transfer papers in the member's name. There will be a commercial heifer class for all unregistered heifers. Maximum heifer birth date shall be no sooner than January 1 of the previous year.

Market Steers will show by breed and weight. The Market Heifers will show by weight.

The showmanship contest is open to all exhibitors and will be conducted as follows: Senior (14 and over), Intermediate (10-13), Junior (7-9). Age is determined before January 1, 2024.

There will be a separate Market and separate Breeding class for Cowley County Exhibitors with no entry fee.

The Cowley County Classic will be a full-fit show.

Bucket calf division, exhibitor must be at least 7 years old and not have passed their 13th birthday before January 1 of the current year. Entries for bucket calf is \$10/head. Classes split by exhibitor age if needed. The show management reserves the right to alter and/or combine classes.

Show Management reserves the right to use photos taken at the show for advertisement and social media promotions

To learn more about overnight camping, hotels and restaurants in Winfield, KS please visit <https://visitwinfield.com>

Skills learned in 4-H last a lifetime:

A positive self concept An inquiring mind A concern for the community
Healthy interpersonal relationships Sound decision making

Please complete and return below form to: Cowley County Classic
c/o Cowley County Extension
P.O. Box 538
Winfield, KS 67156



****Exhibitors who pre-enter by April 17, 2024 will receive a t-shirt.**

Exhibitor Name _____ Age (before 1/1/2024) _____

County _____ Address _____

City/ST/Zip _____ Showmanship: SR ____ INT ____ JR ____

T-shirt size (indicate youth or adult size) _____

Each entry specify: breed, market steer, market heifer, breeding heifer or Bucket Calf

1. _____ 2. _____

3. _____ 4. _____

Cowley County Sheep & Meat Goat Show



Cowley County Sheep and Meat Goat Show

Saturday, April 27, 2024

Winfield Fairgrounds; Winfield, KS

Show located IN barn 6

Sponsored by the Cowley County Sheep and Meat Goat Show Committee

Schedule:

- 7:30-8:30 a.m. Sheep Check-In, Declare weights
- 9:00 a.m. Sheep Show
 - Breeding Ewes
 - Showmanship (Senior, Intermediate, Junior)
 - Prospect Market Lambs
 - Progress Market Lambs
 - Cowley County Sheep
- 9:30-10:30 a.m. Goat Check-In, declare weights
 - Goat Show (30 minutes after sheep show)
 - Breeding Does
 - Showmanship (Senior, Intermediate, Junior)
 - Prospect Market Goats
 - Progress Market Goats
 - Cowley County Goats

Sheep & Goat Show Entry Form

Cowley County Sheep and Meat Goat Show

General Rules

Entry is open to any bonafide 4-H or FFA member. Exhibitors must be at least 7 years old and not have passed their 19th birthday before January 1, 2024.

The entry fee is \$20/head and \$5 per exhibitor for showmanship by April 24, 2024. Entries received after April 24th are \$30/head. All pre-entered exhibitors will receive a show t-shirt. Entry fee is to defray expenses of the show. No refunds.

Judge's decision will be final. Show Management reserves the right to use photos taken at the show for advertisement and social media promotions

Animals shown in the market classes are not eligible to show in the breeding classes and vice versa.

Everyone must check in at the registration table prior to weighing. This includes in-county, out of county, breeding and market entries. Show management will not be responsible for hunting weights/entries down. Any animal will be subject to weigh backs. All classes will be split by weight. All wethers must be castrated/banded prior to coming to the show. No bucks/rams allow. No yearling ewes or yearling does.

Classes will be determined by weight and specified by committee. Classes will be determined at the conclusion of weigh-in.

No stalling, no bedding available. Must show off the trailer. Generators are encouraged. Exhibitors are to clean up their area before leaving the grounds. All lambs must have lamb teeth, all goats must have kid teeth. All sheep and goats must have scrapes tag.

Meat Goats

Prospect Meat Goats may weigh up to 75 lbs. Progress Meat Goats must weigh 76lbs and over

Market Goats will be shown clipped to 3/8" or less. All goats must be dehorned or tipped and rounded.

Goats must be shown with all four feet on the ground. Exhibitors may use a collar, a collar with a short lead or a halter when showing. Medium (3mm) or smaller pinch collars will be allowed.

Market Lambs

Prospect Market Lambs may weigh up to 105 lbs. Progress Market Lambs must weigh 106 lbs and over. Market lambs must be slick-shorn to one quarter inch, to the hock. Wool on the face and below the hock is allowed.

The showmanship contest is open to all exhibitors and will be conducted as follows: Senior (14 and over), Intermediate (10-13), Junior (7-9).

Age is determined before January 1, 2024. All animals shown in showmanship classes must be owned by the exhibitor. Each exhibitor must groom his/her own animal and may use only the assistance of an immediate family member (mother, father, legal guardian, brother, sister) or another 4-H/FFA member who is an exhibitor at the show.

NO MISTREATMENT OF ANIMALS WILL BE TOLERATED.

HEALTH REQUIREMENT: Animals that are ill, have soremouth, and/or "club lamb" fungus will not be allowed to show. Decision of veterinarian of show managements choice is final.

There will be a separate Market and separate Breeding class for Cowley County Exhibitors with no entry fee.

Please complete the form below and return to: Cowley County Sheep and Meat Goat Show
c/o Cowley County Extension
P.O. Box 538
Winfield, KS 67156

**Exhibitors who pre-enter by April 24, 2024 will receive a t-shirt.

Exhibitor Name _____ Age _____ T-shirt size _____
(before 1/1/2024)

County _____ Address _____

Sheep Showmanship (\$5) Age by 1/1/2023 _____SR _____INT _____JR

_____#Mkt. Lambs Prospect_____# Mkt. Lambs Progress _____#Breeding Ewes _____Total Sheep

Goat Showmanship (\$5) Age by 1/1/2024 _____SR _____INT _____JR

_____#Mkt. Goats Prospect_____#Mkt. Goats Progress _____#Breeding Does _____Total Goats

Total price: _____(#head x \$20 + \$5 showmanship)

Shooting Sports

Check out the new club tik tok video announcements on Facebook or tik tok pages. #CowleySS, #PROVENIT

Cowley County 4-H Shooting Sports Club will hold the club meeting, **Monday, March 25th at 7:00 pm** at the New Hope Fellowship Church, 19195 61st Rd. This will include the next Officer Workshops as our club programs. Watch emails for this month's great theme!



Our March practice schedule will be...

Air Discipline (BB, Air Pistol, Air Rifle) **1st Sunday, March 3rd** at 2:00 at the fairgrounds.

Archery practices, **Thursdays**, March 7th & 28th at 6:30 pm at the fairgrounds.

Shotgun practice, **3rd Sunday**, March 17th at 2:00 at the meadow - weather allowing.

Congratulations to Lanie Arnett, air rifle, Blair Hoff, BB, and Everett Green, Air Pistol for representing Cowley at the Sedgwick County Air Qualifier in February.

***Spring Flower orders due Thursday, March 7th with delivery on April 26th. Thank you for supporting our project through your flower orders!*

--Austin Waite

Cowley County 4-H Shooting Sports Coordinator

620-222-1982

P.O. Box 422

Winfield, KS 67156

www.4hshootingsportscowleyks.com

<https://www.facebook.com/cowleycounty4hshootingsports>

Misc.

National VOLUNTEER Week

April 21-27, 2024

It's a great time to recognize and show appreciation to your club leaders, project leaders, fair superintendents, and other 4-H volunteers.

Publications for the 4-H Horse Project



[KS 4-H Horse Show Rule Book \(S133\)](#)

[KS 4-H Horse ID Form \(P1039\)](#)

[KSF Horse Qualifying Affidavit \(P1110\)](#)

[Cowley County 4-H](#)

[K-State Research and Extension - Cowley County](#)

[Cowley County Classic Beef Show](#)

[Cowley County Sheep and Meat Goat Show](#)

[Cowley County Goat Project](#)

[Cowley County Sheep Project](#)

[Cowley County Swine Project](#)

[Cowley County Horse Project](#)

[Cowley County Dog Project](#)

[Cowley County Dairy Cattle](#)



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Standards of Participation for 4-H & FFA

by Pam VanHorn

The purpose of the standards outlined below are to assist in determining eligible participation in FFA and/or 4-H Youth Development learning experiences. Both 4-H and Agriculture Education/FFA promote teaching youth life skills. Each program exists to maximize the participants' knowledge of agriculture and its value to our communities while educating the young people to become productive citizens. Eligible youth may participate in both 4-H and FFA but should avoid duplication. The following standards of participation are used in delivering the 4-H and FFA programs in Kansas.

1. Agriculture Education teachers, FFA Advisors, Extension staff and local volunteers are encouraged to cooperate in sharing information and resources to provide educational opportunities for youth.
2. When young people are members of both 4-H and FFA, they must plan and manage separate projects, and/or supervised agriculture experiences (SAE) programs.
3. FFA and 4-H members may enroll in the same area of experience in 4-H and FFA, however; participants cannot identify, nominate, manage, keep records on, or exhibit the same plants, animals, etc. in both organizations. Members must designate exhibits as either FFA or 4-H at weigh-in, registration or similar deadline.
4. Members may participate in judging contests and related events in FFA and 4-H but cannot represent both organizations at a contest, show or event at the same time.
5. When 4-H and FFA are conducting collaborating activities, both the 4-H and FFA organizations must be represented through emblems and information on all signs, print materials and awards.
6. Collaborating FFA and 4-H activities or events are obligated to have supervision representation from both organizations.

The standards are in agreement with Kansas 4-H and FFA and hereby affirmed by members and professionals in order to participate in either educational program.



4-H Club Corner

Creative Roll Call Ideas

4-H Meeting Wheel Resource

A 4-H Project: More than a Fair Entry

4-H Club Meeting Agenda

The Puzzle: Putting a Meeting Together

Just click on the link to see helpful resources. The 4-H Club Corner has many more resources available on their webpage. [4-H Club Corner](#)

Kansas Clover Classroom

Plant Science: Pollinators

Health & Wellness Challenge: Take A Hike!

Foods & Nutrition: Quick Bread vs. Yeast Bread

Many more resources available on the [Clover Classroom page](#).

4-H AMBASSADORS

PURPOSE:

WORK TOGETHER WITH A TEAM OF APPROXIMATELY 3-8 AMBASSADORS AND AN ADULT ADVISOR TO DEVELOP A PUBLIC INFORMATION PROGRAM FOR THE COWLEY COUNTY 4-H PROGRAM.

RESPONSIBILITIES:

PROMOTE 4-H TO ALL AUDIENCES
ORGANIZE 4-H PROMOTIONAL EVENTS AND ACTIVITIES
DEVELOP COMMUNICATION SKILLS

QUALIFICATIONS:

HIGH SCHOOL FRESHMAN TO AGE 18
ENTHUSIASM FOR 4-H
INTEREST IN PROMOTING THE 4-H PROGRAM

TIME REQUIRED:

1 OR 2 YEAR TERM
4-8 HOURS PER MONTH

THROUGH THIS EXPERIENCE, 4-H AMBASSADORS WILL HAVE OPPORTUNITIES TO LEARN, PRACTICE AND IMPROVE COMMUNICATION, MARKETING, EMPLOYABILITY AND JOB SKILLS.

APPLY NOW!

CLICK HERE!
to apply for
4-H
Ambassadors

Opportunities to Support Cowley Co. KSRE & 4-H

Friends of Extension

As someone who contributes time, talent and/or treasure to the benefit of Cowley County Extension, you are invited to be part of the Friends of Cowley County Extension organization. The group will alternate between morning and evening meetings to plan fundraising and advocacy events to support K-State Research and Extension Cowley County.

*Did you know? Tax deductible contributions can be made to the 4-H Development Fund (c/o PO Box 538, Winfield KS 67156) or to the Friends of Cowley County Extension Endowment (c/o Legacy Regional Community Foundation, 1216 Main Street, Winfield KS 67156)

Buy Your Groceries and Support Cowley County 4-H



Cowley County 4-H has been accepted as a Dillons Community Rewards Member. 4-H supporters can enroll their Plus Shoppers Card into the program and Cowley County 4-H will get credit for every purchase its member makes using their registered Plus card. The more we shop with Dillons, the more opportunity Cowley County 4-H has to earn even bigger rewards. To enroll, go to the secure website <https://www.dillons.com/account/enrollCommunityRewardsNow>. The NPO number you will need to enroll is 72632.

Walk Kansas 2024

Walk Kansas

March 31- May 25, 2024. Teams of up to 6 people can motivate each other for physical activity. For each minute of activity, team members earn Walk Kansas miles to virtually explore Kansas using the WalkKansasonline.org website. There is also an option for individual participants to pick a "solo" trail. The \$10 registration fee covers costs of fun drawings and weekly materials. Registration opens March 4 at walkkansas.org.

Legal Stuff

K-State Research and Extension is committed to providing equal opportunity for participation in all programs, services and activities. Program information may be available in languages other than English. Reasonable accommodations for persons with disabilities, including alternative means of communication (e.g., Braille, large print, audio tape, and American Sign Language) may be requested by contacting the event contact Sarah LaGrone two weeks prior to the start of the event (insert deadline date) at 620-221-5450. Requests received after this date will be honored when it is feasible to do so. Language access services, such as interpretation or translation of vital information, will be provided free of charge to limited English proficient individuals upon request. Kansas State University Agricultural Experiment Station and Cooperative Extension Service K-State Research and Extension is an equal opportunity provider and employer.

Cowley County 4-H Enrollment

✿ [4-H Online Enrollment Link](#)

✿ [Cowley County KSRE Website with 4-H Enrollment Information](#)

The 4-H year runs Oct. 1st. to Sept 30th. **ALL YOUTH and ADULT VOLUNTEERS** participating in the 2023-2024 4-H year should enroll.

In order to be a regular member of Cowley County 4-H, the member must be 7 years old before January 1, 2024.

[Cloverbuds](#) is for children ages 5-6 before January 1, 2024.

[Project Selection Guide](#) (includes descriptions of all projects)

[Setting 4-H Project Goals](#)

[4-H Project Record Books](#)

[ZBooks](#) (online record keeping option)

Click [here](#) to sign up for a County Committee

DID YOU KNOW??

The [Kansas Clover Classroom](#) is packed with helpful project information

4-H Scholarships

Scholarship Opportunities

Please visit the Kansas 4-H Resource [page](#) for Scholarship Opportunities. Kansas 4-H Scholarship, Kansas 4-H Dog Scholarship, Kansas 4-H Geology Scholarship, and Vanier Scholarship!

Get Financial Help Attending Events

The Cowley County 4-H Development Fund is our local 4-H foundation created in 1995 to assist Cowley County 4-H'ers take part in educational events and activities. Funding is provided by gifts from supporters. Each year, the 4-H Development Fund awards college scholarships to high school seniors and college freshmen. Beginning in 2015, the Development Fund introduced "Leadership Development Grants". Leadership Development Grants are available by application to local 4-H members who are registered for a state or national leadership event such as Discovery Days, National 4-H Congress, Kansas Youth Leadership Forum, Citizenship Washington Focus and more. Applications are available from the Cowley County Extension Office. Applicants must submit an essay, write a thank you note to a Development Fund donor and present a program about their experience to a 4-H club or county-wide group following attendance at the event. For more information, contact Sarah at slag11@ksu.edu or 620-221-5450.

Cowley County Extension Council

The Cowley County Extension Council Executive Board meets monthly and conducts the business of the Extension Office. The Extension Council monthly meeting will be held on Thursday, March 7, 2024 at 5:30 p.m. in the Assembly Room at the Cowley County Courthouse.

Bill House Hereford Scholarship

The Bill House Hereford Scholarship is specifically for those pursuing a career in agriculture.

Another scholarship with the same name exists through the Legacy Foundation in Arkansas City. These are two different scholarship opportunities. This is NOT the Catch-A-Calf program.



communityfoundation
of SOUTHEAST KANSAS

Information about this scholarship and others offered by the Community Foundation of Southeast Kansas can be found at SoutheastKansas.org/scholarships23.

The basic application process:

1. Visit SoutheastKansas.org/scholarship-app. This will open our online scholarship portal on GrantInterface.com.
2. Register for a new account if you haven't already. Otherwise, sign in. You will only create a new account once.
3. Click the "Apply" button in the top-right corner to begin your application. You will complete and submit a general application.
4. Based on the information you provide in the general application; you will receive a confirmation message identifying which specific scholarships you are eligible for. It will also ask you any supplemental questions required by those scholarships.
5. Complete the specific scholarship requirements.
6. Submit your scholarship applications **by March 31, 2024, at 11:59 p.m. CDT.**

<https://southeastkansas.org/news/blog/kansas-scholarship-tips/>

For more information, please contact:

Sherrí Stephens

Program Coordinator

Work hours: M-TH, 10-3:30

Community Foundation of Southeast Kansas

100 S. Broadway, Ste. 100

P.O. Box 1448

Pittsburg, KS 66762

620.231.8897

<http://www.southeastkansas.org>