# THE 4-H PASH NEWSLETTER

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## **May 2024**

May is HERE!! This year is flying by and Fair will be here before we know it! What are you doing to prepare your projects to exhibit at the Cowley County Fair? Are you practicing your foods project perfecting your skills and recipe? Or maybe you are spending some extra time with your animals to help get them calmed down? You also could be evaluating your animals rate of gain to make sure you will make weight by the fair. Whatever you are doing to further your 2024 goals, KEEP IT UP and KEEP WORKING HARD!

Be sure to follow on Facebook and in the 4-H Flash Newsletter so you do not miss all the opportunities that will be available to help you reach your goals.

–Sarah LaGrone



## August 1-5, 2024

#### Contact us:

cl@listserv.ksu.edu (620) 221-5450 or (620) 441-4565 Sarah LaGrone, 4-H Youth Development, slag11@ksu.edu Becky Reid, Family & Consumer Sciences, bkreid@ksu.edu Cindy Stephens, Office Professional, cstephens@ksu.edu

## **Community Leaders**

#### **May Check-Up**

- Are you running a new roster (in 4honline) for each club meeting's roll call? Is everyone enrolled??
- \* Are you reviewing project lists, to be sure 4-Hers are enrolled in the project they intend to participate in at the Fair?

#### **Review**

- Read the 4-H Newsletter and mark important dates on the calendar. (Have you noticed all the links provided?)
- Review highlights from the 4-H Newsletter at your club meeting.
- \* Have you checked out the 4-H Club Corner?

#### To-Do

- \* Check in with project leaders to ensure they are on task and holding meetings.
- \* Make sure 4-H Council report is given to the club
- \* Check club mailbox at Extension Office

#### Promote/Recruit

- \* Livestock Biosecurity Workshop (page 5)
- \* Celebrate Ag (page 6)
- \* 4-H Media Team
- \* Sign-up for County Committees

#### Remember

- \* Horse ID papers due May 1st
- Dairy (<u>Cattle</u> & <u>Goat</u>) Lease papers due May 1st
- Club t-shirts REQUIRE approval, the form to do so is on our <u>website</u> under 4-H Youth Development, forms, Cowley County 4-H Apparel Approval Form

## Important Dates and Deadlines \*underlined text is a link

#### May

- 5/1 TARGET DEADLINE to be enrolled in 4-H (to receive a paper fair book)
- 5/1 Horse ID papers due
- 5/1 <u>Dairy Cattle</u> & <u>Dairy Goat</u> lease papers due
- 5/1 KSF/KJLS Beef Nominations due
- 5/9 Livestock BioSecurity Management workshop
- 5/18 Celebrate Ag
- 5/20 4-H Council & Junior Leaders Mtgs

#### June

- 6/5-7 Discovery Days
- 6/14-16 Geology Field Trip
- 6/15 KSF/KJLS Sheep, Swine & Goat Nominations Due
- 6/21 & 22 Insect Spectacular
- Starting in June, <u>Rock Spring Camp</u> (scholarships available)

#### July

- 7/3 ENROLLMENT ENTRY DEADLINE to show at the Cowley Co. Fair (must have an approved enrollment status by 7/3)
- 7/3 ADD/DROP Projects deadline
- 7/15 KSF Livestock Entries Due

#### <u>August</u>

- 8/1 KJLS entries due
- 8/1-5 Cowley County Fair
- 8/12 Wheat Expo
- 8/16 Kansas State Fair non-livestock preentries due
- 8/10 4-H Horticulture Judging Contest

## <u>September</u>

■ 9/6-15 Kansas State Fair

Cowley County Annual 4-H Calendar

Kansas 4-H Events & Activities Calendar





Graduating 4-H Youth, please complete this form and submit to the Extension Office by April 12<sup>th</sup> to receive Honorary 4-H Graduation Cords.

You will need to check with your school district policy for clearance to wear them during your graduation. These cords are provided by the Cowley County 4-H Council.

Name:	
Address:	There's still time to submit and pick up your
Phone:	cords from the Extension Office!
How many years in 4-H:	
Highest 4-H Pin Achieved:	
School graduating from:	<del></del>
Graduation Day:	
How has 4-H impacted your life?	
	<u>-</u>

## **4-H Council & Junior Leaders**

# May 20, 2024 - 7:00 p.m. Meeting Location:

Assembly Room, Courthouse DONUTS!!!



If you were selected to represent your club at 4-H Council and find you cannot attend, please let your leader(s) know in advance and find another member to serve in your place.

#### May 20, 2024

Junior Leaders will meet immediately after the 4-H Council meeting, in the Assembly Room at the courthouse.

## **Upcoming Events**

As the homeless and poverty numbers continue to rise, please join me in making a difference in our communities. Hygiene is a basic necessity that most take for granted, but unfortunately it is not available for all.

I would like to collect as many of the following items to assemble hygiene packages, to be distributed throughout all 4-H club communities. Ex: blessing boxes, food pantries, churches, etc, at each club's discretion.

Items Needed: (Travel Size)

Shampoo, bar soap, comb, toothbrush, toothpaste, chap stick, socks, roll on deodorant, sunscreen, cleaning wipes, first aid and burn cream, feminine products, water bottles

If you want to join me, I will be collecting all club and personal donations on Tuesday

June 11th at 5:30pm at the 4-H food stand and working to assemble them for

distribution.

I would love to come talk to your club about this project. If interested my contact info is below.

Matik Tatum Burden 4-H Member (620) 438-7906

# **LIVESTOCK BIOSECURITY MANAGEMENT WORKSHOP**

MAY 9, 2024 6:00 P.M. **EXTENSION OFFICE ASSEMBLY ROOM** 311 E 9TH. AVE. WINFIELD, 67156

Come learn about biosecurity management at home and at the show. Topics will include an overview of diseases and how to contain or prevent outbreaks

Guest Speaker: Dr. Chase Reed, **Beef Technical Services Veterinarian** 





**SIGN UP TODAY** 





Kansas State University is committed to making its services, activities and programs accessible to all participants. If you have special requirements due to a physical, vision, rearing disability, contact Sarah LaGrone, 620-221-6450.

County

Kansas State University Agricultural Experiment Station and Cooperative Extension Service

K-State Research and Extension is an equal opportunity provider







JOIN US AS WE

# CELEBRATE AG

May 18, 2024 1 - 5 PM

Open to the Public!

Demonstrations - Vendors Games - Animals



LOCATION

## **DEMONSTRATIONS**

- Cow Milking
- Drones in Ag
- Rainfall Simulator
- Creekstone Meat Cuts
- Hoof Trimming and Shoeing

## Winfield Fairgrounds:

Winfield, KS 67156



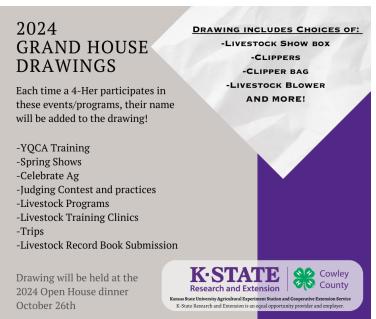
## Brought to you by:

Cowley County Conservation District
K-State Research and Extension
Cowley County Farm Bureau

We will be taking time to create a community service "Spotlight on Service" exhibit for the Cowley County Fair beginning with a committee report from each club's council representative at the **May council meeting** about their club's past service projects. This may be for the 2023-24 year or a previous year....pictures of events/club reports may be sent to Sarah (slag11@ksu.edu).

Together ~ we make a difference for our clubs, our community, our county and our world!







**September 6-15, 2024** 

2024 Kansas State Fair 4-H Exhibitor Handbook

Cowley County 4-H

K-State Research and Extension - Cowley County

Cowley County Classic Beef Show

Cowley County Sheep and Meat Goat Show

Cowley County Goat Project

Cowley County Sheep Project

Cowley County Swine Project

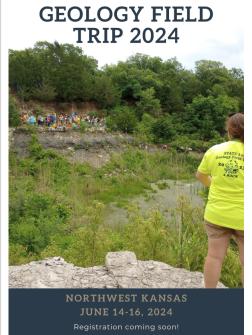
Cowley County Horse Project

Cowley County Dog Project

Cowley County 4-H Sweepstakes Team

Cowley County Dairy Cattle





Open to 4-H Geology project members and their families - everyone in attendance (ages 0-120) are asked to register for the event. WHEN: June 14th-16th

WHERE: The headquarters for the 2024 4-H Geology State Field Trip is the Trego Community High School, 527 Russell Avenue, WaKeeney, KS

WHAT: A variety of workshops and activities are planned for Friday and Saturday evenings. A variety of stops are planned on the Field Trip Saturday and Sunday. Project members are encouraged to participate in judging and quiz bowl. A catered supper will be provided Saturday evening for \$15.00 per person and we will have a variety of educational publications for sale through the Kansas Geological Survey.

REGISTRATION DEADLINE:May 24th - You must register all those who plan to attend including siblings ages 0-18 and all adults 19 and up - One registration per person NO LATE REGISTRATIONS and NO registrations at the door.

More <u>information</u> and to register <u>here</u>.



**Shutterbug events** are one of the best events you can attend to learn new photography techniques, all about camera settings, and try out photography judging! These workshops are organized and facilitated across the state by members (and seasoned photographers) of the State 4-H Photography Action Team. Participants can rotate through workshops in the morning, when lighting is still good and the event usually runs until 12:00. They concentrate on a variety of aspects of composition - typically what judges look for in a good photo. Other fun and different techniques are taught that may surprise you! More information **HERE**.





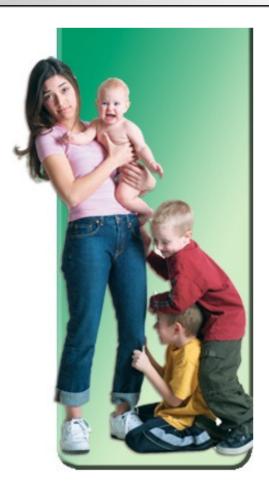
It's time to get registered for the 32nd Kansas 4-H Insect Spectacular, which will be held Friday and Saturday, June 21-22. The event will be held in Hays, KS at the Sternberg Museum. This event is open to all youth and volunteers interested in 4-H Entomology! One parent/guardian from each family must register and attend with children.

Learn about collecting, storing, identifying, an pinning your insects for exhibit. All levels of experience are encouraged to attend, from beginning to advanced. This is a fun event, designed to encourage curiosity and the sharing of knowledge. For event info, and to register, visit:

https://kstate.gualtrics.com/jfe/form/SV 3KsBcljnc0vvYZU

Registration closes May 30.

## **Upcoming Events - Dates & Times TBD**



## **Instructor**: Becky Reid, Family and Consumer Sciences Agent



K-State Research and Extension Cowley County 311 E 9th

311 E 9th Winfield KS 67156

## Sitter Solutions

The class for beginning babysitters, ages 11-15

Class dates/locations to be offered in 2024:

# ARKANSAS CITY BURDEN - DEXTER UDALL - WINFIELD

\$10 class fee includes:

- Lunch and snacks
- Babysitting Manual
- •How to entertain children with a sitter's magic bag
- Tips on starting your babysitting business

Pre-register using QR code, cowley.k-state.edu, or call (620) 221-5450



A course requires at least 5 participants to offer the class.

K-State Research and Extension is committed to providing equal opportunity for participation in all programs, services and activities. Program information may be available in languages other than English. Reasonable accommodations for persons with disabilities, including alternative means of communication (e.g., Braille, large print, audio tape, and American Sign Language) may be requested by contacting Becky Reid two weeks prior to the start of the event at 620-221-5450, bkreid@ksu.edu. Requests received after this date will be honored when it is feasible to do so. Language access services, such as interpretation or translation of vital information, will be provided free of charge to limited English proficient individuals upon request.

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## **Cowley County Fair King & Queen**

#### **COWLEY COUNTY FAIR KING & QUEEN CONTEST**

#### **PURPOSE:**

The Cowley County Fair King & Queen Contest is designed to bring to the attention of the general public the outstanding youth of our county, to promote youth development organizations involved with the fair and to promote the Cowley County Fair.

Entry Deadline - **July 1, 2024**. All applications will be reviewed by the judging committee prior to the Cowley County Fair. Late applications will not be accepted.

#### **RULES:**

- 1. Each Cowley County Fair Group, FFA Chapter or 4-H Club may nominate King and Queen candidates from their eligible membership.
- 2. All contestants must be nominees of one Cowley County organization named above.
- 3. All contestants must be exhibitors in the Cowley County Fair in the year nominated.
- 4. All contestants must be between 14 and 18 years of age before January 1 of the current year. Contestants who have previously served as King or Queen will not be considered.
- 6. Contestants who have not served as King or Queen may re-enter the contest.
- 7. Final selection of King and Queen will be made by a combination of judges' scores and balloting by Cowley County Fair board members.
- 8. Candidates may not bring additional items, such as scrap books, photo albums, etc. into the interviews. Judges' selections will be based solely on the written application and personal interview.
- 9. All nominees must complete the King and Queen Entry Form and return to Cowley County Extension, 311 E 9th St., Winfield, 67156 by 5:00 p.m. on or before July 1.
- 10. Interviews will be the week of July 17th-21st.
- Winners will be announced before the goat show of the Cowley County Fair.

#### INTERVIEWS:

Face to face interviews will be conducted by three or more judges selected by the Cowley Fair Board King and Queen Committee. The interview will be held on (date) at (location). Face to face is defined as physically in the room with the judges. No additional materials may be brought to the interviews.

**SCORING**: Scoring will be done as follows:

- 1. Cowley County Fair Activities 30%
- 2. Club or Chapter Activities 15%
- 3. School, Church, Community Activities 10%
- 4. Poise and Personality 20%
- 5. Personal Appearance 10%

# Click <u>HERE</u> for complete list of rules and entry form

#### RESPONSIBILITY OF COWLEY FAIR QUEEN AND KING COURT:

- 1. Attend all Cowley County Fair shows and sales during the current fair. May be excused to attend functions to represent Cowley with approval of Cowley Fair King and Queen Committee or committee advisors.
- 2. Must be available to present awards to all Cowley Fair Shows, responsibilities being divided if one or the other is showing.
- 3. A schedule of time and places where attendance is required will be provided by the Cowley Fair King and Queen Committee. The King and Queen will be responsible for assigning all court members to Cowley County Fair shows and events. Court members will meet immediately following the coronation to review responsibilities.
- The King and Queen shall represent Cowley County Fair.

## **2024 Livestock Production Essay**

Who can participate: 4-H Members exhibiting livestock at the 2023 Cowley County Fair <u>AND</u> submitting a 4-H Project Report.

Participants exhibiting these species will be eligible:

- \* Beef
- \* Bucket Calf
- \* Dairy Cattle
- \* Swine
- \* Sheep
- Meat Goat
- Dairy Goat
- Meat Rabbits
- \* Production Poultry

Potential topics to build on:





- \* Production- Breeding animals, what are your future goals? What specific details do you need to consider if you plan to keep this animal and breed them?
- Finances- pasture stocking rate, available pasture/rental rates, price to feed, maintain, breed, house this animal?
- \* Marketing- Marketing to sell this animal or their progeny for a return on investment.
  - -Break down your plan
- ★ Industry Expectations- interview Bankers, FSA Loan Officers, Extension Agents, Local Farm/ Ranchers, study and cite University publications.
- \* Goal Setting- does your animal have products to sell? (milk/eggs/offspring) What does your business plan look like for that and how are you going to make that work and grow to be a profitable business owner?
  - -Do you have a market animal? How are you feeding that animal to be the most profitable on the rail? Are you marketing that animal before the fair to get the best price? Do you know how much meat that animal provided after the fair? What is your goal as you feed this animal and how did you do? Hanging weight, back fat, pounds of product.

If you need help with this project, please schedule an appointment with Sarah to help you explore ideas.

The intent of this essay is to dig deeper into the production side of the industry, learning from publications and professionals in our area. You will want to plan to have it proofed by multiple people.

## **4-H Club Corner**

A 4-H Project: More than a Fair Entry

**Kansas 4-H Learning Pathway** 

**4-H Meeting Wheel** 

**Virtual Team Building Activities** 

Just click on the link to see helpful resources. The 4-H Club Corner has many more resources available on Kansas 4-H webpage:

4-H Club Corner

#### **Kansas Clover Classroom**

**Dynamic Displays** 

**Pollinators** 

Take A Hike!

Many more resources available on the **Clover Classroom page**.

## **4-H AMBASSADORS**

PURPOSE:

WORK TOGETHER WITH A TEAM OF APPROXIMATELY 3-8
AMBASSADORS AND AN ADULT ADVISOR TO DEVELOP A
PUBLIC INFORMATION PROGRAM FOR THE COWLEY COUNTY 4H PROGRAM.

#### RESPONSIBILITES:

PROMOTE 4-H TO ALL AUDIENCES ORGANIZE 4-H PROMOTIONAL EVENTS AND ACTIVITIES DEVELOP COMMUNICATION SKILLS

#### **QUALIFICATIONS:**

PROGRAM

HIGH SCHOOL FRESHMAN TO AGE 18 ENTHUSIASM FOR 4-H INTEREST IN PROMOTING THE 4-H

4-8 HOURS PER MONTH

THROUGH THIS EXPERIENCE, 4-H AMBASSADORS WILL HAVE
OPPORTUNITIES TO LEARN, PRACTICE AND IMPROVE
COMMUNICATION, MARKETING, EMPLOYABILITY AND JOB SKILLS.

TIME REQUIRED:

1 OR 2 YEAR TERM

## **APPLY NOW!**

# click HERE! to apply for 4-H Ambassadors



Kansas State University Agricultural Experiment Station and Cooperative Extension Service

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## **Shooting Sports**

Cowley County 4-H Shooting Sports Club will hold the club meeting, **Sunday**, **May 19 at 5:30 pm** at the Tisdale Methodist gymnasium, 17507 US-160. This will be the annual achievement banquet ~ all our project members and volunteers will celebrate the past year together! Watch emails for RSVP dinner information!



Our May practice schedule will be...

Archery practices, starting Thursdays, May 2nd, weekly at 6:30 pm at the meadow.

Shotgun practice, 3rd Sunday, May 19th, 2:00 at the meadow - weather allowing.

<u>Small Bore/Muzzle</u> practices, starting <u>Tuesdays, June 3rd</u>, 7:00 p.m. at the meadow, watch emails for more information.

Air Discipline (BB, Air Pistol, Air Rifle)(Season closed) 1st Sunday, November 3 at 2:00 at the fairgrounds.

Congratulations to Everett Green on his qualification to the 2024 State Air Pistol Match!

**NOTE:** Remember to sign up under the wildlife enrollment for the sportfishing project....watch the June Newsletter for the 2024 "*Cowley 4-H Sportfishing Slam*" opportunity at the Shooting Sports Fair booth. Get those poles ready for summer fishing days!"

#### Austin Waite

Cowley County 4-H Shooting Sports Coordinator

620-222-1982

P.O. Box 422 Winfield, KS 67156

www.4hshootingsportscowleyks.com

https://www.facebook.com/cowleycounty4hshootingsports

Minimum length for entry

15"

6"

10"

15"

15"

## **Kansas 4-H Sportfishing**

## KANSAS 4-H SPORTFISHING TOURNAMENT 2024

The Kansas 4-H Sportfishing Tournament is open to all 4-H members. The contest runs throughout the year and ends September 15, 2024. Anglers can fish year-round but entries must be in by the deadline, fish caught after the deadline may be entered in the next contest. Participants can enter in any species/categories that they catch fish – go fishing and have fun!!!

One 4-H Angler of the Year will be named in each of the species/category listed below. These are fish commonly found in Kansas waters. Each Angler of the Year will receive a frameable certificate and a Wal Mart gift certificate to hopefully be used for fishing equipment (one per individual). All participants that enter a certified entry will receive a gift certificate.

The following species will make up the contest:

Specie/Category

Catfish (Channel, Flathead, or Blue Cat)

Sunfish (Bluegill, Green Sunfish, Hybrid Sunfish)

Crappie (Black or White)

Black Bass (Largemouth or Smallmouth)

Any Rough Fish (Carp, Drum, Buffalo, Grass Carp)

Other Game Fish (Walleye, Saugeye, White Bass, Wiper, Striper, Trout) 15"

#### **RULES**:

- 1. Must be enrolled in 4-H but do not have to be in the Sportfishing Project.
- 2. To compete for **Angler of the Year Award** the entry must also be weighed and witnessed (digital hand scale is acceptable, no spring scales please.) Only one Angler of the Year award per individual will be awarded. If a participant is selected as first in a species/category their additional entries will not be considered in subsequent classes. We want to recognize as many participants as possible. Please use the 2024 entry form.
- 3. Fish must be caught by a legal method as outlined in the current Kansas Department of Wildlife and Parks Fishing Regulations Summary. Fish can be caught anywhere in the state of Kansas.
- 4. YOUNG ANGLERS MUST CATCH THEIR OWN FISH! The past few years some very small/young anglers have caught some very big fish that would have required significant assistance from an adult. Remember, I am a lifetime fisherman, have taught hundreds of fishing clinics, and am a retired fisheries biologist. PLEASE PARENTS OR OTHER ADULTS, LET THE KIDS CATCH THEIR OWN FISH. Questionable situations may be investigated.
- 5. Entries must be postmarked by September 15<sup>th</sup> or e-mailed/texted by that date.. Winners will be announced around October 1, 2024. Every effort will be made to have the awards available to the counties/districts by their achievement awards program for presentation there or sent directly to the winners. I'll contact the county/district agent for their preference.
- 6. Entries are to be submitted to Tommie Berger 406 S. New York Ave. Sylvan Grove, KS 67481. <a href="mailto:bergkwf@wtciweb.com">bergkwf@wtciweb.com</a> 785-524-6112

## **Cowley County 4-H Enrollment**

- **%** 4-H Online Enrollment Link
- **%** Cowley County KSRE Website with 4-H Enrollment Information

The 4-H year runs Oct. 1st. to Sept 30. **ALL YOUTH and ADULT VOLUNTEERS** participating in the 2023-2024 4-H year should enroll.

In order to be a regular member of Cowley County 4-H, the member must be 7 years old before January 1, 2024.

Cloverbuds is for children ages 5-6 before January 1, 2024.

Project Selection Guide (includes descriptions of all projects)

Setting 4-H Project Goals

4-H Project Record Books

**ZBooks** (online record keeping option)

Click here to sign up for a County Committee

**DID YOU KNOW??** 

The Kansas Clover Classroom is packed with helpful project information

## **4-H Scholarships**

#### Scholarship Opportunities

Please visit the Kansas 4-H Resource <u>page</u> for Scholarship Opportunities. Kansas 4-H Scholarship, Kansas 4-H Dog Scholarship, Kansas 4-H Geology Scholarship, and Vanier Scholarship!

## Get Financial Help Attending Events

The Cowley County 4-H Development Fund is our local 4-H foundation created in 1995 to assist Cowley County 4-H'ers take part in educational events and activities. Funding is provided by gifts from supporters. Each year, the 4-H Development Fund awards college scholarships to high school seniors and college freshmen. Beginning in 2015, the Development Fund introduced "Leadership Development Grants". Leadership Development Grants are available by application to local 4-H members who are registered for a state or national leadership event such as Discovery Days, National 4-H Congress, Kansas Youth Leadership Forum, Citizenship Washington Focus and more. Applications are available from the Cowley County Extension Office. Applicants must submit an essay, write a thank you note to a Development Fund donor and present a program about their experience to a 4-H club or county-wide group following attendance at the event. For more information, contact Sarah at <a href="mailto:slag11@ksu.edu">slag11@ksu.edu</a> or 620-221-5450.

## Foster Care Resource Family Project and Camp Grant Programs

The purpose of the Kansas 4-H Resource Family Project and Camp Grant Programs is to provide financial assistance for foster youth and their resource families who want to participate in learning opportunities available through 4-H. Thanks to generous donors, the Kansas 4-H Foundation has funds available to support Kansas resource families and the children in their care who are current members or interested in becoming members of 4-H. Find more information here.

<u>Challenge of Champions Scholarship Opportunity</u> information about the Challenge of Champions can be found on the Kansas State Fair <u>webpage</u>.

## **Cowley County Extension Office**

Contact us:

cl@listserv.ksu.edu (620) 221-5450 or (620) 441-4565 Sarah LaGrone, 4-H Youth Development, slag11@ksu.edu Becky Reid, Family & Consumer Sciences, bkreid@ksu.edu Cindy Stephens, Office Professional, cstephens@ksu.edu



Office Hours Monday through Friday 8-11:30 a.m. and 12:30 - 5 p.m.

## **Cowley County Extension Council Executive Board**

The Cowley County Extension Council Executive Board meets monthly and conducts the business of the Extension Office. The Extension Council monthly meeting will be held on Thursday, May 2, 2024 at 5:30 p.m. in the Assembly Room at the Cowley County Courthouse.

## **Friends of Extension**

As someone who contributes time, talent and/or treasure to the benefit of Cowley County Extension, you are invited to be part of the Friends of Cowley County Extension organization. The group will alternate between morning and evening meetings to plan fundraising and advocacy events to support K-State Research and Extension Cowley County.

## **4-H Development Fund**

Did you know? Tax deductible contributions can be made to the 4-H Development Fund (c/o PO Box 538, Winfield KS 67156) or to the Friends of Cowley County Extension Endowment (c/o Legacy Regional Community Foundation, 1216 Main Street, Winfield KS 67156)

## **Legal Stuff**

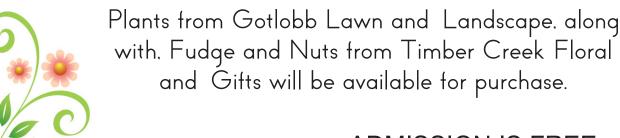
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Join us for a delightful evening out for Moms and Kids of all ages!

Featuring Susan Andrews of The Gardenaires and a presentation by Elam's Lavendar and Honey Bee Farm.



ADMISSION IS FREE
Concessions available by donation

1007 Main, Winfield

Proceeds and donations support the Marquee PAC