



K-STATE
Research and Extension

Cowley County

Cowley County Extension Council

Annual Meeting

Tuesday, December 1, 2020

6 p.m.

County Program Responsibility (K.S.A. 2-611)

The 24 members so elected in the three county commissioner districts, or at large, in any county shall constitute and be the county extension council, and it shall be the duty of the council to plan the educational extension programs of the county.

Responsibilities and Limitations of Extension Council

The county extension council shall have for its sole purpose the giving of instruction and practical demonstrations in agriculture, marketing, home economics, 4-H club and youth work, community and resource development, and economic development initiatives to all persons in the county and the imparting to such persons in the county of information on those subjects through practical demonstrations, meetings, publications or otherwise, in accordance with the program and service prescribed by the council. Such councils shall not engage in commercial or other private enterprises, legislative programs, or other activities not authorized by this act and shall not give preferred service to any individual, group or organization.

2020 Extension Council

Ag & Natural Resources	Family & Consumer Sciences	4-H Youth Development	Community Development
Justin Brazle	Ruth Bumgarner	Jessie Bradley	Will Abernathy
Phillip Bruce	Janet Davidson	Craig Depenbusch	Rose Anstine
Russell Gottlob	Laura Heger	Angie Krepps	Beau Bailey
Mike Legako	Jessica Jones	Sarah LaGrone	James Jirak
Bill Mueller	Stephanie Mackey	Todd Shepherd	Jaime McGee
Will Tatum	Julie Wilson	Brett Thomson	Sarah Werner

2021 Extension Council

Ag & Natural Resources	Family & Consumer Sciences	4-H Youth Development	Community Development
Justin Brazle	Janet Davidson	Jessie Bradley	Will Abernathy
Phillip Bruce	Carol Galliard	Mary Enderud	Rose Anstine
Jim McClung	Laura Heger	Sarah LaGrone	Beau Bailey
Kent Miller	Jessica Jones	Gaye Mackey	James Jirak
Bill Mueller	Kacey Preston	Todd Shepherd	Jaime McGee
Will Tatum	Julie Wilson	Brett Thomson	Julie VonBon

Annual Meeting Program

Welcome

Extension Appreciation Award

-KSOK

Business Meeting

- Roll Call
- Minutes of 2019 Annual Meeting
- Recognition of Outgoing Extension Council & Board Members
- Nominating Committee Report
- Election of 2020 Executive Board
- Motion to secure treasurer's bond
- Oath of Executive Board Members
- Program Development Committee Meetings:
Elect chair, vice chair, secretary
- Announcements
- Adjournment

Picture of 2021 Executive Board

**Kansas State University Agricultural
Experiment Station and Cooperative
Extension Service**

K-State Research and Extension is an equal
opportunity provider and employer.

2020 Cowley County Extension Council

Executive Board Members

Mike Legako, ANR, Chair
James Jirak, CD, Vice Chair
Stephanie Mackey, FCS, Secretary
Bill Mueller, ANR, Treasurer
Will Abernathy, CD
Beau Bailey, CD
Jessie Bradley, 4-H
Phillip Bruce, ANR
Brett Thomson, 4-H

Regional Local Unit Extension Director

Aliesa Woods
Colby, Kansas

Associate Director of Extension

Gregg Hadley
Manhattan, Kansas

Dean of Agriculture, Director of Agriculture Experiment Station and Director of Extension

J. Ernest "Ernie" Minton
Manhattan, Kansas

Cowley County Commissioners

Wayne Wilt, District 1
Bob Voegele, District 2
Alan Groom, District 3

State of Kansas Legislators

32nd District - Senator Larry Allen

78th District
Representative Cheryl Helmer

79th District
Representative Bill Rhiley

Cowley County Extension Staff

Kelsey Nordyke, Extension Agent
Becky Reid, Extension Agent
Renu Shrestha, Nutrition Educator
(thru 8/6/20)
Cindy Stephens, Office
Professional

2019 Extension Council Annual Meeting MINUTES December 3, 2019

The Cowley County Extension Council Annual Meeting was held at 6:30 p.m. on December 3, 2019, at the Winfield Public Library meeting room in Winfield, Kansas. The welcome was given by Mike Legako. Bill Mueller gave the invocation. The group adjourned briefly for dinner.

Secretary, Stephanie Mackey, called the roll for 2019 and 2020 Cowley County Extension Boards (* indicates their presence at the meeting).

2019 Board Members:

Phillip Bruce*, Darrel Long, Bill Mueller*, Mike Legako*, Justin Brazle, Russ Gottlob*, Julie Swanson*, Rocio Pierce, Liz Lawrence*, Ruth Bumgarner*, Stephanie Mackey*, Janet Davidson, Brett Thomson*, Amanda Mugler, Jessie Bradley, Craig Depenbusch, Angie Krepps, Sarah LaGrone*, Brian Biddle, Grady Martin, Craig Pringle, Will Abernathy*, James Jirak*, Sarah Werner

2020 Board Members:

Will Tatum*, Laura Heger*, Jessica Jones*, Julie Wilson*, Todd Shepherd, Beau Bailey*, Jamie McGee, Rose Anstine

The minutes from the 2018 Extension Council Annual Meeting were presented. Phillip Bruce moved to approve the minutes as printed. Brett Thomson seconded. The motion passed.

President, Mike Legako, thanked the following Extension Council members for their service to Cowley County Research and Extension: Darrel Long, Julie Swanson, Rocio Pierce, Liz Lawrence, Amanda Mugler, Brian Biddle, Grady Martin, and Craig Pringle. Julie Swanson was presented with a gift of thanks for her service on the Executive Board.

Julie Swanson presented the Nominating Committee report of the slate officers and members.

Chair: Mike Legako, Vice Chair: James Jirak, Secretary: Stephanie Mackey, Treasurer: Bill Mueller, At Large Member Positions: Will Abernathy, Brett Thomson, Jessie Bradley, Phillip Bruce, and Beau Bailey. Bill Mueller moved to cast an unanimous ballot for the presented slate of officers and members. Phillip Bruce seconded. The motion passed.

Russ Gottlob moved and Julie Swanson seconded to secure a Treasurer's Bond from United Agency for at least \$150,000. The motion passed.

Newly elected board members completed the oath of office with Cowley County Clerk, Karen Madison.

The Program Development Committees met to select officers for each committee.

Agriculture and Natural Resources: Chair-Bill Mueller, Vice Chair-Mike Legako, Secretary-Russ Gottlob,

4-H Youth Development: Chair-Angie Krepps, Vice Chair-Brett Thomson, Secretary-Sarah LaGrone

Community Development: Chair-Rose Anstine, Vice Chair-Jamie McGee, Secretary-Sarah Werner

Family and Consumer Sciences: Chair-Ruth Bumgarner, Vice Chair-Julie Wilson, Secretary-Jessica Jones

The meeting was adjourned at 7:40 p.m.

2020 Executive Board (Not pictured: Jessie Bradley)



Opportunities

Crop Donations

Did you know that for many cash basis farmers, tax savings can be achieved by donating crops directly? To learn how to transfer bushels to *Friends of Cowley County Extension*, please contact your tax advisors to understand tax saving benefits and other logistics.

Tax-Deductible Donation Options

Contributions to Kansas Extension Councils to support their educational programs may qualify as tax-deductible contributions under section 170(c)(1) of the Internal Revenue Code. You can write a check to Cowley County Extension Council, PO Box 538, Winfield, KS 67156.



A Friends of Cowley County Extension endowment fund has been established at Legacy Regional Community Foundation. Financial donations can be sent to 1216 Main Street, Winfield KS 67156 with *Friends of Cowley County Extension* noted in the memo line.

Raffle

Coming Soon - Friends of Cowley County Extension will be coordinating a spring raffle event featuring a Hustler® Raptor Zero-Turn Mower donated by **Grouse Valley Equipment**. Tickets will be available in late January from the Cowley County Extension Office, Friends of Extension members and 4-H families.

2020 Fall for Extension SPONSORS

Supreme Champion Level
\$1,500+



RAYMOND JAMES®

S.J. PRILL FINANCIAL & INVESTMENT PLANNING, INC.

Grouse Valley Equipment



Reserve Champion Level
\$500-\$999



In-Kind Sponsors



JOHN DEERE



2020 Extension Appreciation Award

KSOK - 95.9 FM

KSOK - 95.9 FM is the 2020 Extension Appreciation Award Winner. This award honors people or groups who have made outstanding contributions to Extension programs in the county and is selected by the Cowley County Extension Council Executive Board.

KSOK Radio has a proud tradition in Cowley County dating back many decades. In addition to playing contemporary and classic country music, 95.9 FM and 1280 AM are home to local business, agricultural and breaking news, as well as weather.

The radio station is locally owned and operated by Cowley Co. Broadcasting Inc. Shane Farley is the station's current owner.

Between 7-10 people - all who live locally- are employed by the station at any given time.

The 25,000-watt station serves an area from near Ponca City in the south to Wellington in the west, Cedar Vale in the east and to the north into the southern portion of Wichita.

KSOK Radio has been a longtime supporter and sponsor of the Cowley County Fair. Each year, the "Good Guys" from KSOK broadcast live from the fair and interview 4-H exhibitors, local business people and fair organizers. KSOK also regularly contributes to the annual Livestock Premium Sale.

Current morning show personalities include Shane Farley, Brady Bauman and Brett Coplen. Amanda Bowker is the station sales manager. Dustin Arthur is the chief engineer.

At the time of his passing in 2018, Marty Mutti had broadcast and provided live coverage of the county fair for more than 30 years. Previous owner Bill Docking, and Mutti, shared a love of the community and commitment to local activities.

Mr. Farley said it is a philosophy and commitment he also takes very seriously.

In recent years, KSOK has also extended a monthly invitation to K-State Research and Extension Cowley County to visit the KSOK Get Up and Go Show, which airs Monday-Friday each, for regular updates on local ag-related and community activities. Shane Farley has served as the emcee for the annual Fall for Extension event since 2018.

KSOK is currently the number-one rated station in the market and has continually been voted people's choice for best media outlet, locally.

Cowley County Extension Council is pleased to recognize the KSOK team with the 2020 Extension Appreciation Award.



The K-State Research and Extension Appreciation Award was authorized by the Extension administrative staff in 1977. Its purpose is to honor a person(s) who has made outstanding contributions to the extension programs in a county or district.

Cowley County Extension Appreciation Award Recipients

- 2019 - Rich & Sue Hesel (Grouse Valley Equipment)
- 2018 - Barry & Dawn Schmidt
- 2017 - Lester Priest Family
- 2016 - Jim McClung
- 2015 - Kent & Nancy Miller
- 2014 - Winfield Daily Courier News Dept.
- 2013 - Tina and Beau Bailey
- 2012 - John Brazle and Justin Brazle
- 2011 - Carrol Wray and Jeanie Campbell
- 2010 – Dick Bonfy
- 2009 – Vic and Jan McClung
- 2008 – John Blankenship Family
- 2007 – Jim and Jessie Bradley
- 2006 – Lloyd and Carmelita Clarkson
- 2005 – Junior Shorter and Family
- 2004 – Larry and Mary Hittle
- 2003 – Mildred Moore
- 2002 – Verne and Zola Gottlob
- 2001 – Larry and Billie Swanson
- 2000 – John and Judy Lawson
- 1999 – Duane and Pat Chrisler
- 1998 – John and Zora Weir
- 1997 – Carl Seeliger
- 1996 – Irvin and Gracie McClung
- 1995 – Karolyn Smith
- 1994 – City of Winfield, Cowley County Fair Association
- 1993 – Roger and Melba Maechtlen
- 1992 – Harvey and Vada Whitehill
- 1991 – Don and Joan Drake
- 1990 – Frank and Helen Bossi
- 1989 – Floyd and Margaret Thiel
- 1988 – Not presented
- 1987 – Walter and Alice Hunt
- 1986 – Dwayne Lagerstrom
- 1985 – Bea DeVore



Creative Solutions

Excerpt from K-State Research and Extension Tuesday Letter - March 17, 2020

COVID-19 is interjecting itself in our personal, social, and professional lives. While our campuses and many local unit offices are preparing to shift as many of their faculty and staff to work-at-home scenarios as possible, it does not mean that we are suspending our work as Extension professionals. We will continue to pursue the ideals of our Extension mission. We will work as Extension professionals and overcome this latest life challenge by working smart and using digital and distance technology to interface with the people we serve and each other. Even if we have not used some of our available tools to engage in this type of work, we will learn it, and we will become even better at it than before. We can do this!

- Gregg Hadley, Director
K-State Research and Extension

What we did...

- Although our office was closed to the public between March 17-June 3, staff continued to share research based information via news releases, call in radio interviews and community outreach via Zoom technology.
- Virtual experiences were offered for 4-H youth which increased participation in state level events and contests.
- Staff participated in state-wide or regional projects that could be developed or delivered using online formats such as Dining with Diabetes Online, Family and Consumer Sciences 4-H Contest Judging, Virtual Wheat tours and pre-plant meetings and Extension Master Gardener training.
- Resources to help youth who were "Suddenly in Charge" were distributed to local schools.

Thank you for helping us find creative solutions to serve you in 2020.

Connections Make a Difference

Burger Cow Project

Partners: Barry & Nadine Barber, Legacy Regional Community Foundation, Angels in the Attic, Manna Ministries, Joseph's Storehouse, Eastern Cowley County Resource Center, Udall United Methodist Church Food Pantry, Winfield Food Pantry

Barry & Nadine Barber contacted the Cowley County Extension office with their idea to provide beef to food pantries. Extension staff connected them with food pantry contacts and funding sources.

The Barbers recruited cattle producers to identify animals appropriate for processing. Legacy Regional Community Foundation had a funding campaign in development called "Rally Cowley" to raise funds for COVID-19 response efforts. Funds were raised to pay cattle producers for the animals and processing costs. Ten cows were processed into ground beef and distributed to six food pantries/distribution sites in Cowley County.

WE'RE HIRING!

4-H Program Assistant

Part-time position

SNAP-Ed Nutrition Educator

Full-time position with benefits

Visit cowley.k-state.edu for job descriptions and application links.



@CowleyCountyExtension

@CowleyCounty4H

4-H Youth Development - 2020 Highlights

4-H Days Highlights Youth Leadership

Participants: 24 youth, 30 adults

24 Cowley County 4-H'ers presented their skills and talent at 4-H Day Saturday, February 8, 2020. Members had the opportunity to showcase projects, gain leadership skills and provide learning to others by hosting project booths throughout the day. Local judges evaluated the members' performances and awarded a ribbon from Top Blue to White.



Life Skills demonstrated by 4-H youth

Goal setting, leadership, citizenship, planning/organizing, critical thinking, problem solving, communication. Concern for others, cooperation, safety, social skills, critical thinking, decision-making, self-motivation, self-responsibility, personal safety, teamwork.

Embracing technology

COVID-19 has necessitated changes to enhance youth development programming. The following changes were implemented in 2020:

- Zoom meetings/trainings offered for club meetings and leader training
- Utilizing Facebook for 4-H livestock ownership deadlines
- Providing virtual learning opportunities on the 4-H Facebook page for Chick Embryology
- Sharing educational videos through Facebook from other states and counties

Cowley County Fair - Modified 4-H Activities

Although Cowley County Fair Board canceled the public events of the 2020 fair, they did support 4-H youth activities. Modifications included virtual exhibits and judging for dog, rabbit, pigeons/poultry and fashion revue; drive-thru exhibit drop off and pick-up for static exhibits; non-conference exhibit review; and "show and go" livestock judging. Overall exhibit numbers were down from previous years due to COVID-19, Vesicular Stomatitis Virus (VSV), and rabbit hemorrhagic disease.



Agriculture & Natural Resources - 2020 Highlights

Farm Bill Decision Making Tool

Participants: 30 producers from Cowley and Sumner Counties, Partner: Kent Miller, CPA

With assistance from Kent Miller, producers submitted Price Loss Coverage (PLC) yields into the Farm Bill comparison tool developed by the University Illinois Extension. Based on yield history and price projections, farms were better prepared to make their selection for the current Farm Bill between PLC or Agricultural Risk Coverage-County Level (ARC-CO). This affects our local economy aiding producers with changing markets and production outputs.

Farm Financial Series for Kansas Women in Agriculture

Partners: Robin Reid, KSRE Farm Economist; LaVell Winsor, K-State Farm Analyst

Cowley County was one of 32 locations across the state that helped 28 local participants become educated in developing and managing financial systems for their agricultural enterprise in this 4-session series. Participants learned principles of farm record keeping to develop a balance sheet, income statement and a cash flow statement. A case farm study gave them hands-on experience with performance analyses and understanding how these statements can help with management decisions. Other special topics included managing family living expenses, coping with mental stress and developing a whole-farm financial management plan.

Intro to Farm Quickbooks

Partner: Harper County Extension, K-State Research and Extension Ag Econ

Participants were given hands-on instruction using QuickBooks Pro for farm and ranch accounting. The class was designed to provide basic information for producers to get started with bookkeeping in QuickBooks through a step by step approach. Because farm and ranch accounting is slightly different from other small businesses the training provided examples and suggestions for handling specific farm business transactions.

100% of participants rated the training "very valuable" and indicated they will be making changes to the financial management of their operation(s).



Cowley County Livestock Association Annual Meeting

The Cowley County Livestock Association hosted its annual meeting Thursday, March 12 at Tisdale Methodist Church. Ninety Cowley County Livestock producers learned about grazing systems in southeast/south-central Kansas from KSRE Southeast Area Beef Cattle Systems Specialist, Jaymelynn Farney. Kansas Livestock Association Stockgrowers Division Director Dean Klahr, shared industry updates related to policy and trade.

75% of participants indicated they would be likely to implement grazing management changes to their operation and the changes would have a positive economic impact for their business.

Wheat Production in South Central Kansas

Partners: Bryant Ag Services, Sumner, Sedgwick and Harvey Counties

South Central Kansas counties partnered to plant wheat plots and provide data and information to the producers in our area. Wheat test plots were planted in Sedgwick, Harvey, Cowley, Sumner and Harper Counties and harvested for yield data. We hosted a virtual South Central tour and Wheat Pre-Plant meeting with assistance from Dr. Romulo Lollato and Dr. Kelsey Anderson Onofre. These virtual events were recorded and links provided through e-newsletters to producers.

Family & Consumer Sciences - 2020 Highlights

SNAP-EBT

The electronic benefits transfer (EBT) system for the Supplemental Nutrition Assistance Program (SNAP) has been discussed since 2017 with vendors and market leaders. In July 2020, the program was implemented at the Arkansas City Farm and Art Market and the Walnut Valley Farmers Market. Customers swipe their Kansas Benefits card for a dollar amount that can be redeemed for tokens. The tokens are then accepted by participating vendors for eligible products. Over \$500 in tokens were utilized at the markets!

Mental Health Partnerships

Partners: 30+ Cowley Affinity Project members, South Central Kansas Medical Center, Four County Mental Health, 43 Community members trained to be Mental Health First Aiders

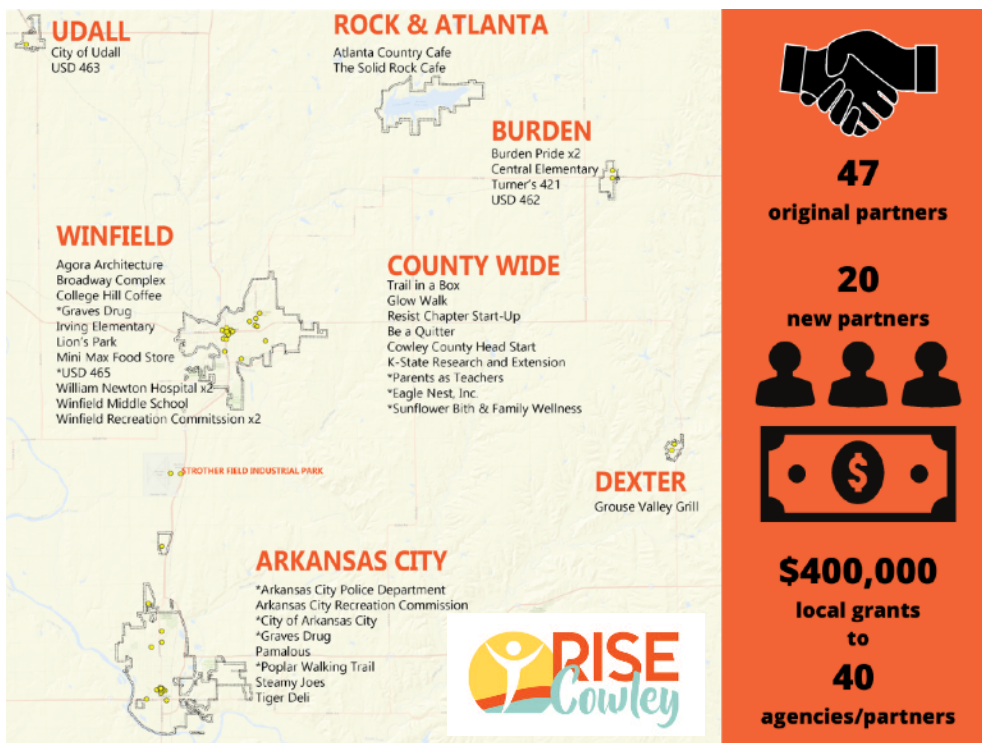
South Central Kansas Medical Center has received funding from the Sunflower Foundation to help enhance community partnerships for promoting mental health. The “Cowley Affinity Project” strives to identify issues and solutions to help our community. K-State Research and Extension supports this effort by providing community leadership for Mental Health First Aid Course for adults. Staff from Four County Mental Health are co-trainers for the course. Future courses will be offered in 2021.

Walk Kansas 2020

Participants: 66 participants (11 teams), 7,948 miles reported

The 8 week annual healthy living challenge continued despite COVID-19. Participants completed physical activity, logged water and fruit and vegetable consumption. No in person events were held this year, but team members were engaged through an online team environment, Facebook group and an app to track progress.

\$400,000 Grant Funds Distributed in Cowley County



K-State Research and Extension is an active participant in RISE Cowley, our county's health coalition. Blue Cross Blue Shield (BCBS) of Kansas awarded the coalition a Pathways to a Healthy Kansas grant. Community partners have been working since 2017 to make healthier choices easier with policies, systems and environments. A total of \$400,000 was awarded to partners from BCBS.

RISE Cowley has been awarded a second Pathways grant. Learn more at risecowley.org.



Save these dates:

January 6 - **Succession Planning Workshop**, Cowley College's Brown Center

January 11 - **Calving School**, Winfield Livestock Auction

January 11-31 - **Virtual 4-H Days**, entries accepted

Jan/Feb - **Walk with Ease** - 6 week walking/education program for all abilities

February - **Dining with Diabetes Online**

February 16 - **Winter Ranch Management Workshop**, Beaumont, KS

March TBA - **Cowley County Livestock Association Annual Meeting**

March 14- May 8 - **Walk Kansas**

K-State Research and Extension is committed to providing equal opportunity for participation in all programs, services and activities. Accommodations for persons with disabilities may be requested by contacting the event contact two weeks prior to the start of the event at **(620) 221-5450**. Requests received after this date will be honored when it is feasible to do so.

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